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3 **1 Neutralizing type I interferon autoantibodies in Japanese patients with severe COVID-19**  
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10 **Authors**  
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12 Shohei Eto<sup>1,\*</sup>, Yoko Nukui<sup>2,3,\*</sup>, Miyuki Tsumura<sup>1</sup>, Yu Nakagama<sup>4</sup>, Kenichi Kashimada<sup>5</sup>, Yoko

13 Mizoguchi<sup>1</sup>, Takanori Utsumi<sup>1</sup>, Maki Taniguchi<sup>1</sup>, Fumiaki Sakura<sup>1</sup>, Kosuke Noma<sup>1</sup>, Yusuke Yoshida<sup>6</sup>,

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18  
19 Shinichiro Ohshimo<sup>7</sup>, Shintaro Nagashima<sup>8</sup>, Keisuke Okamoto<sup>5</sup>, Akifumi Endo<sup>9</sup>, Kohsuke Imai<sup>10</sup>,

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7 Hirokazu Kanegane<sup>11</sup>, Hidenori Ohnishi<sup>12</sup>, Shintaro Hirata<sup>6</sup>, Eiji Sugiyama<sup>13</sup>, Nobuaki Shime<sup>7</sup>, Masanori

8 Ito<sup>14</sup>, Hiroki Ohge<sup>15</sup>, Yasutoshi Kido<sup>4</sup>, Paul Bastard<sup>16-18</sup>, Jean-Laurent Casanova<sup>16-19</sup>, Osamu Ohara<sup>20</sup>,

9 Junko Tanaka<sup>8</sup>, Tomohiro Morio<sup>5</sup>, Satoshi Okada<sup>1</sup>

10  
11 **Institutions**

12 <sup>1</sup>Department of Pediatrics, Hiroshima University Graduate School of Biomedical and Health Science,  
13 Hiroshima, Japan.

14 <sup>2</sup>Department of Infection Control and Prevention, Tokyo Medical and Dental University Hospital, Tokyo,  
15 Japan.

16 <sup>3</sup>Department of Infection Control and Laboratory Medicine, Kyoto Prefectural University of Medicine,  
17 Kyoto, Japan.

18 <sup>4</sup>Department of Parasitology, Graduate School of Medicine, Osaka City University, Osaka, Japan.

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- 19 <sup>5</sup>Department of Pediatrics and Developmental Biology, Graduate School of Medical and Dental Sciences,  
Tokyo Medical and Dental University, Tokyo, Japan.
- 20  
21 <sup>6</sup>Department of Clinical Immunology and Rheumatology, Hiroshima University Hospital, Hiroshima, Japan.
- 22 <sup>7</sup>Department of Emergency and Critical Care Medicine, Hiroshima University Graduate School of  
23 Biomedical and Health Science, Hiroshima, Japan.
- 24 <sup>8</sup>Department of Epidemiology, Infectious Disease Control and Prevention, Hiroshima University Graduate  
25 School of Biomedical and Health Sciences, Hiroshima, Japan.
- 26 <sup>9</sup>Clinical Research Center, Tokyo Medical and Dental University Hospital, Tokyo, Japan.
- 27  
28 <sup>10</sup>Department of Community Pediatrics, Perinatal and Maternal Medicine, Graduate School of Medical and  
29 Dental Sciences, Tokyo Medical and Dental University, Tokyo, Japan.
- 30  
31 <sup>11</sup>Department of Child Health and Development, Tokyo Medical and Dental University, Tokyo, Japan.
- 32 <sup>12</sup>Department of Pediatrics, Gifu University Graduate School of Medicine, Gifu, Japan.
- 33  
34 <sup>13</sup>Emeritus Professor of Hiroshima University, Hiroshima, Japan.
- 35 <sup>14</sup>Department of General Internal Medicine, Hiroshima University Hospital, Hiroshima, Japan.
- 36  
37 <sup>15</sup>Department of Infectious Diseases, Hiroshima University Hospital, Hiroshima, Japan.
- 38  
39 <sup>16</sup>Laboratory of Human Genetics of Infectious Diseases, Necker Branch, INSERM U1163, Necker Hospital  
40 for Sick Children, Paris, France.
- 41  
42 <sup>17</sup>University of Paris, Imagine Institute, Paris, France.

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37 <sup>18</sup>St. Giles Laboratory of Human Genetics of Infectious Diseases, Rockefeller Branch, The Rockefeller

38 University, New York, NY, USA.

39 <sup>19</sup>Howard Hughes Medical Institute, New York, NY, USA.

40 <sup>20</sup>Department of Applied Genomics, Kazusa DNA Research Institute, Chiba, Japan.

