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Title	On-scene time delays for epileptic seizures in developed community-based integrated care system regions
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Relation	



# Epilepsy & Behavior

## On-scene time delays for epileptic seizures in emergencies during a social pandemic: a population-based study --Manuscript Draft--

<b>Manuscript Number:</b>	EB-D-23-00189R1
<b>Article Type:</b>	Research Paper
<b>Keywords:</b>	people with epilepsy; emergency medical service; on-scene time delay; resource allocation; total call volume; non-COVID-19 critical disease
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<b>Abstract:</b>	<p><b>Objectives</b></p> <p>The on-scene time of Emergency Medical Services (EMS), including time for hospital selection, is critical for people in an emergency. However, the outbreak of the novel coronavirus disease 2019 (COVID-19) led to longer delays in providing immediate care for individuals with non-COVID-19-related emergencies, such as epileptic seizures. This study aimed to examine factors associated with on-scene time delays for people with epilepsy (PWE) with seizures needing immediate amelioration.</p> <p><b>Materials &amp; Methods</b></p> <p>We conducted a population-based retrospective cohort study for PWE transported by EMS between 2016 and 2021. We used data from the Hiroshima City Fire Service Bureau database, divided into three study periods: “Pre phase”, the phase before the COVID pandemic (2016–2019); “Early phase”, the early phase of the COVID pandemic (2020); and “Middle phase”, the middle phase of the COVID pandemic (2021). We performed linear regression modeling to identify factors associated with changes in EMS on-scene time for PWE during each period. In addition, we estimated the rate of total EMS call volume required to maintain the same on-scene time for PWE transported by EMS during pandemic expansion.</p> <p><b>Results</b></p> <p>Among 2,205 PWE transported by EMS, significant differences in mean age and prevalence of impaired consciousness were found between pandemic phases. Total EMS call volume per month for all causes during the same month &lt;5,000 (-0.55 min, 95% confidence interval [CI] -1.02 – -0.08, p=0.022) and transport during the Early phase (-1.88 min, 95%CI -2.75 – -1.00, p&lt;0.001) decreased on-scene time, whereas transport during the Middle phase (1.58 min, 95%CI 0.70 – 2.46, p&lt;0.001) increased on-scene time for PWE transported by EMS. The rate of total EMS call volume was estimated as 0.81 (95%CI -0.04 – 1.07) during the expansion phase of the pandemic to maintain the same degree of on-scene time for PWE transported by EMS before the</p>

	<p>pandemic.</p> <p>Conclusions</p> <p>On-scene time delays on PWE in critical care settings were observed during the Middle phase. When the pandemic expanded, the EMS system required resource allocation to maintain EMS for time-sensitive illnesses such as epileptic seizures. Timely system changes are critical to meet dramatic social changes.</p>
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	<p>Takayoshi Shimohata Professor, Gifu University shimohata@gmail.com Professor Shimohata is a famous clinician and researcher of Neurology. We look up to him as a leader of this field.</p>
<b>Response to Reviewers:</b>	<p>Replies to Reviewer 2</p> <p>We wish to express our earnest appreciation to Reviewer #2 for providing encouraging comments and insightful suggestions that have helped us to improve the paper. Our responses are presented below.</p> <p>Comment 1: Does the EMS system throughout Japan run in a similar fashion to what the authors outline in Hiroshima, or is it unique to this area of Japan?</p> <p>Reply 1: Thank you for the constructive comment. The emergency medical services (EMS) system in Japan is designed uniformly nationwide and activated by a universal emergency call number anywhere in Japan. Upon receiving an emergency call, the fire department sends the nearest available ambulance to the operational site. There are 733 fire department headquarters and 1,714 fire stations. Although there are some variations in each fire department, the median time from EMS call to EMS arrival on the scene was 8 min, with only a 1-min difference across the regions in Japan. Thus, we have added the relevant texts as follows:</p> <p>p. 9, line 131 to 134 (in Materials &amp; Methods) “The EMS system in Japan is designed uniformly nationwide and operated throughout</p>

the country by local fire departments [1, 19]. In Hiroshima city, EMS is through the Hiroshima City Fire Service Bureau, which responds to emergency requests via a universal emergency call number “

In this relation, we revised the texts in Limitation accordingly:

p. 20, line 313 to 315 p. 21, line 316 to line 320 (in Limitation)

“First, the present study was performed using population-based data from a single region. Thus, there are limitations in generalizing the results of this study. As the EMS system in Japan is operated by local fire departments (733 fire departments in total), regional differences in the EMS system and the distribution of medical facilities were not negligible [19, 35]. However, the EMS system in Japan is well designed. The median time between EMS call to EMS arrival on the scene varies only by less than a minute across different regions in Japan [19].”

Comment 2:

In the Results section, the authors exclude 10,115 cases with "acute symptomatic seizures". Can the authors better define what they mean by this and why these patients were excluded from the study?

