

Effect of transcranial static magnetic stimulation over unilateral or bilateral motor association cortex on performance of simple and choice reaction time tasks

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25 **Abstract**

26 **Background:** Transcranial static magnetic stimulation (tSMS) is a non-invasive brain stimulation
27 technique that place a strong neodymium magnet on scalp to reduce cortical excitability. We have
28 recently developed a new tSMS device with three magnets placed close to each other (triple tSMS)
29 and confirmed that this new device can produce a stronger and broader static magnetic field than the
30 conventional single tSMS. The aim of the present study was to investigate the effect of the
31 conventional single tSMS as well as triple tSMS over the unilateral or bilateral motor association
32 cortex (MAC) on simple and choice reaction time (SRT and CRT) task performance.

33 **Methods:** There were two experiments: one involved the conventional tSMS, and the other involved
34 the triple tSMS. In both experiments, right-handed healthy participants received each of the
35 following stimulations for 20 min on different days: tSMS over the unilateral (left) MAC, tSMS over
36 the bilateral MAC, and sham stimulation. The center of the stimulation device was set at the
37 premotor cortex. The participants performed SRT and CRT tasks before, immediately after, and 15
38 min after the stimulation (Pre, Post 0, and Post 15). We evaluated RT, standard deviation (SD) of RT,
39 and accuracy (error rate). Simulation was also performed to determine the spatial distribution of
40 magnetic field induced by tSMS over the bilateral MAC.

41 **Results:** The spatial distribution of induced magnetic field was centered around the PMd for both
42 tSMS systems, and the magnetic field reached multiple regions of the MAC as well as the
43 sensorimotor cortices for triple tSMS. SD of CRT was significantly larger at Post 0 as compared to
44 Pre when triple tSMS was applied to the bilateral MAC. No significant findings were noted for the
45 other conditions or variables.

46 **Discussion:** We found that single tSMS over the unilateral or bilateral MAC did not affect
47 performance of RT tasks, whereas triple tSMS over the bilateral MAC but not over the unilateral
48 MAC increased variability of CRT. Our finding suggests that RT task performance can be
49 modulated using triple tSMS.

50 **1 Introduction**

51 Transcranial static magnetic stimulation (tSMS) now has become a new member of non-invasive
52 brain stimulation (NIBS). TSMS can reduce cortical excitability by placing a strong neodymium,
53 iron, and boron (NdFeB) magnet that generates moderate-intensity (about 500 mT) static magnetic
54 field (SMF) on scalp (Oliviero et al., 2011). In comparison to the other NIBS expected to induce
55 inhibitory effects, such as cathodal transcranial direct current stimulation (tDCS) (Nitsche and
56 Paulus, 2000), low-frequency repetitive transcranial magnetic stimulation (LF-rTMS) (Chen et al.,
57 1997), continuous theta-burst stimulation (cTBS) (Huang et al., 2005), which induce electric current
58 flow, tSMS (that induces SMF) causes less discomfort to the participants and is safe, economical, and
59 easy to handle. In the past decade, various local brain regions such as the sensorimotor (Silbert et al.,
60 2013; Kirimoto et al., 2014; Nojima et al., 2015; Kirimoto et al., 2016; Kirimoto et al., 2018; Davila-
61 Perez et al., 2019; Nakagawa et al., 2019; Nojima et al., 2019; Shibata et al., 2020), supplementary
62 motor (Kirimoto et al., 2016; Pineda-Pardo et al., 2019; Tsuru et al., 2020; Guida et al., 2023), visual
63 (Gonzalez-Rosa et al., 2015; Oliviero et al., 2015; Lozano-Soto et al., 2018), and dorsolateral
64 prefrontal (Sheffield et al., 2019; Chen et al., 2021; Watanabe et al., 2021; Soto-León et al., 2023;
65 Watanabe et al., 2023) cortices have been revealed to be modulated by tSMS, with potential clinical
66 applications for neurological disorders (Di Lazzaro et al., 2021; Dileone et al., 2022; Shimomura et
67 al., 2023). In addition, a new tSMS device constructed with three NdFeB magnets (called "SHIN
68 jiba") was introduced last year, and simulation has revealed that this triple tSMS can produce the
69 greater static magnetic fields than the conventional tSMS (Shibata et al., 2022). However, its effect
70 on behavioral performance has not been clear to date.

71 Anatomical and neurophysiological studies using monkeys showed that the dorsal premotor cortex
72 (PMd) is involved in selection and planning of visually guided motor action (Mushiake et al., 1991).
73 Also, human studies have demonstrated the importance of the PMd in action selection to visual cues,
74 with the left hemisphere exhibiting dominance in rapid action selection (Schluter et al., 1998). In
75 addition, recent functional magnetic resonance imaging (fMRI) research has revealed that the left
76 PMd is engaged in all processes of visuomotor task, whereas the right PMd specifically contributes to
77 rule-based visuomotor control and action preparation (Nakayama et al., 2022). Based on these
78 findings, previous studies examining the effect of NIBS on the PMd in healthy individuals have
79 evaluated performance of visual reaction time (RT) tasks. So far, ones that examined the effect of
80 inhibitory NIBS over the PMd using these tasks have reported inconsistent results: Some reported
81 declines in the performance (Schlaghecken et al., 2003; Mochizuki et al., 2005; Gorbet and Staines,
82 2011), while the others reported no changes in the performance (O'Shea et al., 2007; Ward et al.,
83 2010; Lu et al., 2012). The lack of inhibitory effects found in the later studies may be ascribed to a
84 compensation within the network associated with this task (Hartwigsen, 2018), and it is possible that,
85 when activity of the PMd is suppressed, the PMd on the other side support the suppressed one
86 (O'Shea et al., 2007). In the present study, taking this point into consideration, the conventional
87 single tSMS as well as the new triple tSMS were used to stimulate not only the unilateral motor
88 association cortex (MAC) including the PMd (Kirimoto et al., 2011), but also the bilateral MAC.
89 Accordingly, the purpose of the present study was to investigate the effect of tSMS over the
90 unilateral or bilateral MAC on performance of RT tasks. Since the effect of tSMS has been revealed
91 to depend on task difficulty (Gonzalez-Rosa et al., 2015; Chen et al., 2021; Watanabe et al., 2021;
92 Watanabe et al., 2023), we adopted simple and choice reaction time (SRT and CRT) tasks, as the
93 CRT task, requiring additional visual attention and cognitive resources to select the effector, is
94 considered more difficult than the SRT task. We hypothesized that tSMS over the MAC would
95 influence the RT performance particularly when the triple tSMS was applied over the bilateral MAC
96 during the CRT task.

