The recent article by Michaud et al. (1) reported a positive association between self-reported periodontal disease and risk of pancreatic cancer in a cohort of 51,529 predominantly white US men aged 40–75 years in the Health Professionals Follow-Up Study. With regard to a possible chronic infection-inflammation pathway, Dr. Joshipura, one of the co-authors, also demonstrated positive associations between periodontal disease and ischemic stroke (2) and peripheral arterial disease (3) in the same HPFS cohort. Because smoking is a major confounding variable that links periodontal disease and subsequent tooth loss (4) with indicators of general health, such as stroke, peripheral arterial disease, and pancreatic cancer, the authors strictly adjusted for cigarette smoking in addition to other possible confounding variables; however, they did not adjust for passive exposure to cigarette smoke. Gallicchio et al. (5) reported that passive exposure to cigarette smoke in the household was not associated with an increased risk of pancreatic cancer among never-smokers in two cohorts that were
established in Washington County, Maryland, noting that the confidence limits were wide due to a small number of cases (56 patients with pancreatic cancer in a cohort of 45,749 men and women and 92 in a cohort of 48,172 men and women). In that study the authors concluded that future investigations of the associations between passive exposure to cigarette smoke and risk of pancreatic cancer should incorporate a more comprehensive measure, which should include lifetime household, occupational, and leisure time exposures to secondhand smoke. Additional adjustment for complete passive smoking exposure might reduce or eliminate the association between self-reported periodontal disease and pancreatic cancer risk as well as other general health concerns.

Furthermore, it might be more helpful for the investigators to understand the periodontal disease–pancreatic cancer association if they can demonstrate the association between duration and grade of periodontal disease and risk of pancreatic cancer. Subjects with short-term mild periodontal disease might have lower risk of pancreatic cancer than those with long-term severe periodontal disease.

References