Reply 2:

Thank you for the pertinent comment. The present study focused on PWE (who had a seizure chronically); because PWE are at risk to require emergency transport services repetitively in their usual. Thus, we did not include a patient with acute symptomatic seizures. To clarify the reason for inclusion criteria and definition of acute symptomatic seizure, we have added the relevant texts as follows:

p. 11, line 155 to line 160 (in Materials & Methods)

“This study focused on patients who experienced chronically recurrent seizures, particularly those who were expected to require emergency transport services repetitively. Thus, PWE were eligible for inclusion. In contrast, patients with acute symptomatic seizures (seizures occur in close temporal relationship with an acute CNS insult, which may be metabolic, toxic, structural, infectious, or due to inflammation) and psychiatric causes were excluded [21].”

Along with a newly added reference:

p. 27, line 437 to line 438 (in References)

“[21]Beghi E, Carpio A, Forsgren L, Hesdorffer D.C, Malmgren K, Sander J.W. et al. Recommendation for a definition of acute symptomatic seizure. *Epilepsia* 2010;51 (4): 671–5.”

We also revised the relevant texts in Results accordingly:

p. 16, line 232 to line 233 (in Results)

“Among 12,320 cases with any seizures transported by EMS, 10,115 cases with < 16 years of age, with acute symptomatic seizures, or psychiatric causes were excluded.”

Comment 3:

In the Conclusion section, the authors provide some suggestions but I believe the paper would benefit from a paragraph on the larger implications of the study regarding anticipating and ensuring resources and funding for similar public health emergencies to ensure adequate provision of emergency health care.

Reply 3:

Thank you for the fruitful comments and suggestions. We essentially agree with you. Thus, we have revised the conclusion accordingly:

p. 22, line 336 to line 341 (in Conclusions)

“Thus, our study underscores the need for national and local governments to prepare and allocate resources and funding for comparable public health crises, in order to ensure sufficient availability of emergency medical services (EMS) and healthcare.”

Additionally, clinicians should also consider providing intensive follow-up through telemedicine to prevent occasional seizure worsening for PWE during pandemics.”

## **Highlights**

- On-scene time delays for epileptic seizures were prominent during the pandemic.
- Emergency total call volume affected on-scene time for epileptic seizure.
- Resource allocation is required to maintain emergency medicine during a pandemic.

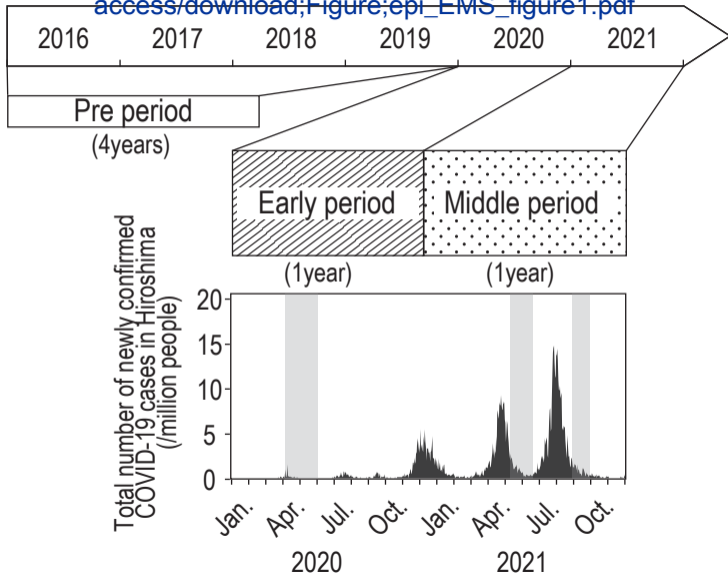
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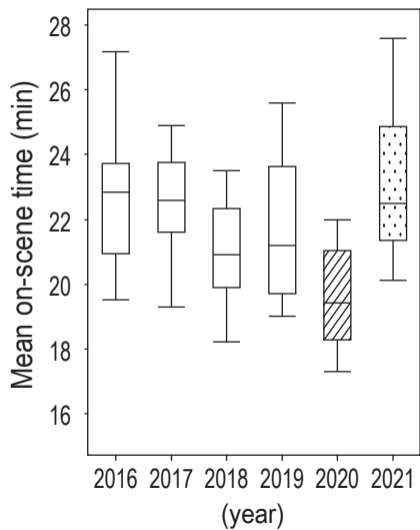
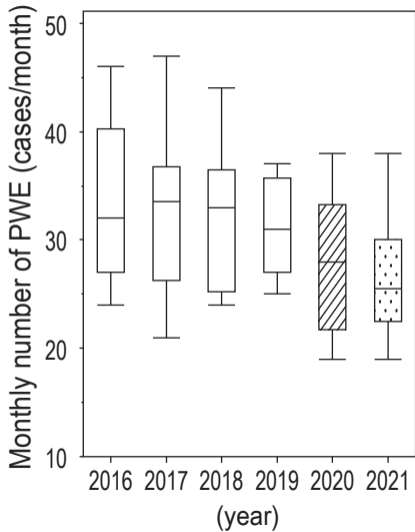
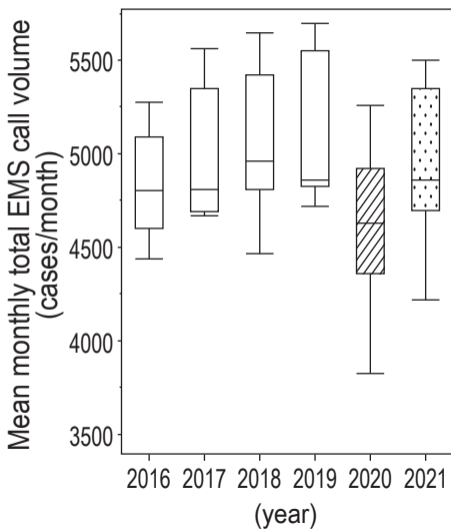