97 2 Materials and methods

98 2.1 Participants

99 Eighteen healthy adults (10 female, mean age \pm SD = 23.9 \pm 3.8 years) participated in Experiment 1,
100 and fifteen healthy adults (4 female, 23.4 \pm 3.7 years) participated in Experiment 2. Six of them
101 participated in both experiments. All participants provided written informed consent prior to the
102 experiment, which was conducted in accordance with the principles of the Declaration of Helsinki.
103 All participants in Experiment 1 (mean Laterality Quotient \pm SD = 96.1 \pm 7.78) and 2 (mean
104 Laterality Quotient \pm SD = 91.2 \pm 10.3) were right-hand dominant according to the Edinburgh
105 Handedness Inventory (Oldfield, 1971), and had normal or corrected-to-normal vision. This study
106 was approved by the ethics committee of Hiroshima University (No. C-332).

107 2.2 Procedure

108 Participants were seated in a comfortable chair with armrests and a mounted headrest in a dark room.
109 They faced a 27-inch monitor (LCD-MF276XDB, I-O DATA, Japan) placed at a distance of 150 cm.
110 The location of the PMd was determined using TMS, which was delivered using a figure-of-eight
111 coil (external loop diameter of 95 mm) connected to a stimulator (Magstim 200, Magstim, UK). The
112 motor cortex site where TMS consistently evoked visible twitch of the first dorsal interosseous
113 muscle was determined as the motor hotspot (Varnava et al., 2011). The PMd was defined as 2 cm
114 anterior to the hotspot (Fink et al., 1997; Gangitano et al., 2008), and its location was marked on the
115 scalp with a pen. Prior to the experimental session, participants practiced SRT and CRT tasks by
116 performing three blocks of 60 trials (a total of 180 trials) for each task. Then, they performed the
117 tasks (three blocks of 60 trials for each task) in a random order before (Pre), immediately after (Post
118 0), and 15 min after the tSMS or sham stimulation (Post 15) (Figure 1A). Participants were blinded to
119 the stimulation condition, and, after the experiment, they were asked which stimulation they think
120 they have received in order to confirm whether blinding was successful or not.

121 2.3 Simple and choice reaction time tasks

122 The visual stimuli used in the SRT and CRT tasks included four types of figures: small circle
123 (diameter, 2.6 cm), large circle (diameter, 5.3 cm), small square (side, 2.3 cm), and large square
124 (side, 4.6 cm). All visual stimuli were presented in the center of monitor and in white color on a
125 black background. The visual stimuli were displayed for 500 ms with a random interstimulus interval
126 of 1000-1300 ms. Participants placed their index and middle fingers on two separate buttons on a
127 custom-made device. In the SRT task, they pressed the button with their right index finger in
128 response to all the figures (Figure 1B). In the CRT task, they pressed the button with their index
129 finger in response to a small circle or large square and pressed the button with their middle finger in
130 response to a large circle or small square (Figure 1B). The instruction was to press the button as
131 quickly as possible when the visual stimulus was presented. The visual stimuli were presented using
132 a customized LabVIEW program (National Instruments, Austin, TX, USA).

133 2.4 Transcranial static magnetic stimulation over the MAC

134 In Experiment 1, we applied the conventional single tSMS using a cylindrical NdFeB magnet
135 (diameter, 50 mm; height, 30 mm) with a surface magnetic flux density of 534 mT, maximum energy
136 density of 49 MGOe, and strength of 862 N (88 kgf) (NeoMag, Ichikawa, Japan). A non-magnetic
137 stainless-steel cylinder of the same size, weight, and appearance was used for sham stimulation
138 (NeoMag, Ichikawa, Japan). The center of the magnet or stainless-steel cylinder was placed on the

139 mark on the scalp (PMd) using custom-made headgear (Hiroshima Prefectural Technology Research
 140 Institute and Fashion Reform Ace, Hiroshima, Japan) (Chen et al., 2021) (Figure 1C). Participants
 141 received each of the following stimulations for 20 min: 1) tSMS over the left MAC (unilateral), 2)
 142 tSMS over the bilateral MAC (bilateral), and 3) sham stimulation over the bilateral MAC (sham). For
 143 the unilateral stimulation, the stainless-steel cylinder was placed on the right MAC as well. During
 144 the tSMS or sham stimulation, participants watched a silent movie to avoid falling asleep. Three
 145 stimulation conditions were randomized among the participants. Each stimulation was conducted on
 146 separate days (at least 3 days apart) at similar hours of the day to avoid carryover effects.
 147 In Experiment 2, we used a triple tSMS system with three NdFeB magnets placed close to each other
 148 (New-Mag, Sakura, Japan). The north pole of the three magnets were embedded in a foundation
 149 made of non-magnetic material (a diameter of 140 mm) (Figure 1D). These magnets had the same
 150 flux density, maximum energy density, and strength as the magnet used in the conventional single
 151 tSMS. Sham stimulation was applied using a device with three non-magnetic stainless-steel cylinders
 152 embedded in the foundation. Its size and appearance were same as the triple tSMS system. Triple
 153 tSMS or sham device was held using an arm type lighting stand (Avenger C-stand, Manfrotto,
 154 Cassola, Italy), and the center of the foundation was localized just above the mark (PMd). The
 155 following procedure was same as the Experiment 1. Details of triple tSMS system are described
 156 elsewhere (Shibata et al., 2022).