41 @ These authors contributed equally to this work

42

43 **Corresponding Author**

44 Satoshi Okada, MD, PhD

45 Department of Pediatrics, Hiroshima University Graduate School of Biomedical & Health Sciences

46 1-2-3 Kasumi, Minami-Ku, Hiroshima-Shi, Hiroshima, 734-8551, Japan

47 Tel: +81-82-257-5212

48 Fax: +81-82-257-5214

49 E-mail: sokada@hiroshima-u.ac.jp

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3 **52 Abstract**  
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6 **53 Purpose**  
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10 **54** Autoantibodies (aAbs) to type I interferons (IFNs) have been found in less than 1% of individuals under  
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12 **55** the age of 60 in the general population, with the prevalence increasing among those over 65. Neutralizing  
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14 **56** autoantibodies (naAbs) to type I IFNs have been found in at least 15% of patients with life-threatening  
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16 **57** COVID-19 pneumonia in several cohorts of primarily European descent. We aimed to evaluate the  
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18 **58** prevalence of aAbs and naAbs to IFN- $\alpha$ 2 or IFN- $\omega$  in Japanese patients who suffered from COVID-19 as  
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22 **59** well as in the general population.  
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28 **60 Methods**  
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32 **61** Patients who suffered from COVID-19 (n=622, aged 0–104) and an uninfected healthy control population  
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34 **62** (n=3,456, aged 20–91) were enrolled in this study. The severities of the COVID-19 patients were: critical  
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36 **63** (n=170), severe (n=235), moderate (n=112), and mild (n=105). ELISA and ISRE reporter assays were used  
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38 **64** to detect aAbs and naAbs to IFN- $\alpha$ 2 and IFN- $\omega$  using E. coli-produced IFNs.  
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44 **65 Results**  
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48 **66** In an uninfected general Japanese population aged 20–91, aAbs to IFNs were detected in 0.087% of  
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50 **67** individuals. By contrast, naAbs to type I IFNs (IFN- $\alpha$ 2 and/or IFN- $\omega$ , 100 pg/mL) were detected in 10.6%  
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52 **68** of patients with critical infections, 2.6% of patients with severe infections, and 1% of patients with mild  
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54 **69** infections. The presence of naAbs to IFNs was significantly associated with critical disease (P=0.0012),  
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3 70 Age over 50 (P=0.0002) and male sex (P=0.137). A significant but not strong correlation between aAbs and  
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6 71 naAbs to IFN- $\alpha$ 2 existed (r=-0.307, p-value <0.0001) reinforced the importance of measuring naAbs in  
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9 72 COVID-19 patients, including those of Japanese ancestry.  
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12 73 **Conclusion**

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16 74 In this study, we revealed that patients with pre-existing naAbs have a much higher risk of life-threatening  
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19 75 COVID-19 pneumonia in Japanese population.  
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25 77 **Key words:** COVID-19, Antibodies to type I IFNs, IFN- $\alpha$ 2, IFN- $\omega$ , Neutralization assay, IFN- $\alpha$ 2  
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## 80 **Introduction**

81       Coronavirus disease 2019 (COVID-19) is an infectious disease caused by severe acute respiratory  
82       syndrome coronavirus 2 (SARS-CoV-2). The clinical spectrum of COVID-19 varies in severity:  
83       approximately 80% of cases are asymptomatic or presenting mild to moderate (nonhypoxemic pneumonia)  
84       disease while 20% of cases develop severe pneumonia (15%) or critical pneumonia (5%) (1). As this virus  
85       is highly contagious and virulent, health care systems globally faced a crisis. Therefore, establishing a rapid  
86       examination system to identify the patients who are at high risk of life-threatening COVID-19 disease are  
87       desired.

88       To date, age of the patient remains the strongest epidemiological risk factor for life-threatening COVID-  
89       19, especially among patients over 65 years old (2-5). By contrast, other variable factors, such as male sex,  
90       cardiovascular disease, chronic obstructive pulmonary disease, chronic pulmonary disease, obesity,  
91       type 2 diabetes mellitus, and smoking are modestly associated with COVID-19 aggravation (6-8).  
92       However, there is inter-individual variability among severe cases of COVID-19 and some patients  
93       developed severe COVID-19 disease in the absence of these risk factors. Patients with inherited  
94       impairments to the innate immune system displayed rapid viral replication early in the infection followed  
95       by excessive inflammatory cytokine production that exacerbated the disease (9-14). Indeed, genetic  
96       abnormalities in TLR3, IRF7, and TLR7 that affect type I interferon (IFN) signaling have been reported in  
97       severe COVID-19 (15, 16). On the other hand, neutralizing autoantibodies (naAbs) to type I IFNs have also  
98       been identified as risk factors for life-threatening COVID-19. These naAbs predate the infection and

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3 99 represent a serious risk factor in COVID-19 aggravation. The naAbs to type I IFNs have also been  
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6 100 associated with life-threatening adverse reactions to yellow fever vaccine (YFV) (17). Bastard et al.  
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9 101 reported that 10.2% of patients with life-threatening COVID-19 pneumonia had naAbs to type I IFNs,  
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12 102 compared to 0.33% of healthy individuals and 0% of patients with asymptomatic/mild disease (18). Further,  
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15 103 20% of patients with critical COVID-19 over the age of 80 years and deceased patients of all ages had  
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18 104 naAbs to type I IFNs (19). Importantly, the clinical impact of these naAbs is not apparent until infection  
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22 105 with SARS-CoV-2, which makes it difficult to predict the risk of severe COVID-19 disease due to naAbs  
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25 106 to type I IFNs.