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1 **On-scene time delays for epileptic seizures in emergencies during a social**  
2 **pandemic: a population-based study**

3

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30

31 **Data availability statement**

32 The data that support the findings of this study are available on request from the  
33 corresponding author. The data are not publicly available due to privacy or ethical  
34 restrictions.

35

36 **Ethics approval statement**

37 This study was approved by the Ethics Committee of Hiroshima University Hospital

38 (approval no. E2021-2566-01).

39

40 **Patient consent statement**

41 All patients provided informed consent to participate.

42 **Abstract**

43 **Objectives:** The on-scene time of Emergency Medical Services (EMS), including time  
44 for hospital selection, is critical for people in an emergency. However, the outbreak of  
45 the novel coronavirus disease 2019 (COVID-19) led to longer delays in providing  
46 immediate care for individuals with non-COVID-19-related emergencies, such as  
47 epileptic seizures. This study aimed to examine factors associated with on-scene time  
48 delays for people with epilepsy (PWE) with seizures needing immediate amelioration.

49 **Materials & Methods:** We conducted a population-based retrospective cohort study for  
50 PWE transported by EMS between 2016 and 2021. We used data from the Hiroshima  
51 City Fire Service Bureau database, divided into three study periods: “Pre phase”, the  
52 phase before the COVID pandemic (2016–2019); “Early phase”, the early phase of the  
53 COVID pandemic (2020); and “Middle phase”, the middle phase of the COVID  
54 pandemic (2021). We performed linear regression modeling to identify factors  
55 associated with changes in EMS on-scene time for PWE during each period. In addition,  
56 we estimated the rate of total EMS call volume required to maintain the same on-scene  
57 time for PWE transported by EMS during pandemic expansion.

58 **Results:** Among 2,205 PWE transported by EMS, significant differences in mean age  
59 and prevalence of impaired consciousness were found between pandemic phases. Total

60 EMS call volume per month for all causes during the same month <5,000 (-0.55 min,  
61 95% confidence interval [CI] -1.02 – -0.08, p=0.022) and transport during the Early  
62 phase (-1.88 min, 95%CI -2.75 – -1.00, p<0.001) decreased on-scene time, whereas  
63 transport during the Middle phase (1.58 min, 95%CI 0.70 – 2.46, p<0.001) increased  
64 on-scene time for PWE transported by EMS. The rate of total EMS call volume was  
65 estimated as 0.81 (95%CI -0.04 – 1.07) during the expansion phase of the pandemic to  
66 maintain the same degree of on-scene time for PWE transported by EMS before the  
67 pandemic.

68 **Conclusions:** On-scene time delays on PWE in critical care settings were observed  
69 during the Middle phase. When the pandemic expanded, the EMS system required  
70 resource allocation to maintain EMS for time-sensitive illnesses such as epileptic  
71 seizures. Timely system changes are critical to meet dramatic social changes.

72

73 **Keywords:** people with epilepsy; emergency medical service; on-scene time delay;  
74 resource allocation; total call volume; non-COVID-19 critical disease

75

76 **Abbreviations:**

77 EMS, Emergency medical services; PWE, people with epilepsy; COVID-19,

78 coronavirus disease 2019; ANOVA, analysis of variance; SD, standard deviation; CI,

79 confidence interval

80

81

82 **1. Introductions**

83 Emergency medical services (EMS) facilitate the categorization of hospital resources to  
84 identify hospitals capable of handling emergency patients and enable EMS personnel to  
85 rapidly transport patients to appropriate medical facilities [1]. In EMS systems, the on-  
86 scene time, including the time required for on-site treatment and the time for selection  
87 of a hospital, is critical in life-threatening situations. A delay in definitive treatment can  
88 lead to unfavorable outcomes [2-6]. Epileptic seizures resulting in status epilepticus is  
89 an emergency disease in which “time is brain”. The prognosis for status epilepticus  
90 deteriorates with increasing seizure duration [7]. Thus, extended on-scene time can  
91 result in poorer prognosis for people with epilepsy (PWE).

92         The novel coronavirus disease 2019 (COVID-19) has had a tremendous impact  
93 on medical care worldwide [8]. In the EMS setting, various impacts became visible  
94 following the outbreak of COVID-19, including a surge in the number of EMS calls,  
95 delays in EMS response times, and declines in non-COVID-19 emergency cases [9, 10].  
96 In addition, people who required immediate care for non-COVID-19 causes faced  
97 longer delays during the pandemic, which could have critical implications for  
98 neurological prognosis [11, 12]. PWE are sensitive to dramatic changes in social  
99 situations and seizure exacerbation has been reported in 17.5% of PWE during the

100 pandemic [13, 14]. However, whether these PWE were transported promptly or  
101 experienced delays during the pandemic is uncertain, highlighting the need to examine  
102 emergency responses for PWE using EMS.