157 **2.5 Simplified simulation of the spatial distribution of the magnetic field**

158 We compared the distributions of magnetic field on the human cortical surface generated by single
 159 and triple tSMS placed above the bilateral MAC. The simulation was conducted in COMSOL
 160 Multiphysics v6.0 (COMSOL, Burlington, MA, USA) (Shibata et al., 2022). ICBM152 (Fonov et al.,
 161 2009; Fonov et al., 2011) was used for a human head model. In simulation, the head was surrounded
 162 by an air sphere of radius 40 cm. To simplify the simulation process, the layers of skin, skull, and
 163 cerebrospinal fluid and those of gray matter and white matter were merged into the outer and inner
 164 layer, respectively.

165 **2.6 Data and statistical analysis**

166 RT was defined as the interval between the onset of visual stimulus and the button press. Responses
 167 faster than 150 ms or slower than the mean + 3SD and those with choice errors were excluded from
 168 the analysis (Hultsch et al., 2002; Berger and Kiefer, 2021). Consequently, 4.41 % and 4.17 % of
 169 data were excluded for SRT and CRT tasks, respectively, in Experiment 1, and 4.23% and 4.54% of
 170 data for SRT and CRT tasks, respectively, in Experiment 2. We evaluated the mean RT, SD of RT,
 171 and accuracy. The data at Post 0 and Post 15 were normalized to that at Pre. Normality of data were
 172 checked using Shapiro-Wilk test, and the data with non-normal distributions were log transformed
 173 ($\log(x+1)$). Two-way repeated-measures analyses of variance (ANOVA) were conducted to examine
 174 the effect of tSMS over the MAC on the task performance, with Stimulation (Sham, Unilateral, and
 175 Bilateral) and Time (Pre, Post 0, and Post 15) as factors. Bonferroni's correction for multiple
 176 comparisons was used for post hoc analysis. We used the Fisher's exact test to assess whether
 177 participants were blinded to stimulation conditions. The level of significance was set at $p < 0.05$. All
 178 statistical analyses were conducted using SPSS (IBM, Armonk, NY, USA) and R (R Development
 179 Core Team).

180 **3 Results**

181 **3.1 Experiment 1: Effect of single tSMS over the MAC on RT performance**

None of the participants reported any adverse effects during or after single tSMS. There was no association between actual stimulation condition and participant's judgment (Fisher's exact test, $p = 0.138$; Table 1), demonstrating that participants were unable to determine the stimulation condition. SRT, SD of SRT, and accuracy of SRT task before stimulation were comparable between the stimulation conditions (SRT: mean RT \pm SE = 238.57 ± 6.39 ms for Sham, 244.37 ± 7.12 ms for Unilateral, and 240.76 ± 6.92 ms for Bilateral; SD of SRT: mean \pm SE = 35.14 ± 2.52 ms for Sham, 41.76 ± 3.88 ms for Unilateral, and 36.90 ± 3.84 ms for Bilateral; Accuracy: mean accuracy \pm SE = 96.11 ± 0.62 % for Sham, 96.76 ± 0.46 % for Unilateral, and 98.06 ± 0.28 % for Bilateral). Figure 2A, B, and C show SRT, SD of SRT, and accuracy of SRT task, respectively. A two-way repeated-measures ANOVA for SRT and SD of SRT indicated no significant main effect of Stimulation (SRT: $F_{2,34} = 1.338$, $p = 0.276$; SD of SRT: $F_{2,34} = 0.071$, $p = 0.932$), Time (SRT: $F_{2,34} = 0.857$, $p = 0.434$; SD of SRT: $F_{2,34} = 1.161$, $p = 0.325$), or their interaction (SRT: $F_{4,68} = 0.737$, $p = 0.570$; SD of SRT: $F_{4,68} = 0.046$, $p = 0.996$). A two-way repeated-measures ANOVA for accuracy of SRT task revealed a significant main effect of Time ($F_{2,34} = 5.895$, $p = 0.006$), but there was no significant main effect of Stimulation ($F_{2,34} = 0.338$, $p = 0.715$) or interaction between Time and Stimulation ($F_{4,68} = 0.464$, $p = 0.647$).

CRT, SD of CRT, and accuracy of CRT task before stimulation were comparable between the stimulation conditions (CRT: mean RT \pm SE = 460.51 ± 13.44 ms for Sham, 454.28 ± 13.42 ms for Unilateral, and 449.17 ± 13.57 ms for Bilateral; SD of CRT: mean \pm SE = 111.94 ± 5.13 ms for Sham, 113.24 ± 7.47 ms for Unilateral, and 108.31 ± 5.11 ms for Bilateral; Accuracy: mean accuracy \pm SE = 94.72 ± 1.04 % for Sham, 95.83 ± 0.81 % for Unilateral, and 96.67 ± 0.82 % for Bilateral). Figure 2D, E, and F show CRT, SD of CRT, and accuracy of CRT task, respectively. A two-way repeated-measures ANOVA for CRT and SD of CRT revealed a significant main effect of Time (CRT: $F_{2,34} = 5.846$, $p = 0.007$; SD of CRT: $F_{2,34} = 6.345$, $p = 0.005$), but there was no main effect of Stimulation (CRT: $F_{2,34} = 1.434$, $p = 0.253$; SD of CRT: $F_{2,34} = 0.729$, $p = 0.490$) or interaction between Time and Stimulation (CRT: $F_{4,68} = 0.941$, $p = 0.446$; SD of CRT: $F_{4,68} = 1.367$, $p = 0.266$). A two-way repeated-measures ANOVA for accuracy of CRT task showed no significant main effect of stimulation ($F_{2,34} = 2.064$, $p = 0.143$), time ($F_{2,34} = 0.230$, $p = 0.718$), or their interaction ($F_{4,68} = 2.388$, $p = 0.092$).