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28 107 These previous studies suggest that approximately 5% of younger patients have a risk of aggravation  
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31 108 due to genetic abnormalities associated with type I IFNs while approximately 20% of older patients have a  
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34 109 risk of aggravation due to naAbs to type I IFNs. While these observation have been supported by subsequent  
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37 110 studies (20-26), further analysis are needed to clarify the pathophysiology of life-threatening COVID-19  
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40 111 pneumonia in individual ethnic groups that have similar genetic background and lifestyles for precise  
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43 112 characterization of the role of antibodies to type I IFNs in COVID-19 aggravation.

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47 113 Our current study aimed to determine the prevalence of neutralizing autoantibodies to type I IFNs in  
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50 114 Japanese COVID-19 patients and their contribution to severe COVID-19 disease. In addition, we studied  
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53 115 the prevalence of aAbs in the uninfected Japanese population to clarify the differences of the prevalence  
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56 116 among ethnic groups.  
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3 1174 118 **Materials and methods**5  
6 119 **COVID-19 patients and individuals in the general population subjected to analysis**

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9 120 We conducted the study at Hiroshima University Hospital, Tokyo Medical and Dental University  
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12 121 Medical Hospital, and Osaka City University Hospital. We enrolled 622 COVID-19 patients admitted to  
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15 122 our institutes as well as 3,456 individuals from the general population which included 1,000 previously  
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18 123 reported individuals (19) (Fig. 1A, B, Table 1). The details of the patients and the general population are  
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22 124 described in the Supplemental materials and methods.

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25 125 We assessed the severity of COVID-19 based on the Diagnosis and Treatment Protocol for Novel  
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28 126 Coronavirus Pneumonia described previously (18). “Critical” included patients who required mechanical  
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31 127 ventilation (including intubation, high flow nasal cannula, continuous positive airway pressure and bilevel  
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34 128 positive airway pressure, etc.), septic shock, any other organ failure and/or use of ECMO in the intensive  
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37 129 care unit. “Severe” were defined as patients required oxygen therapy  $< 6$  L/min because of pneumonia. The  
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40 130 patients with mild pneumonia but no requirement for oxygen therapy were classified into “Moderate”.  
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43 131 “Mild” were defined as patients with some mild symptoms without pneumonia.

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50 133 **Neutralization assay of autoantibodies (aAbs) to type I IFNs**

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53 134 We performed luciferase reporter assays as described previously (18). The detailed method of  
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57 135 neutralization assay is described in the Supplemental materials and methods.

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56 137 **Measurement of aAbs to type I IFNs and IFN- $\alpha$ 2 concentration**7  
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9 138 The details of ELISA and ProQuantum<sup>TM</sup> Immunoassay are described in the Supplemental materials  
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19 141 **Statistical analysis**20  
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22 142 The detailed method of statistical analysis is described in the Supplemental materials and methods.  
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28 144 **Results**29  
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31 145 ***The frequency of aAbs to type I IFNs was high in patients with critical COVID-19***32  
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35 146 We first measured aAbs to type I IFNs by ELISA in 622 Japanese COVID-19 patients aged 0–104 years,  
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38 147 including 170 critical, 235 severe, 112 moderate, 105 mild cases. We detected aAbs to IFN- $\alpha$ 2 or IFN- $\omega$  at  
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41 148 the following frequencies: 5.9% critical cases, 1.7% severe cases, 0.9% moderate cases, 3.8% mild case  
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44 149 (Fig. 1C, Table 2). In detail, 4.7% (95% CI: 2.4-9.0) of patients with critical disease had aAbs to IFN- $\alpha$ 2,  
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47 150 3.5% (95% CI: 1.6-7.5) to IFN- $\omega$ , and 2.4% (95% CI: 0.9-5.9) to both IFN- $\alpha$ 2 and IFN- $\omega$  (Table2). Among  
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51 151 patients who had IFN- $\alpha$ 2 or IFN- $\omega$  aAbs, there were several patients who had isolated aAb solely to IFN-  
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54 152  $\alpha$ 2 or IFN- $\omega$  (Table S2). The aAbs to IFN- $\alpha$ 2 or IFN- $\omega$  were also detected in 3.8% of patients with mild  
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57 153 disease and 0.9% of those with moderate disease. Unlike patients with critical COVID-19, none of the  
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3 154 patients with mild to severe disease had aAbs to both interferon subtypes (Table 2). Among patients over  
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6 155 50 years old, 3.6% (95% CI: 2.2-5.7) had aAbs to IFN- $\alpha$ 2 or IFN- $\omega$ , while 1.7% (95% CI: 0.6-4.9) of  
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9 156 patients younger than 50 years had these aAbs (Table 2). Overall, these aAbs to type I IFNs were detected  
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12 157 more frequently in patients with critical disease and patients over 50 years old. However, isolated aAbs to  
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15 158 IFN- $\alpha$ 2 or IFN- $\omega$  was also detected in some of the patients with mild or moderate disease in the current  
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19 159 study.