103           The factors contributing to on-scene time delays in EMS during unusual  
104 circumstances, including pandemics, are numerous and encompass a lack of human and  
105 material resources [15]. Identifying the factors associated with on-scene time delays in  
106 EMS during a pandemic could shed light on the limitations of the medical care system  
107 for PWE during future unusual circumstances. We therefore hypothesized that on-scene  
108 time delays in the treatment of PWE would be visible in EMS settings during the  
109 pandemic. In addition, such situations may be associated with demand-supply gaps in  
110 EMS, as the volume of EMS calls exceeded the availability of local medical resources,  
111 regardless of the number of PWE in emergency conditions. To this end, we conducted a  
112 longitudinal population-based study to identify factors associated with on-scene time  
113 delays in the treatment of PWE in emergencies, and to evaluate the demand-supply gap  
114 in EMS.

115

116



## 117 **2. Materials & Methods**

### 118 **2.1. Study design**

119 We conducted this population-based retrospective cohort study for PWE transported by  
120 the Hiroshima City Fire Service Bureau EMS between 1 January 2016 and 31  
121 December 2021. Data were retrieved from the Hiroshima City Fire Service Bureau  
122 database, including patient characteristics and EMS time records. To evaluate the  
123 impacts of demographic and social factors, we used local and national government  
124 official reports and EMS provider reports. This study was approved by the Hiroshima  
125 University Hospital Ethics Committee (approval no. E-2566).

126

### 127 **2.2. Geography and the medical care system in Hiroshima city**

128 Hiroshima city is an ordinance-designated city in western Japan, with an urban and  
129 suburban area of 906.69 km<sup>2</sup> and a population of approximately 1.19 million  
130 (Figure 1A) [16]. Trends in newly confirmed patients with COVID-19 per million  
131 people in this area are summarized in Figure 1B [17, 18]. The EMS system in Japan is  
132 designed uniformly nationwide and operated throughout the country by local fire  
133 departments [1, 19]. In Hiroshima city, EMS is through the Hiroshima City Fire Service  
134 Bureau, which responds to emergency requests via a universal emergency call number.

135 The total EMS call volume for all causes before the pandemic in this area was about  
136 55,000–60,000 per year and 4,500–5,500 per month [20]. Monthly total EMS call  
137 volume trends with all causes in this area are summarized in Figure 2 [20]. EMS for  
138 PWE in Hiroshima city have been provided by some emergency and critical care  
139 medical centers cooperating with the Epilepsy Center in Hiroshima University Hospital,  
140 the largest epilepsy center in Hiroshima prefecture, accredited by the Japanese Epilepsy  
141 Society.

142

### 143 **2.3. Data sources**

144 EMS system records are collected using standardized data collection forms and include  
145 patient characteristics, time of day, and time course of transport [19]. Emergency room  
146 doctors at the receiving hospital clinically determine diagnoses for the illness. These  
147 data are completed by EMS personnel and then transferred to the information center at  
148 the local fire department [19]. In the present study, we used data for all emergency  
149 patients with epileptic seizures who required EMS in 2016–2021 obtained from  
150 Hiroshima City Fire Service Bureau after removal of all personal identifiers.

151

### 152 **2.4. Inclusion and exclusion criteria**

153 We included patients  $\geq 16$  years of age who experienced an epileptic seizure and were  
154 transported by the Hiroshima City Fire Service Bureau EMS between 1 January 2016  
155 and 31 December 2021. This study focused on patients who experienced chronically  
156 recurrent seizures, particularly those who were expected to require emergency transport  
157 services repetitively. Thus, PWE were eligible for inclusion. In contrast, patients with  
158 acute symptomatic seizures (seizures occur in close temporal relationship with an acute  
159 CNS insult, which may be metabolic, toxic, structural, infectious, or due to  
160 inflammation) and psychiatric causes were excluded [21].

161

## 162 **2.5. Observational periods**

163 This study period was divided into three observational periods based on temporal spikes  
164 in infections during the COVID-19 pandemic in Japan: a 4-year phase before the  
165 COVID pandemic (“Pre period”, January 2016–December 2019, representing baseline  
166 data); a 1-year phase early in the COVID pandemic (“Early period”, January–December  
167 2020, a year after the World Health Organization Country Office in China was informed  
168 of cases of pneumonia of unknown etiology); and a 1-year phase in the middle of the  
169 COVID pandemic (“Middle period”, January–December 2021, a year after the COVID-  
170 19 vaccine started in Japan) (Fig. 1B) [18, 22].

171

172       **2.6. Demographic and clinical parameters for EMS response**

173 We evaluated patient-associated factors including age, sex, and initial field vital signs  
174 (level of consciousness and body temperature). We classified patients with body  
175 temperature  $\geq 37.5^{\circ}\text{C}$  as having fever and patients in states other than fully awake and  
176 oriented as having impaired consciousness. We also evaluated clock-associated factors  
177 as the date and time of day, divided into daytime (08:00–19:59) and nighttime (20:00–  
178 07:59).