3.2 Experiment 2: Effect of triple tSMS over the MAC on RT performance

Similar to single tSMS, none of the participants reported any adverse effects during or after triple tSMS. There was no association between actual stimulation condition and participant's judgment (Fisher's exact test, $p = 0.903$; Table 2). This indicates that participants were unable to determine the stimulation condition. SRT, SD of SRT, and accuracy of SRT task before stimulation were comparable between the stimulation conditions (SRT: mean RT \pm SE = 228.58 ± 6.46 ms for Sham, 232.48 ± 7.24 ms for Unilateral, and 234.52 ± 6.82 ms for Bilateral; SD of SRT: mean \pm SE = 33.25 ± 2.73 ms for Sham, 34.40 ± 3.41 ms for Unilateral, and 35.63 ± 3.32 ms for Bilateral; Accuracy: mean accuracy \pm SE = 95.89 ± 0.89 % for Sham, 96.22 ± 0.90 % for Unilateral, and 96.78 ± 0.62 % for Bilateral). Figure 3A, B, and C show SRT, SD of SRT, and accuracy of SRT task. A two-way repeated-measures ANOVA for SRT and SD of SRT showed no significant main effect of Stimulation (SRT: $F_{2,34} = 1.210$, $p = 0.313$; SD of SRT: $F_{2,34} = 1.526$, $p = 0.235$), Time (SRT: $F_{2,34} = 1.556$, $p = 0.229$; SD of SRT: $F_{2,34} = 0.890$, $p = 0.422$), or their interaction (SRT: $F_{4,68} = 0.767$, $p = 0.551$; SD of SRT: $F_{4,68} = 1.759$, $p = 0.150$). A two-way repeated-measures ANOVA for accuracy of SRT task revealed a significant main effect of Time ($F_{2,34} = 5.851$, $p = 0.017$), but there was no significant main effect of Stimulation ($F_{2,34} = 0.620$, $p = 0.545$) or interaction between Time and Stimulation ($F_{4,68} = 0.824$, $p = 0.516$).

229 CRT, SD of CRT, and accuracy of CRT task before stimulation were comparable between the
 230 stimulation conditions (CRT: mean RT \pm SE = 440.33 \pm 25.55 ms for Sham, 438.35 \pm 16.75 ms for
 231 Unilateral, and 448.40 \pm 16.55 ms for Bilateral; SD of CRT: mean \pm SE = 115.83 \pm 9.23 ms for
 232 Sham, 122.27 \pm 9.75 ms for Unilateral, and 109 \pm 7.76 ms for Bilateral; Accuracy: mean accuracy \pm
 233 SE = 96.56 \pm 0.79 % for Sham, 96.67 \pm 0.81 % for Unilateral, and 96.00 \pm 0.72 % for Bilateral).
 234 Figure 3D, E, and F show CRT, SD of CRT, and accuracy of CRT task, respectively. A two-way
 235 repeated-measures ANOVA for CRT revealed a significant main effect of Time ($F_{2,34} = 8.279, p =$
 236 0.002), but there was no significant main effect of Stimulation ($F_{2,34} = 0.084, p = 0.920$) or
 237 interaction between Time and Stimulation ($F_{4,68} = 1.242, p = 0.304$). A two-way repeated measures
 238 ANOVA for SD of CRT revealed significant main effects of Stimulation ($F_{2,34} = 4.715, p = 0.017$)
 239 and Time ($F_{2,34} = 3.460, p = 0.045$), and their interaction ($F_{4,68} = 2.793, p = 0.035$). Post-hoc tests
 240 revealed that SD of CRT was significantly larger at Post 0 as compared to Pre in the bilateral
 241 condition ($p = 0.01$) (Figure 3E). A two-way repeated-measures ANOVA for accuracy of CRT task
 242 revealed no significant main effect of Stimulation ($F_{2,34} = 1.141, p = 0.313$), Time ($F_{2,34} = 0.660, p =$
 243 0.454) or their interaction ($F_{4,68} = 1.325, p = 0.277$).

244 3.3 Spatial distribution of magnetic field by tSMS

245 Figure 4 shows the spatial distribution of the magnetic field by single (Figure 4A) and triple (Figure
 246 4B) tSMS over the bilateral MAC generated in a human brain model (ICBM152). In single tSMS, the
 247 spatial distribution of the induced magnetic field was centered around the PMd (80-100 mT) (Baumer
 248 et al., 2009), with some reaching the motor cortex and a portion of the anterior part of PM (aPM) (<
 249 80mT) (Civardi et al., 2001). On the other hand, in triple tSMS, there was a strong magnetic field (>
 250 100 mT) not only in the PMd but also in the sensorimotor cortices and the other MAC, such as the
 251 supplementary motor area (SMA), with some reaching the prefrontal cortex (PFC).

252 4 Discussion

253 In this study, for the first time, not only the conventional single tSMS but also the triple tSMS that
 254 generates a quite high magnetic field was applied to the unilateral or bilateral MAC in humans to
 255 investigate their effects on RT performance. As a result, performance of CRT task was impaired
 256 immediately after triple tSMS over the bilateral MAC. On the other hand, neither single tSMS over
 257 the unilateral/bilateral MAC nor triple tSMS over the unilateral MAC had influenced the
 258 performance of RT tasks. The simulation results revealed that triple tSMS generated a strong
 259 magnetic field over the sensorimotor areas, PFC and MAC. No adverse effects were observed under
 260 any stimulation condition, including the triple tSMS over the bilateral MAC. The reliability of sham
 261 stimulation was confirmed to be high as well.

262 Although the exact mechanism of how SMFs influence the central nervous system remains unclear,
 263 some hypotheses have been proposed at a cellular level (Albuquerque et al., 2016). It has been
 264 suggested that SMFs induce reorientation of membrane phospholipids via diamagnetic anisotropy,
 265 consequently deforming the embedded ion channels, thereby altering their functions (Rosen, 2003).
 266 In addition, the magnetic field gradient produced by SMFs can induce surface tensions altering
 267 substantially the gating probability of mechanosensitive channels (Hernando et al., 2020).
 268 Meanwhile, studies in humans showed that the primary motor cortex (M1) excitability can be
 269 reduced by single as well as triple tSMS, and that the strength and range of SMFs produced by triple
 270 tSMS was greater than those by single tSMS (Shibata et al., 2022). Thus, it is reasonable to assume
 271 that triple tSMS reduced the excitability of the MAC including the PMd more strongly than single
 272 tSMS in this study.