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25 161 ***naAbs to type I IFNs were frequently detected in patients with critical COVID-19***

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28 162 aAbs which react with type I IFNs were detected by ELISA, however, their neutralizing activity could  
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32 163 not be assessed by ELISA. We thus measured neutralizing activity against type I IFNs using the ISRE  
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35 164 reporter assay in sera from 622 patients with COVID-19 (19). Sera were considered to have neutralizing  
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38 165 activity if the induction of ISRE activity, which was normalized to Renilla luciferase activity, was less than  
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41 166 15% of the median values of healthy controls (19). These data are summarized in Tables 3 and Table S3.  
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44 167 Strongly neutralizing naAbs, capable of neutralizing 10 ng/mL of IFN- $\alpha$ 2 or IFN- $\omega$ , were found in 5.9% of  
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47 168 critical cases, 2.1% of severe cases, 0.9% of moderate cases and 0% of mild cases (Fig. 2A, Table 3). In  
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51 169 patients with critical disease, antibody prevalence was as follows: 5.9% (95% CI: 3.2-10.5) had naAbs to  
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54 170 IFN- $\alpha$ 2, 4.1% (95% CI: 2.0-8.3) to IFN- $\omega$ , and 4.1% (95% CI: 2.0-8.3) to both IFN- $\alpha$ 2 and IFN- $\omega$  (Table3).  
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57 171 On the other hand, less than 1% of patients with mild to moderate disease had naAbs to type I IFNs (Table  
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3 172 3). Among patients over 50 years old, 3.6% (95% CI: 2.2-5.7) had naAbs to IFN- $\alpha$ 2, 2.2% (95% CI: 1.2-  
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6 173 4.1) to IFN- $\omega$ , 2.2% (95% CI: 1.2-4.1) to both IFN- $\alpha$ 2 and IFN- $\omega$ , and 3.6% (95% CI: 2.2-5.7) to IFN- $\alpha$ 2  
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9 174 or IFN- $\omega$  (Table3). By contrast, none of the patients younger than 50 years old had naAbs to type I IFNs  
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12 175 (Table 3). These results are summarized according to disease severity in Figure 2B. All patients having  
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16 176 neutralizing activity against IFN- $\omega$  had neutralizing activity against IFN- $\alpha$ 2. Of note, in contrast to the  
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19 177 prevalence of aAb (TableS2), no patients had isolated naAbs to IFN- $\omega$  (TableS3, FigureS1).

22 178 Next, we analyzed serum neutralizing activity under more sensitive conditions by stimulating cells at  
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25 179 lower concentrations (100 pg/mL) of IFN- $\alpha$ 2 or IFN- $\omega$ . Under this condition, consistent with previous  
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28 180 reports (19), the prevalence of naAbs was observed in 10.6% of critical cases, 2.6% of severe cases, 0.9%  
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32 181 of moderate cases and 1.0% of mild cases (Fig. 3A, Table 3, Table S3). In detail, 7.1% (95% CI: 4.1–11.9)  
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35 182 of critical cases had naAbs to IFN- $\alpha$ 2, 10.0% (95% CI: 6.3–15.4) to IFN- $\omega$ , and 6.5% (95% CI: 3.7–11.2)  
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38 183 to both IFN- $\alpha$ 2 and IFN- $\omega$  (Table3). Only 1% or less of the patients with mild to moderate disease had these  
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41 184 naAbs to IFN- $\alpha$ 2 or IFN- $\omega$  (Table 3). Among patients over 50 years old, 4.5% (95% CI: 2.9-6.8) had naAbs  
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44 185 to IFN- $\alpha$ 2, 4.7% (95% CI: 3.1-7.1) of them to IFN- $\omega$ , 3.4% (95% CI: 2.0-5.5) to both IFN- $\alpha$ 2 and IFN- $\omega$ ,  
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47 186 and 5.8% (95% CI: 4.0-8.4%) to IFN- $\alpha$ 2 or IFN- $\omega$ . By contrast, none of the patients younger than 50 years  
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51 187 old had naAbs to IFN- $\alpha$ 2 or IFN- $\omega$  (Table 3).

54 188 Using this more sensitive condition, the percentage of the patients with naAbs to IFNs was higher than  
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57 189 in the condition with 10ng/ml (Table3). We detected naAbs against IFN- $\alpha$ 2 in an additional 4 patients at the  
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3 190 100pg/ml condition compared to the 10ng/ml condition. Among these 4 patients, 3 had critical/severe  
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6 191 disease, and 1 patient had mild disease (Fig. 4A, Fig. S3). Regarding naAbs to IFN- $\omega$ , an additional 11  
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9 192 patients showed neutralizing activity only against 100 pg/mL. All 11 patients had critical/severe disease  
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12 193 (Fig. 4B, S4). It is known that the concentration of type I IFNs in the blood of patients with acute and  
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15 194 benign SARS-CoV-2 infections ranges from 1 to 100 pg/mL (13, 27). Moreover, it has been experimentally  
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18 195 proven that 100 pg/mL of type I IFNs can impair SARS-CoV-2 replication in epithelial cells.(19) Therefore,  
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21 196 a neutralization assay using 100 pg/mL of type I IFNs, which reflects physiological conditions, detected  
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24 197 naAbs more precisely than the assay using 10 ng/mL, especially naAbs to IFN- $\omega$ .