179

180       **2.7. EMS response time**

181 EMS response time was defined as the elapsed time from initiation of an EMS call to  
182 arrival at a hospital, and was further divided into three categories: response time; on-  
183 scene time; and transport time [15, 23]. On-scene time was defined as the time from  
184 arrival at the scene to departure from the scene [15, 23].

185

186       **2.8. Confounding factors for EMS response**

187 Operations of the EMS were influenced by several social-related factors, particularly  
188 during the pandemic [9]. We thus also examined socio-medical conditions concurrent

189 with the transportation of PWE by EMS, including total EMS call volume per month for  
190 all causes (such as trauma, internal medical causes, and psychiatric causes) during the  
191 same month, total number of newly confirmed COVID-19 cases per week per million  
192 people on the same day, occupation rate of hospital beds on the same day, and  
193 declaration of a state of emergency. Total EMS call volume per month was typically  
194 around 4,500–5,500, and was categorized as decreasing for values  $\leq 5,000$  and  
195 increasing for values  $> 5,000$ . In addition, we determined expansion of the pandemic  
196 using indicators determined by the government office, i.e., total number of newly  
197 confirmed patients with COVID-19 per week per million people  $> 25$  and occupation of  
198 total hospital beds  $> 50\%$  [24].

199

## 200 **2.9. Data analyses**

201 To identify factors associated with a change in emergency transporting time for PWE  
202 during the COVID-19 pandemic, we performed a three-step analysis. First, we analyzed  
203 the demographic characteristics, clinical characteristics, EMS on-scene time, and socio-  
204 medical situations of each patient in the study period. We performed analysis of  
205 variance (ANOVA) followed by Tukey's post-hoc test for categorical variables, and the  
206 chi-square test adding to residual analysis for continuous variables to identify features

207 of each phase in the pandemic period.

208           Second, we performed linear regression modeling to identify factors associated  
209 with changes in EMS on-scene time for patients with seizures during each period: the  
210 whole period, 2016–2021 (Model 1); the pre-pandemic period, 2016–2019 (Model 2);  
211 and the pandemic period, 2020–2021 (Model 3). Parameters for each model were:  
212 Model 1, age per 1-year increase, impaired consciousness, transport during daytime,  
213 total EMS call volume per month for all causes during the same month  $\leq 5,000$ , and  
214 transport during the Pre, Early, or Middle phase of the pandemic. Model 2: age per 1-  
215 year increase, impaired consciousness, transport during daytime, and total EMS call  
216 volume per month for all causes during the same month  $\leq 5,000$ . Model 3: age per 1-  
217 year increase, impaired consciousness, transport during daytime, total EMS call volume  
218 per month for all causes during the same month  $\leq 5,000$ , total number of newly  
219 confirmed COVID-19 cases per week per million people during the same day  $\leq 25$ ,  
220 occupancy of total hospital beds during the same day  $\leq 50\%$ , and being under a  
221 declaration of a state of emergency [19, 25]. We conducted pairwise deletion for this  
222 analysis.

223 Third, the rate of total EMS call volume per month for all causes was reverse-estimated  
224 to maintain the same degree of on-scene time for PWE transported by EMS during the

225 non-expansion phase of the pandemic (total number of newly confirmed COVID-19  
226 cases per week per million people  $\leq 25$ , and hospital bed occupancy  $\leq 50\%$ ) or expansion  
227 phase of the pandemic (total number of new confirmed COVID-19 cases per week per  
228 million  $> 25$ , and hospital bed occupancy  $> 50\%$ ). In all analyses, values of  $p < 0.05$  were  
229 considered significant. All statistical analyses were conducted using JMP Pro software  
230 (version 16; SAS Institute, Cary, NC, USA).

231 **3. Results**

232 Among 12,320 cases with any seizures transported by EMS, 10,115 cases with < 16  
233 years of age, with acute symptomatic seizures, or psychiatric causes were excluded.  
234 Thus, we reviewed the cases of 2,205 PWE transported by EMS (Table 1). Significant  
235 differences in mean age and prevalence of impaired consciousness were seen between  
236 phases of pandemic period. During the Early phase, mean on-scene time for EMS was  
237  $19.6 \pm 8.2$  min and mean total EMS call volume per month for all causes was  $4,665.6 \pm$   
238  $411.0$ , both of which were lower than those observed during the other phases of the  
239 pandemic ( $p < 0.001$ ) (Table 1). Trends in mean on-scene time, number of PWE, and  
240 mean total EMS call volume per month for all causes during each year and each period  
241 are summarized in Figure 2.