273 The present study found no significant changes in RT after single or triple tSMS for both SRT and
 274 CRT tasks. Some previous studies in which LF-rTMS or cTBS was applied to the unilateral PMd

275 reported that RT was prolonged transiently after the stimulation (Mochizuki et al., 2005; Gorbet and
276 Staines, 2011), while the others reported no significant changes in RT (O'Shea et al., 2007; Ward et
277 al., 2010; Lu et al., 2012). Regardless of the unilateral or bilateral tSMS, our results were consistent
278 with the latter studies. The underlying reason behind this difference is currently unclear, but one
279 possibility relates to compensatory activation of the non-stimulated brain regions. For example,
280 O'Shea et al. demonstrated that LF-rTMS over the left PMd resulted in a compensatory increase in
281 the right PMd activity (O'Shea et al., 2007), and that TMS to the right PMd showing the
282 compensatory increase in activity prolonged CRT. To suppress this compensatory activation, tSMS
283 was applied to the bilateral MAC simultaneously in this study; however, no significant changes in RT
284 was observed. As the other brain regions, such as the bilateral parietal cortices, are activated during
285 the CRT task (Johansen-Berg et al., 2002; Chouinard and Paus, 2006; O'Shea et al., 2007), it is
286 possible that these brain regions have increased their activity to compensate for the PMd in the
287 present study.

288 In contrast to the RT, SD of CRT increased immediately after triple tSMS over the bilateral MAC.
289 This result is similar to a previous study demonstrating that cTBS over the PMd affected
290 performance of CRT task but not of SRT task (Mochizuki et al., 2005). Observation of the effect of
291 tSMS only on the SD of CRT and not on the SRT, SD of SRT, or CRT can be due to the sensitivity
292 of the variables and/or cognitive load of the task. RT reflects speed of information processing, while
293 SD of RT reflects consistency in processing speed (Jensen, 1992), suggesting that alertness and
294 sensory processing were inconsistent across trials after triple tSMS over the bilateral MAC. Also, SD
295 of RT has been reported to be more sensitive than mean RT as a marker of cognitive impairment
296 (Klein et al., 2006; Schulz-Zhecheva et al., 2023). Moreover, Gonzalez-Rosa et al. demonstrated that
297 visual search RT was prolonged after tSMS over the occipital cortex only when the task was difficult
298 (Gonzalez-Rosa et al., 2015). Thus, the effect of tSMS might have been apparent only for the
299 sensitive variable during the CRT task that is considered to be more difficult than SRT task. Another
300 possibility can be changes in finger movement. Specifically, triple tSMS over the bilateral MAC
301 (potentially affecting the broad areas of the brain) might have decreased the finger dexterity.
302 The decline in RT performance was observed only after triple tSMS and not after single tSMS. This
303 finding could be ascribed to a stronger stimulation of the PMd and/or stimulation of multiple brain
304 regions by triple tSMS. Indeed, the simulation results of the present study revealed that triple tSMS
305 generated a stronger SMF in the PMd compared to single tSMS, and also that a SMF generated by
306 triple tSMS reached to multiple brain regions. In addition, Terao et al. reported that single-pulse TMS
307 applied over various brain regions, including the prefrontal, motor association and parietal cortices,
308 during a pre-cued CRT task prolonged RT (Terao et al., 2005). Similarly, LF-rTMS over these brain
309 regions has been found to induce a delay in RT in the same task (Terao et al., 2007). Moreover, there
310 is a study demonstrating that patients with lesions in the PFC have greater SD of SRT and CRT than
311 patients with non-frontal lesions or healthy controls (Stuss et al., 2003), suggesting that increased
312 behavioral variability can be linked to the frontal brain regions (MacDonald et al., 2006). Hence, it is
313 quite likely that our finding was attributed to the stimulation of multiple cortical regions by triple
314 tSMS. Meanwhile, combined rTMS and fMRI study reported that rTMS over the PMd did not alter
315 neural activity when stimulation was delivered at a strength of motor threshold (Kemna and Gembris,
316 2003), indicating that strength of stimulation needs to be quite high to modulate the PMd activity.
317 Nonetheless, the neurophysiological impact of triple tSMS on the cortical activity and behavioral
318 performance requires further investigations.

319 Our study has three main limitations. First, we did not assess activity of the MAC or connectivity
320 between the brain regions. Since brain activity/connectivity can be modulated by tSMS (Gonzalez-
321 Rosa et al., 2015; Chen et al., 2021; Shibata et al., 2021; Watanabe et al., 2023), future studies should
322 consider this aspect. Second, accuracy of SRT and CRT tasks declined as experiment progressed. It is
323 possible that fatigue and lapse of attention influenced our results because the declines were observed

324 in all stimulation conditions (Williams et al., 2005; Langner et al., 2010). Third, we did not use an
 325 MRI-based neuronavigation system to identify the location of the PMd. Similar to most previous
 326 studies, we defined the location of the PMd based on the motor hotspot within the M1 (Schlaghecken
 327 et al., 2003; Mochizuki et al., 2005; Gangitano et al., 2008).

328 **5 Conclusion**

329 Single tSMS over the unilateral or bilateral MAC did not affect performance of RT tasks, whereas
 330 triple tSMS over the bilateral MAC but not over the unilateral MAC increased variability of CRT.
 331 These results suggest that RT task performance can be modulated using triple tSMS.

332 **6 Conflict of Interest**

333 The authors declare that the research was conducted in the absence of any commercial or financial
 334 relationships that could be construed as a potential conflict of interest.