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28 198 The prevalence of naAbs by sex was 5.5% at 100 pg/mL and 3.4% at 10 ng/mL for males and 1.1% at  
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31 199 100 pg/mL and 0.5% at 10 ng/mL for females (Table S4, Fig. S5). NaAbs to IFNs were significantly  
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34 200 associated with critical disease (P=0.0152 at 10ng/ml, P=0.0012 at 100pg/ml) compared to mild disease,  
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37 201 age over 50 (P=0.0085, P=0.0002) and male sex (P=0.0488, P=0.137) (Table 4). COVID-19 aggravation  
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40 202 was strongly associated with naAbs among critical patients using both assay conditions (At 10 ng/mL, IFN-  
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43 203  $\alpha$ 2 and IFN- $\omega$  odds ratio (OR) = 9.3, IFN- $\alpha$ 2 or IFN- $\omega$  OR =13.5. At 100 pg/mL, IFN- $\alpha$ 2 and IFN- $\omega$  OR =  
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46 204 14.9, IFN- $\alpha$ 2 or IFN- $\omega$  OR =12.7.) (Figure 2C and 3C). These data are consistent with previous reports that  
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49 205 identified a high prevalence, 10.2-18% in patients with critical disease, of naAbs to type I IFNs (table S5)  
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3 208 ***Comparison of the results of the neutralization assay and ELISA.***  
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6 209 While the IFN neutralization assay is the gold standard in assessing the biological effect of aAbs and the  
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9 210 ISRE reporter assay is a sensitive method, it is time-consuming. On the other hand, ELISA is more high-  
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12 211 throughput with faster turnaround times. We thus compared the results of neutralizing activity against type  
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15 212 I IFNs measured by the ISRE reporter assay with the results of aAbs to type I IFNs measured by ELISA.  
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18 213 When the presence of naAbs to IFN- $\alpha$ 2 was predicted by the results of aAbs to IFN- $\alpha$ 2, the sensitivity was  
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21 214 50%, the specificity was 99.3%, the positive predictive value (PPV) was 66.7%, the negative predictive  
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24 215 value (NPV) was 98.7% at 10 ng/mL (Fig. 4C), and these two detection methods had a weak negative  
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27 216 correlation (a correlation coefficient -0.307 (95% CI: -0.376~-0.234, P value <0.0001)). For the 100 pg/mL  
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30 217 condition, the sensitivity was 40%, the specificity was 99.3% (PPV of 66.7% and NPV of 98.0%), and these  
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33 218 two detection methods had a weak negative correlation (a correlation coefficient -0.199 [95% CI: -0.273~  
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36 219 -0.123, P value <0.0001]) (Fig. 4E). We thus realized that ELISA-based detection of aAbs to IFN- $\alpha$ 2 can  
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39 220 be an alternative method to enable testing of multiple samples, e.g., screening tests for the general  
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42 221 population, and to evaluate antibodies to type I IFNs in sera. In contrast, for IFN- $\omega$ , ELISA failed to  
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45 222 adequately detect the presence of naAbs to IFN- $\omega$ . Indeed, ELISA-based detection of aAbs to IFN- $\omega$   
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48 223 pointed out the presence of naAbs to IFN- $\omega$  (10 ng/mL condition) with a sensitivity of 10% and specificity  
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51 224 of 98.4% (PPV of 9.1% and NPV of 98.5%) (Fig. 4D). Regarding the 100 pg/mL condition, aAbs to IFN-  
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54 225  $\omega$  only indicated naAbs to IFN- $\omega$  with a sensitivity of 9.5% and a specificity of 98.5% (PPV of 18.2% and  
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3 226 NPV of 96.9%) (Fig. 4F).  
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9 228 ***Sera from COVID-19 patients with naAbs to IFN- $\alpha$ 2 show low concentrations of IFN- $\alpha$ 2.***  
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12 229 We analyzed the concentration of IFN- $\alpha$ 2 using 269 samples for which the exact time of specimen  
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15 230 collection could be determined with the ProQuantum™ Human IFN alfa Immunoassay, which is a qPCR-  
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18 231 based technique. The level of IFN- $\alpha$ 2 in sera in patients with naAbs was significantly lower compared to  
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21 232 those without naAbs. The serum IFN- $\alpha$ 2 levels were below detection limit (<4 pg/ml) in all but one 1 patient  
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24 233 with naAbs detected by the high sensitivity condition (Fig. 5A, B). However, there is no correlation  
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27 234 between disease severity and the concentration of IFN- $\alpha$ 2 (P=0.2238). We also compared the level of IFN-  
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30 235  $\alpha$ 2 between the samples collected from onset to day4 and those from day 5 to day 7 after onset. We found  
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33 236 that the concentration of IFN- $\alpha$ 2 were significantly higher in samples from onset to day 4 compared to those  
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36 237 from day 5 to day 7 (P=0.0009) (data not shown). These results are consistent with a previous report (18).  
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42 239 ***Prevalence of aAbs to IFN- $\alpha$ 2 in uninfected individuals from the general Japanese population.***  
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45 240 In order to understand the risk of the general Japanese population to severe COVID-19 and other viral  
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48 241 infections, we sought to determine the prevalence of naAbs to type I IFNs in the Japanese population by  
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51 242 detecting aAbs to IFN- $\alpha$ 2 via ELISA. We studied 3,456 Japanese individuals aged 20-91 years and  
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54 243 unaffected by COVID-19. In this population, 3 individuals had aAbs to IFN- $\alpha$ 2 (0.087% [95% CI: 0.0295-  
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3 244 0.255%) (Fig. 5C). These 3 individuals consisted of an 86-year-old female, a 78-year-old male, and a 42-  
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6 245 year-old male. These data suggest that the prevalence of aAbs, and by inference, that of naAbs, is low in  
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9 246 the healthy general Japanese population.  
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## 16 248 **Discussion**