242 Second, during the whole period, in addition to the demographic and clinical  
243 characteristics, total EMS call volume per month related to all causes during the same  
244 month <5,000 ( $-0.55$  min, 95% confidence interval [CI]  $-1.02 - -0.08$ ,  $p = 0.022$ ), and  
245 transport during the Early phase ( $-1.88$  min, 95% CI  $-2.75 - -1.00$ ,  $p < 0.001$ ) showed  
246 decreased on-scene time, but patients transported during the Middle phase ( $1.58$  min,  
247 95% CI  $0.70 - 2.46$ ,  $p < 0.001$ ) showed increased on-scene time for PWE transported by  
248 EMS (Model 1). However, in the Pre period, total EMS call volume per month for all



249 causes during the same month did not affect on-scene time for PWE transported by  
250 EMS (Model 2). During the pandemic period, in addition to demographic and clinical  
251 characteristics, total EMS call volume per month for all causes during the same month  
252 <5,000 (-1.21 min, 95%CI -2.19 – -0.23, p=0.016) decreased on-scene time for PWE  
253 transported by EMS. However, the total number of newly confirmed COVID-19 cases,  
254 occupancy of total hospital beds, and being under a declaration of a state of emergency  
255 did not affect on-scene time for PWE transported by EMS (Model 3) (Table 2).

256 Third, the rate of total EMS call volume per month for all causes was 1.01  
257 (95%CI 0.95 – 1.22) in the non-expansion phase of the pandemic, but was 0.81 (95%CI  
258 -0.04 – 1.07) in the expansion phase of the pandemic to maintain the same degree of on-  
259 scene time for PWE transported by EMS (21.8 min; mean on-scene time for the whole  
260 period) (Table 3).

261

262 **4. Discussion**

263 In the present study, on-scene time delays for PWE with seizures in emergencies were  
264 observed in the Middle phase, despite the absence of any corresponding increase in  
265 number of PWE cases transported by EMS. On-scene time for PWE was unaffected by  
266 total EMS call volume during the Pre phase, but was impacted by this factor during the  
267 pandemic period, despite a lack of increase in call volume. The estimated rate of total  
268 EMS call volume indicated a discrepancy between demand and supply of critical care  
269 services in the healthcare system during the expansion phase of the pandemic in our  
270 study area. These findings collectively suggest that when total EMS call volume  
271 exceeds the availability of local medical resources, EMS on-scene time may  
272 occasionally be delayed in unusual circumstances, such as the COVID-19 pandemic,  
273 particularly during the expansion phase. Given that prolonged epileptic seizures need to  
274 be treated immediately, effecting a transformative adaptation of emergency transport  
275 systems in response to substantial alterations in social conditions is imperative.

276 We confirmed that on-scene time was dramatically affected during the phases  
277 of the pandemic. In the Early phase, overall call volumes decreased, similar to outcomes  
278 reported in other regions [26]. In the Middle phase, government offices in Japan  
279 changed the policy for COVID-19 infections based on perceived immunity in the

280 population obtained from vaccination or natural infection [27]. The total call volume for  
281 EMS in this area recovered to the same degree as seen in the Pre phase [20]. Our  
282 findings confirm that demand-supply discrepancies in the critical care system were  
283 negligible during the non-expansion phase of the pandemic, but substantial during the  
284 expansion phase. The COVID-19 pandemic necessitated the redistribution of various  
285 healthcare resources when demand exceeded supply [28]. These results imply that the  
286 on-scene time for time-sensitive illnesses, such as epileptic seizures, may be influenced  
287 by the availability of EMS resources in unusual circumstances.

288           Since the onset of the pandemic, despite the worldwide efforts of national and  
289 local governments to maintain the quality of healthcare services at the same level as  
290 before the pandemic, a decrease in the number of non-COVID-19 emergency cases has  
291 been documented globally [9, 27, 29, 30]. In the present study, the incidence of seizures  
292 that EMS transported declined during the pandemic. These seizures were associated  
293 with higher patient age and a higher prevalence of altered consciousness compared to  
294 the pre-pandemic period. During the pandemic period, some societies recommended  
295 reducing in-person healthcare facility visits for PWE with stable seizures, which  
296 decreased outpatient visits and admissions in epilepsy centers [31]. Our results might  
297 indicate that PWE with non-life-threatening status but a need for medication avoided

298 calls to EMS, as in another study on stroke patients [32]. Thus, clinicians should  
299 promote intensive follow-up by telemedicine in both new and follow-up patients,  
300 especially during pandemics [30].

301           Certain facilities within stroke care units were found to exhibit no significant  
302 delay in the interval between hospital arrival and initiation/intervention [32, 33]. These  
303 observations suggested that patients in critical care settings can receive adequate  
304 treatment even during a pandemic, if prompt transport to appropriate medical facilities  
305 is achieved. Patients hospitalized for seizures are often readmitted due to modifiable  
306 factors in the care process, such as seizure exacerbation or multiple medical  
307 comorbidities [34]. Mitigating readmission rates could alleviate the demand-supply  
308 discrepancy in EMS. Home-care support clinics can mitigate the likelihood of  
309 rehospitalization in critical care settings, such as in cases of heart failure [35]. These  
310 findings collectively suggest that cooperation between professionals in a  
311 multidisciplinary team providing emergency care, recovery or chronic care, and  
312 epilepsy experts may enhance seizure outcomes and overall health results for PWE.