335 **7 Author Contributions**

336 TM (Takuya Matsumoto): Investigation, Formal analysis, Writing – Original draft, Visualization.,
 337 Funding acquisition. TW: Methodology, Software, Writing – Review and Editing, Funding
 338 acquisition, Supervision. KI: Investigation, Data Curation, Resources, Writing – Review and Editing.
 339 TH: Investigation, Resources, Funding acquisition, Writing – Review and Editing. SS: Software,
 340 Writing – Review and Editing, Visualization, Funding acquisition. HK (Hiroshi Kurumadani):
 341 Writing – Review and Editing. TS: Writing – Review and Editing, Supervision. TM (Tatsuya Mima):
 342 Writing – Review and Editing, Supervision, Project administration, Funding acquisition. HK (Hikari
 343 Kirimoto): Conceptualization, Methodology, Writing – Review and Editing, Funding acquisition,
 344 Supervision.

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564

565

566 **Table 1.** Participants' judgements on the stimulation conditions of single tSMS

		Actual stimulated conditions			
		Sham	Unilateral	Bilateral	Total
Participant's judgements	Real	1	4	4	9
	Sham	3	0	0	3
	Cannot say	14	14	14	42
	Total	18	18	18	54

567

568 **Table 2.** Participants' judgements on the stimulation conditions of triple tSMS

		Actual stimulated conditions			
		Sham	Unilateral	Bilateral	Total
Participant's judgements	Real	7	5	5	17
	Sham	2	4	4	10
	Cannot say	6	6	6	18
	Total	15	15	15	45

569

570 Figure captions

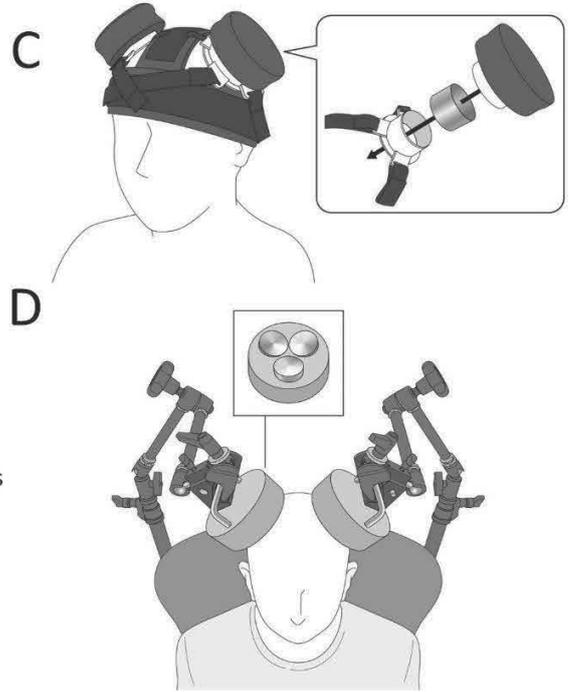
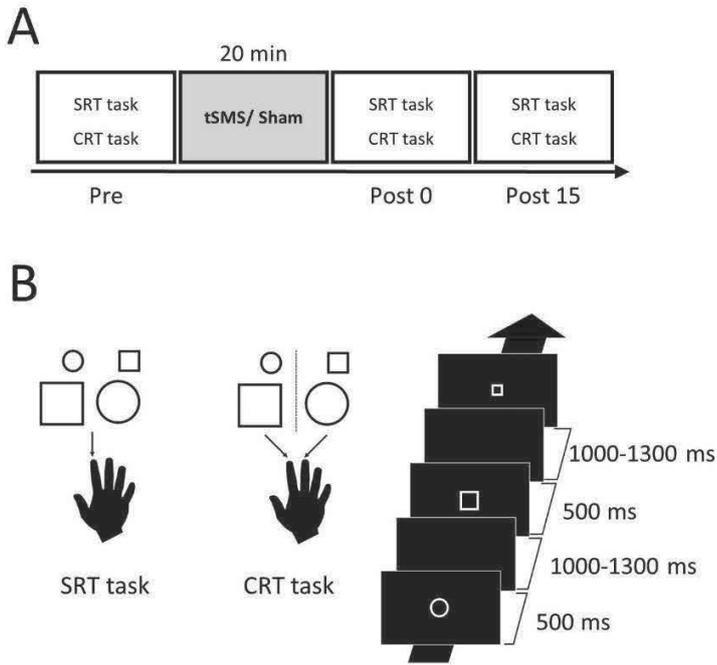
571 **Figure 1** Single and triple tSMS setup and experimental protocol. (A) Participants performed SRT
 572 and CRT tasks before (Pre), immediately after (Post 0), and 15 min after (Post 15) tSMS or sham for
 573 20 min. (B) In the SRT task, participants pressed a button with their right index finger in response to
 574 all the figures. In the CRT task, participants pressed a button with their right index finger in response
 575 to a small circle or large square and pressed a button with their right middle finger in response to a
 576 large circle or small square. The visual stimuli were displayed for 500 ms with an interstimulus
 577 interval of 1000-1300 ms. (C) In Experiment 1, a magnet and a non-magnetic stainless-steel cylinder
 578 (sham) were placed on the MAC using the custom headgear. This image is adapted from a previous
 579 study under Creative Commons Attribution (CC BY) license (Chen et al, 2021). (D) In Experiment 2,
 580 triple tSMS (or sham) was held using an arm type lighting stand. Abbreviations: CRT = choice
 581 reaction time; MAC = motor association cortex; SRT = simple reaction time; tSMS = transcranial
 582 static magnetic stimulation.

583 **Figure 2** Serial changes in the average of RT, SD, and accuracy before (Pre), immediately after (Post
 584 0), and 15 min (Post 15) after single tSMS/Sham. Single tSMS did not affect the performance of SRT
 585 or CRT tasks. Black, red, and blue lines indicate results from Sham, Unilateral, and Bilateral
 586 stimulation, respectively. Note that data at Post 0 and Post 15 were normalized to that at baseline
 587 (Pre). Abbreviations: CRT = choice reaction time; SD = standard deviation; SRT = simple reaction
 588 time.