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19 249 The current study investigated aAbs and naAbs to type I IFNs in 622 patients with COVID-19 before the  
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22 250 Delta variant became predominant. This is the second largest study on the scale of the samples, also the  
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25 251 largest study focusing on a single ethnic group, and the first in Asia. To minimize selection bias, we  
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28 252 collected sera from COVID-19 patients from three geographically different areas (Tokyo, Osaka and  
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31 253 Hiroshima) in Japan. The prevalence of naAbs to type I IFNs was high among patients with critical disease,  
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35 254 elderly patients, and male COVID-19 patients. These observations were consistent with a previous study  
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38 255 (18), providing strong evidence to support the risk of COVID-19 aggravation in individuals with naAbs to  
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41 256 type I IFNs. The modest risk factors that are well known so far are male sex (OR = 1.457) (7),  
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44 257 cardiovascular disease (adjusted risk = 2.6) (6), chronic pulmonary disease (OR = 1.089) (7), diabetes  
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47 258 mellitus with chronic complications (rate ratio = 1.295) (7). Although it is impossible to compare the odds  
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51 259 ratios directly between different cohort studies, the risk of COVID-19 aggravation among individuals with  
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54 260 naAbs to type I IFNs was estimated to be relatively high (100 pg/mL of IFN- $\alpha$ 2 and IFN- $\omega$  OR = 14.9, IFN-  
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57 261  $\alpha$ 2 or IFN- $\omega$  OR = 12.7). A recent review article also described that aAbs to IFN $\alpha$ , IFN $\beta$  and/or IFN $\omega$  are

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3 262 found in about 15-20% of patients with critical COVID-19 pneumonia over 70 years old and regarded aAbs  
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6 263 against IFNs as a major risk factor for critical COVID-19 disease (5). As shown in this study and a previous  
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9 264 study (3, 5, 19), the prevalence of naAbs to type I IFNs increased with age, especially high in the population  
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12 265 over age of 50. This might be one of the reasons why age is the most striking epidemiological risk factor.  
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15 266 Consistent with this, naAbs to type I IFNs are found in 1% or less of patients with mild to moderate COVID-  
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18 267 19. Therefore, although the presence of naAbs to type I IFNs is a strong risk factor for aggravation, not all  
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22 268 patients with these naAbs developed severe or critical COVID19 disease (28).

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25 269 Approximately 1% of the patients with naAbs to IFN- $\alpha$ 2 and  $\omega$  also have naAbs to IFN- $\beta$  (19).  
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28 270 Therefore, IFN- $\beta$  therapy might be effective in severe COVID-19 cases with naAbs to type I IFNs (29-32).  
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31 271 In addition, the removal of naAbs to type I IFNs with plasma exchange may be beneficial in the treatment  
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34 272 of COVID-19 patients (33). Since these treatments may be effective only in the early stage of the infection  
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37 273 (20), establishing rapid test system to evaluate naAbs to type I IFNs are necessary for appropriate  
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41 274 therapeutic interventions. Therefore, we evaluated the utility of a rapid ELISA instead of the ISRE reporter-  
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44 275 based neutralization assay. ELISA data correlated well with neutralization assay for aAbs and naAbs for  
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47 276 IFN- $\alpha$ 2 but not for IFN- $\omega$ . Indeed, a strong association exists between the severity of COVID-19 and the  
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51 277 presence of naAbs to IFN- $\alpha$ 2, whereas the risk of aggravation by naAbs to IFN- $\omega$  alone was not clear (19).  
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54 278 We thus performed a systematic study by ELISA in 3,456 individuals without COVID-19 and found  
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57 279 that 0.087% of this population were positive for aAbs to IFN- $\alpha$ 2. Since the examination of aAbs to IFN- $\alpha$ 2  
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3 280 by ELISA predicted the presence of naAbs to IFN- $\alpha$ 2 with sensitivities of 50% (10 ng/dL condition) and  
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6 281 40% (100 pg/mL condition) as shown in this study, the prevalence of naAbs to IFN- $\alpha$ 2 was assumed to be  
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9 282 0.17–0.22%. This prevalence in the general population in Japan was slightly lower than that in a previous  
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12 283 international study (0.33%) (18). The lower prevalence of naAbs in patients with critical disease in Japan  
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15 284 compared to that in previous international study (10.6% v.s. 13.6%) can be explained by this lower  
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19 285 prevalence of naAbs in general population.  
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22 286 In our study, we also found that some patients with high titer aAbs did not exhibit neutralizing activity  
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25 287 against type I IFNs as reported elsewhere (26). This may be explained by binding of aAbs to non-  
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28 288 neutralizing epitopes. Another explanation is that these aAbs may have neutralizing activity at  
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31 289 concentrations lower than 100 pg/mL of stimulation. We used 10% sera in our neutralization assay, so this  
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35 290 assay using 100 pg/mL of stimulation can detect only naAbs which neutralize 1000 pg/mL of cytokines.  
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38 291 On the other hand, the IFN- $\alpha$ 2 concentrations of most patients in this study were below 100 pg/mL in sera.  
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41 292 Therefore, it is worthwhile to extend this study with neutralization conditions with lower cytokine  
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44 293 concentrations, e.g. 10 pg/mL. Despite these limitations, this study was the first study to characterize the  
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47 294 relationship between naAbs to type I IFNs and COVID-19 aggravation in a Japanese population and the  
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50 295 second largest study on this theme, providing strong evidence to support the contribution of naAbs to type  
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54 296 I IFNs to the risk of COVID-19 aggravation.  
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32 **307 Author information**  
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39 **309**