313           Some limitations to the present study warrant notation. First, the present study  
314 was performed using population-based data from a single region. Thus, there are  
315 limitations in generalizing the results of this study. As the EMS system in Japan is

316 operated by local fire departments (733 fire departments in total), regional differences in  
317 the EMS system and the distribution of medical facilities were not negligible [19, 36].  
318 However, the EMS system in Japan is well designed. The median time between EMS  
319 call to EMS arrival on the scene varies only by less than a minute across different  
320 regions in Japan [19]. Hence, population-based data including multiple regions are  
321 needed to confirm the significance and generalizability of the present results. Second, as  
322 we were unable to follow-up PWE using EMS after arrival in the hospital, we could not  
323 evaluate how the pandemic affected outcomes. Last, multiple potential factors could not  
324 be added to our analysis. Total EMS call volume was influenced by health risk  
325 messaging by the media and national authorities [30]. Reducing risk factors such as  
326 road traffic accidents, falls and injuries, and air-borne infectious diseases could all affect  
327 the total call volume to EMS [30]. Our present study could not analyze these multiple  
328 potential factors.

329

330

331 **5. Conclusions**

332 In conclusion, on-scene time delays on PWE in critical care settings were noticed during  
333 the expansion phase of the pandemic. During the non-expansion phase of the pandemic,  
334 the impact of increasing total EMS call volume was inconsequential. However, during  
335 pandemic expansion, the EMS system required proper resource allocation to effectively  
336 manage time-sensitive illnesses such as epileptic seizures. Thus, our study underscores  
337 the need for national and local governments to prepare and allocate resources and  
338 funding for comparable public health crises, in order to ensure sufficient availability of  
339 emergency medical services (EMS) and healthcare. Additionally, clinicians should also  
340 consider providing intensive follow-up through telemedicine to prevent occasional  
341 seizure worsening for PWE during pandemics. Timely changes in the system are  
342 essential to address significant societal shifts.

343

344 **Declarations**

345 **Ethics approval and consent to participate:**

346 This was a population-based, observational study. Our study was performed with  
347 anonymous clinical data under close supervision following approval by the Ethics  
348 Committee of the Hiroshima University Hospital (E2021-2566-01). Informed consent  
349 was obtained in the form of opt-out on the hospital website. All procedures involving  
350 human participants were performed in accordance with the 1964 Declaration of Helsinki  
351 and its later amendments or comparable ethical standards.

352 **Consent for publication:**

353 Informed consent was obtained in the form of opt-out on the hospital website. Those  
354 who opted-out were to be excluded from analysis. In the present study, no patients opted  
355 out.

356 **Availability of data and materials:**

357 The datasets used and/or analyzed during the current study are available from the  
358 corresponding author upon reasonable request.

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364 Service Bureau, and Dr. Junki Ishii from the Department of Emergency and Critical  
365 Care Medicine at Hiroshima University for providing access to the EMS database, and  
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367 providing EMS for PWE in Hiroshima city.  
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371 **Declarations of interest:**

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375 **Authors' contributions:**

- 376 • Hidetada Yamada and Shuichiro Neshige: designed and conceptualized the study;  
377 analyzed the data; and drafted the manuscript for intellectual content  
378 • Shiro Aoki and Yu Yamazaki: interpreted the data; and revised the manuscript for  
379 intellectual content



380 • Megumi Nonaka, Yoshiko Takebayashi, Haruka Ishibashi, and Atsuko Motoda:

381 analyzed and interpreted the data

382 • Hirofumi Maruyama; revised the manuscript for intellectual content

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481

482 **Figure captions**

483 **Figure 1. Geography and newly confirmed COVID-19 cases in Hiroshima**

484 A) Geography of Hiroshima.

485 B) The three observational periods and total number of newly confirmed COVID-19  
486 cases per million people in Hiroshima. Striped meshing area indicated a 1-year phase  
487 early in the COVID pandemic as “Early period”. Dot meshing area indicated a 1-year  
488 phase middle in the COVID pandemic as “Middle period”. Half-tone dot meshing areas  
489 indicate periods under a declaration of a state of emergency.

490

491 **Figure 2. Annual summary of emergency medical services in this study**

492 Annual trends in mean monthly total emergency medical services (EMS) call volume  
493 for all causes in this area, mean monthly number of patients with epilepsy (PWE)  
494 transported by EMS, and mean on-scene time for PWE transported by EMS are  
495 summarized. Striped meshing area indicated “Early period”. Dot meshing area indicated  
496 “Middle period”.

497 EMS, emergency medical services; PWE, patients with epilepsy.

**Table 1. Characteristics of patients with epilepsy transported by emergency medical services per phase of the COVID-19 pandemic**

	Total (n = 2,205)	Pre phase (n = 1,546)	Early phase (n = 335)	Middle phase (n = 324)	p
Age, years, mean (SD)	48.2±23.4	47.1±23.2	50.0±23.5	51.6±23.5**	0.002
Female, n (%)	883 (40.0)	618 (40.0)	132 (39.4)	133 (41.1)	0.906
Fever (>37.5°C), n (%)	209 (13.5)	127 (13.9)	38 (11.8)	44 (14.4)	0.569
Impaired consciousness, n (%)	1783 (80.1)	1224 (79.3)	281 (84.1)	278 (85.8)	0.007
Daytime (08:00–19:59), n (%)	1510(68.5)	1066 (69.0)	228 (68.1)	216 (66.7)	0.712

On-scene time, mean (SD)	21.8±10.8	22.0±10.7	19.6±8.2***	23.2±13.1	<0.001
Total EMS call volume per months for all causes during same month, mean (SD)	4,951.9±424	5,012.6±414.4	4,665.6±411.0***	4,957.7±358.5	<0.001

\* $p < 0.05$ ; \*\* $p < 0.01$ ; \*\*\* $p < 0.001$ .