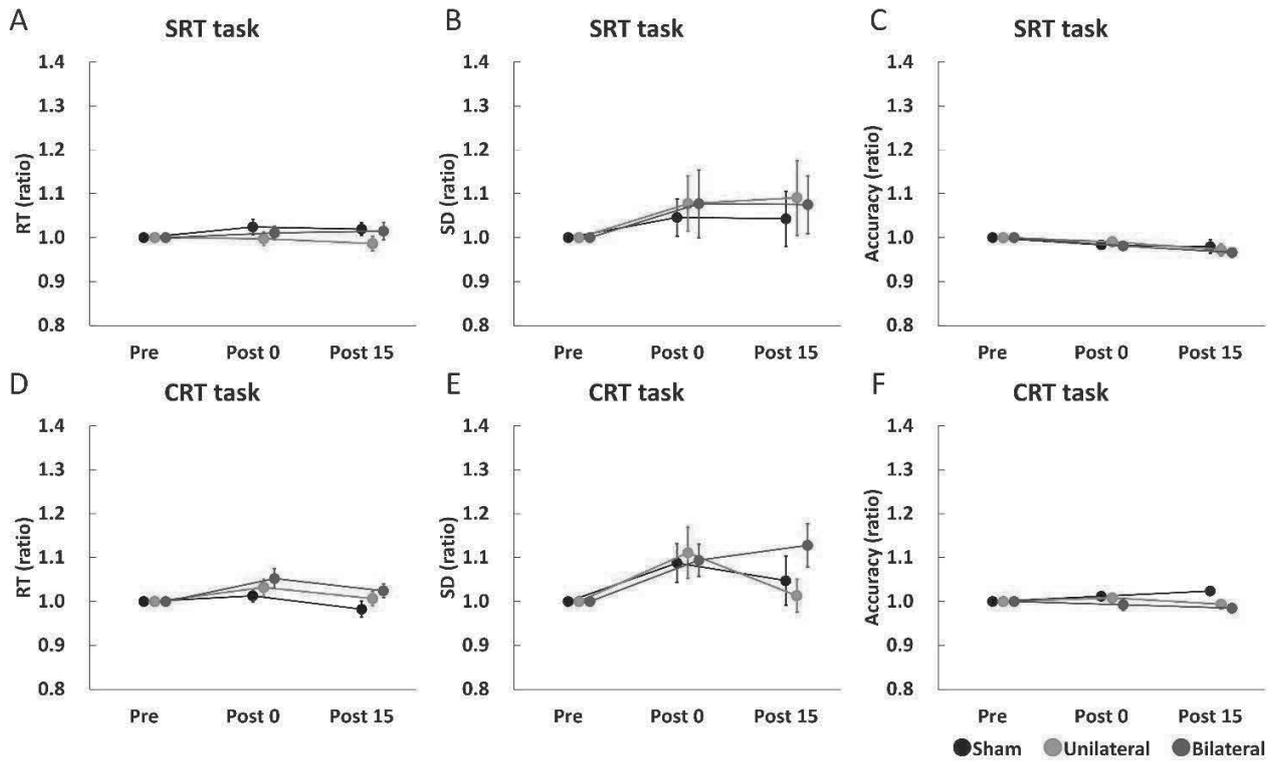
589 **Figure 3** Serial changes in the average of RT, SD, and accuracy before (Pre), immediately after (Post
 590 0), and 15 min (Post 15) after triple tSMS/Sham. SD of CRT was significantly larger at Post 0 as
 591 compared to Pre when triple tSMS was applied to the bilateral MAC (Figure 3E). Black, red, and
 592 blue lines indicate results from Sham, Unilateral, and Bilateral stimulation, respectively. Note that
 593 data at Post 0 and Post 15 were normalized to that at baseline (Pre). * $p = 0.01$. Abbreviations: CRT
 594 = choice reaction time; MAC = motor association cortex; RT = reaction time; SD = standard
 595 deviation; SRT = simple reaction time; tSMS = transcranial static magnetic stimulation.

596 **Figure 4** Simulated magnetic field by single and triple tSMS over the MAC. (A) Single tSMS. (B)
 597 Triple tSMS. Distribution of the magnetic field on the cortical surface is presented in the middle
 598 column. Distribution of the magnetic field on the brain slice is presented in the right column. (C)
 599 With single tSMS (left), the strength of magnetic field ranged from 80 to 98 mT, and its distribution
 600 was centered around the PMd (80-100 mT) with some reaching the M1 and anterior part of the PM
 601 (<80 mT). With triple tSMS (middle and right), the strength of magnetic field ranged from 100 to
 602 160 mT, and its distribution was centered around the PMd and M1 (>100 mT) with some reaching
 603 the SMA, PFC, and sensorimotor cortices. Abbreviations: MAC = motor association cortex; M1 =
 604 primary motor cortex; PFC = prefrontal cortex; PMd = dorsal premotor cortex; SMA =
 605 supplementary motor area; tSMS = transcranial static magnetic stimulation.
 606