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10 336 **Conflicts of Interest**  
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12 337 The authors declare no competing interests.  
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19 339 **Availability of data and material**  
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22 340 The datasets generated during and/or analyzed during the current study are available from the corresponding  
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25 341 author on reasonable request.  
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31 343 **Code Availability**  
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34 344 Not applicable.  
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41 346 **Authors' contributions**  
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43  
44 347 Shohei Eto, Miyuki Tsumura and Yoko Mizoguchi performed ELISA experiment, Neutralizing assay and  
45

46  
47 348 measured IFN- $\alpha$ 2 concentration. Shohei Eto prepared the first draft. Shintaro Nagashima and Junko Tanaka  
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49  
50 349 collected samples of general population before the appearance of COVID-19 and revised the draft. Yoko  
51

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352 collected samples of patients with COVID-19 and general population after the appearance of COVID-19  
353 and revised the draft. Paul Bastard, Jean-Laurent Casanova and Osamu Ohara analyzed and interpreted the  
354 data and revised it critically for important intellectual content. Satoshi Okada designed and supervised the  
355 study and approved the final manuscript.

356

357 **Ethics approval**

358 This study was performed in line with the principles of the Declaration of Helsinki. Approval was granted  
359 by the Ethics Committees and Institutional Review Board of Hiroshima University.

360

361 **Consent to participate**

362 Informed consent was obtained from all individual participants included in the study.

363

364 **Consent for publication**

365 Included subjects or their representatives have consented to publication of their data.

366

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463 **Table 1. Characteristics of 622 patients with COVID-19 and 3,456 general population in this study**

Age (years)	622 patients with COVID-19			3,456 general population in this study		
	Total cases [n = 622](%)	Male [n = 439]	Female [n = 183]	Total cases [n = 3,456](%)	Male [n = 1,502]	Female [n = 1,954]
0-9	22 (3.5%)	15	7	-	-	-
10-19	8 (1.3%)	6	2	-	-	-
20-29	31 (5.0%)	18	13	536 (15.5%)	72	464
30-39	45 (7.2%)	28	17	439 (12.7%)	164	275
40-49	69 (11.1%)	52	17	522 (15.1%)	267	255
50-59	127 (20.4%)	104	23	340 (9.8%)	174	166
60-69	112 (18.0%)	79	33	992 (28.7%)	495	497
70-79	144 (23.1%)	103	41	519 (15.0%)	267	252
80-89	51 (8.2%)	27	24	105 (3.0%)	60	45
90-	13 (2.1%)	7	6	3 (0.1%)	3	0
Severity	Total cases [n = 622](%)	Male [n = 439]	Female [n = 183]			
Mild	105 (16.9%)	67	38			
Moderate	112 (18.0%)	68	44			
Severe	235 (37.8%)	166	69			
Critical	170 (27.3%)	138	32			

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484 **Table 2. The prevalence of aAbs to type I IFNs in 622 patients with COVID-19 according to disease**  
 485 **severity or age**

aAbs detected by ELSIA					
Severity	No. of patients	IFN- $\alpha$ 2	IFN- $\omega$	IFN- $\alpha$ 2 and - $\omega$	IFN- $\alpha$ 2 or - $\omega$
Mild	105	1 (1.0%[0.2-5.2])	3 (2.9%[1.0-8.1])	0 (0.0%)	4 (3.8%[1.5-9.4])
Moderate	112	1 (0.9%[0.2-4.9])	0 (0.0%)	0 (0.0%)	1 (0.9%[0.2-4.9])
Severe	235	2 (0.9%[0.2-3.1])	2 (0.9%[0.2-3.1])	0 (0.0%)	4 (1.7%[0.7-4.3])
Critical	170	8 (4.7%[2.4-9.0])	6 (3.5%[1.6-7.5])	4 (2.4%[0.9-5.9])	10 (5.9%[3.2-10.5])
Total	627	12	11	4	19
Age (years)	No. of patients	IFN- $\alpha$ 2	IFN- $\omega$	IFN- $\alpha$ 2 and - $\omega$	IFN- $\alpha$ 2 or - $\omega$
0-49	175	1 (0.6%[0.1-3.2])	2 (1.1%[0.3-4.1])	0 (0.0%)	3 (1.7%[0.6-4.9])
<b>50-</b>	<b>447</b>	<b>11</b> <b>(2.5%[1.4-4.4])</b>	<b>9</b> <b>(2.0%[1.1-3.8])</b>	<b>4</b> <b>(0.9%[0.3-2.3])</b>	<b>16</b> <b>(3.6%[2.2-5.7])</b>
50-59	127	5 (3.9%[1.7-8.9])	4 (3.2%[1.2-7.8])	2 (1.6%[0.4-5.6])	7 (5.5%[2.7-10.9])
60-69	112	1 (0.9%[0.2-4.9])	1 (0.9%[0.2-4.9])	0 (0.0%)	2 (1.8%[0.5-6.3])
70-	208	5 (2.4%[1.0-5.5])	4 (1.9%[0.8-4.8])	2 (1.0%[0.3-3.4])	7 (3.4%[1.6-6.8])