COVID-19, coronavirus disease 2019; SD, standard deviation; EMS, emergency medical services.

**Table 2. Factors associated with on-scene time of patients with epilepsy transported by emergency medical services per phase of COVID-19 pandemic**

Variable	Model 1 (whole period)		Model 2 (Pre phase)		Model 3 (pandemic phases)	
	On-scene time		On-scene time		On-scene time	
	(95%CI)	<i>p</i>	(95%CI)	<i>p</i>	(95%CI)	<i>p</i>
Age (per 1-year increase)	-0.05 (-0.07 – -0.03)	<0.001	-0.06 (-0.08 – -0.03)	<0.001	-0.04 (-0.08 – -0.01)	0.021
Impaired consciousness	0.93 (0.36 – 1.50)	0.001	0.94 (0.28 – 1.59)	0.005	0.90 (-0.26 – 2.06)	0.127



Daytime (08:00–19:59)	-1.24 (-1.72 – -0.76)	<0.001	-0.88 (-1.45 – -0.31)	0.003	-2.02 (-2.91 – -1.13)	<0.001
Total EMS call volume per month for all causes during same month (<5,000/month)	-0.55 (-1.02 – -0.08)	0.022	-0.40 (-0.95 – 0.14)	0.15	-1.21 (-2.19 – -0.23)	0.016
Phase (Early phase)	-1.88 (-2.75 – -1.00)	<0.001				
Phase (Middle phase)	1.58 (0.70 – 2.46)	<0.001				
Total number of newly confirmed COVID-19 cases per week per million people during same day (<25/million people)					-1.39 (-3.15 – 0.37)	0.121

Occupation of total hospital beds during same day	-0.40 (-1.79 –	0.568
( $<50\%$ )	0.99)	
Under declaration of state of emergency	0.07 (-1.08 –	0.908
	1.21)	

Model 1: age per 1-year increase, impaired consciousness, transported during daytime, total EMS call volume per month for all causes during same month  $\leq 5,000$ , transported during Pre, Early, or Middle phase

Model 2: age per 1-year increase, impaired consciousness, transported during daytime, total EMS call volume per month for all causes during same month  $\leq 5,000$

Model 3: age per 1-year increase, impaired consciousness, transported during daytime, total EMS call volume per month for all causes during same month  $\leq 5,000$ , total number of newly confirmed COVID-19 cases per week per million people during same day  $\leq 25$ , occupancy of total hospital beds during same day  $\leq 50\%$ , under declaration of state of emergency

COVID-19, coronavirus disease 2019; EMS, emergency medical services; CI, confidence interval

**Table 3. Estimated rate of total EMS call volume per month for all causes during same month to maintain the same degree of on-scene time for PWE transported by EMS in the pandemic period**

On-scene time (min)	Variable		Estimated rate of total EMS call volume per month for all causes during same month (95%CI)
	Total number of newly confirmed COVID-19 cases per week per million people during same day (/ million people)	Hospital bed occupancy during same day (%)	
21.8	≤25	≤50	1.01 (0.95 – 1.22)
21.8	≤25	>50	0.98 (0.65 – 1.16)
21.8	>25	≤50	0.85 (0.35 – 1.05)
21.8	>25	>50	0.81 (-0.04 – 1.07)

EMS, emergency medical services; PWE, people with epilepsy; COVID-19, coronavirus disease 2019; CI, confidence interval.

1 **Declarations**

2 **Ethics approval and consent to participate:**

3 This was a population-based, observational study. Our study was performed with  
4 anonymous clinical data under close supervision following approval by the Ethics  
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22 Care Medicine at Hiroshima University for providing access to the EMS database, and

23 to the multidisciplinary team members in emergency and critical care medical centers

24 providing EMS for PWE in Hiroshima city.

25 We also thank Dr. Megumi Toko, Dr. Hiroyuki Naito, Dr. Takamichi Sugimoto, Dr.

26 Masahiro Nakamori, and Dr. Tomohisa Nezu for their useful contributions.

27

28 **Declarations of interest:**

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30 **Funding:**

31 None.

32 **Authors' contributions:**

- 33 • Hidetada Yamada and Shuichiro Neshige: designed and conceptualized the study;
- 34 analyzed the data; and drafted the manuscript for intellectual content
- 35 • Shiro Aoki and Yu Yamazaki: interpreted the data; and revised the manuscript for
- 36 intellectual content

37 • Megumi Nonaka, Yoshiko Takebayashi, Haruka Ishibashi, and Atsuko Motoda:

38 analyzed and interpreted the data

39 • Hirofumi Maruyama; revised the manuscript for intellectual content