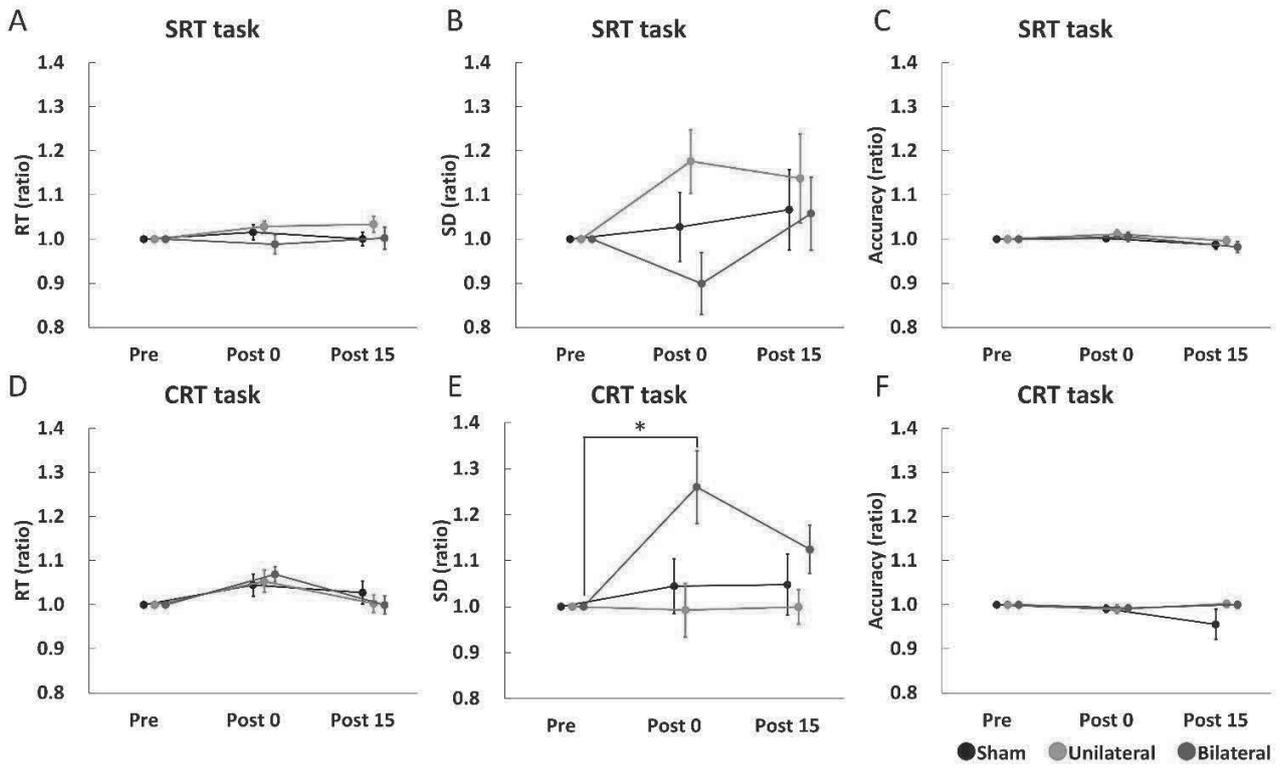
607 Figures



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609 Figure 1
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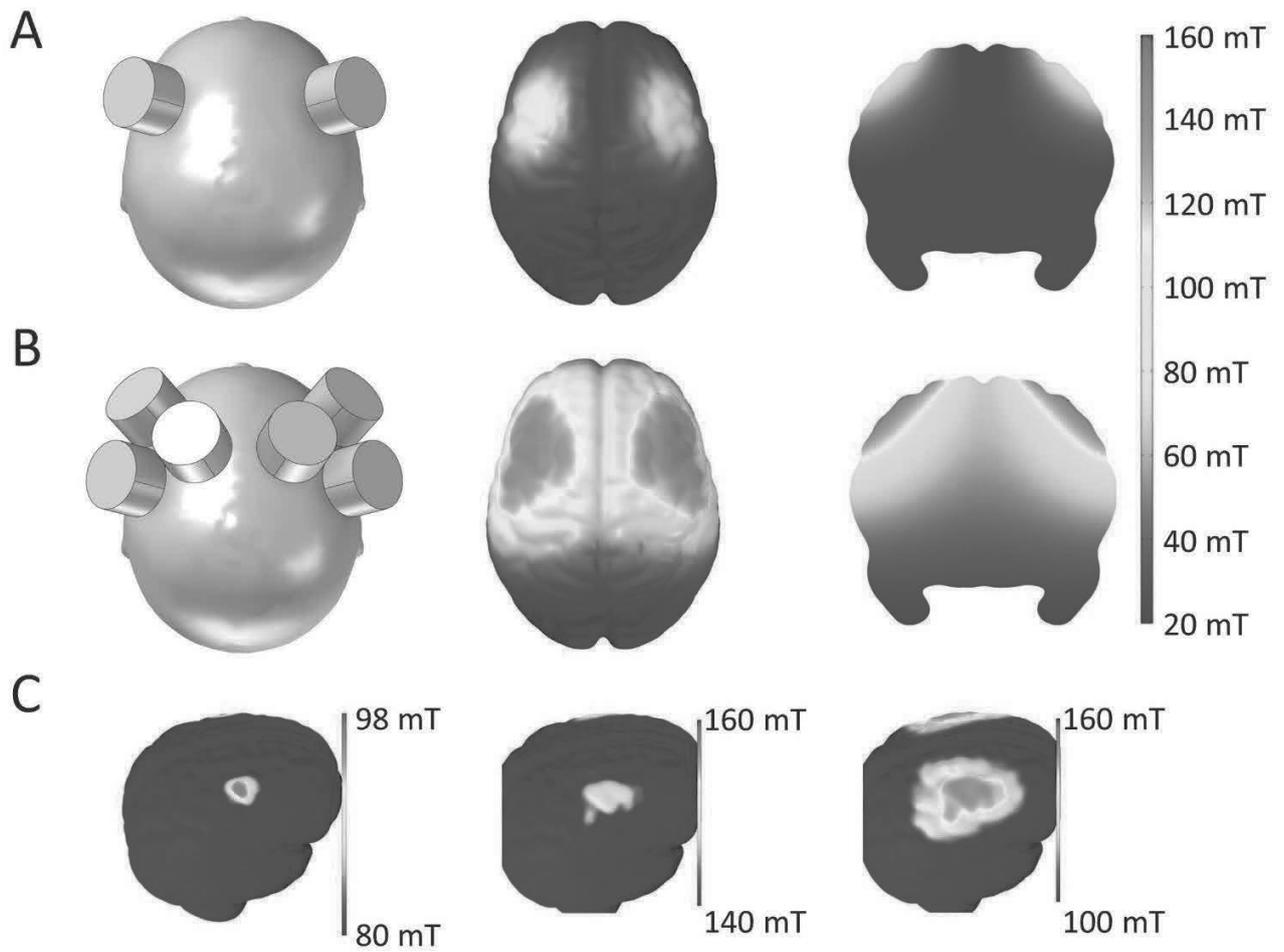


611
612 Figure 2
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614
615 Figure 3
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tSMS over motor association cortex



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618 Figure 4