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**Table 3. The prevalence of naAbs to type I IFNs in 622 patients with COVID-19 according to disease severity and age**

naAbs detected by Neutralization assay									
Severity	No. of patients	10 ng/mL				100 pg/mL			
		IFN- $\alpha$ 2	IFN- $\omega$	IFN- $\alpha$ 2 and - $\omega$	IFN- $\alpha$ 2 or - $\omega$	IFN- $\alpha$ 2	IFN- $\omega$	IFN- $\alpha$ 2 and - $\omega$	IFN- $\alpha$ 2 or - $\omega$
Mild	105	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (1.0%[0.2-5.2])	0 (0.0%)	0 (0.0%)	1 (1.0%[0.2-5.2])
Moderate	112	1 (0.9%[0.2-4.9])	1 (0.9%[0.2-4.9])	1 (0.9%[0.2-4.9])	1 (0.9%[0.2-4.9])	1 (0.9%[0.2-4.9])	1 (0.9%[0.2-4.9])	1 (0.9%[0.2-4.9])	1 (0.9%[0.2-4.9])
Severe	235	5 (2.1%[0.9-4.9])	2 (0.9%[0.2-3.0])	2 (0.9%[0.2-3.0])	5 (2.1%[0.9-4.9])	6 (2.6%[1.2-5.5])	3 (1.3%[0.4-3.7])	3 (1.3%[0.4-3.7])	6 (2.6%[1.2-5.5])
Critical	170	10 (5.9%[3.2-10.5])	7 (4.1%[2.0-8.3])	7 (4.1%[2.0-8.3])	10 (5.9%[3.2-10.5])	12 (7.1%[4.1-11.9])	17 (10.0%[6.3-15.4])	11 (6.5%[3.7-11.2])	18 (10.6%[6.8-16.1])
Total	622	6	0	10	16	5	6	15	26
Age (years)	No. of patients	IFN- $\alpha$ 2	IFN- $\omega$	IFN- $\alpha$ 2 and - $\omega$	IFN- $\alpha$ 2 or - $\omega$	IFN- $\alpha$ 2	IFN- $\omega$	IFN- $\alpha$ 2 and - $\omega$	IFN- $\alpha$ 2 or - $\omega$
0-49	175	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
50-	447	16 (3.6%[2.2-5.7])	10 (2.2%[1.2-4.1])	10 (2.2%[1.2-4.1])	16 (3.6%[2.2-5.7])	20 (4.5%[2.9-6.8])	21 (4.7%[3.1-7.1])	15 (3.4%[2.0-5.5])	26 (5.8%[4.0-8.4])
50-59	127	8 (6.3%[3.2-11.9])	6 (4.7%[2.2-9.9])	6 (4.7%[2.2-9.9])	8 (6.3%[3.2-11.9])	8 (6.3%[3.2-11.9])	10 (7.9%[4.3-13.9])	7 (5.5%[2.7-10.9])	11 (8.7%[4.9-14.8])
60-69	112	2 (1.8%[0.5-6.3])	1 (0.9%[0.2-4.9])	1 (0.9%[0.2-4.9])	2 (1.8%[0.5-6.3])	5 (4.5%[1.9-10.0])	5 (4.5%[1.9-10.0])	3 (2.7%[0.9-7.6%])	7 (6.3%[3.1-12.3])
70-	208	6 (2.9%[1.3-6.1])	3 (1.4%[0.5-4.2])	3 (1.4%[0.5-4.2])	6 (2.9%[1.3-6.1])	7 (3.4%[1.6-6.8])	6 (2.9%[1.3-6.1])	5 (2.4%[1.0-5.5])	8 (3.8%[2.0-7.4])

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**Table 4. Comparison of patients with and without naAbs according to disease severity, age and sex**

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naAbs detected by neutralization assay						
	10 ng/mL			100 pg/mL		
Severity	No. of naAb positive	No. of naAb negative	p-value	No. of naAb positive	No. of naAb negative	p-value
Mild	0	105	1 0.3291 0.0152	1	104	1 0.4439 0.0012
Moderate	1	111		1	111	
Severe	5	230		6	229	
Critical	10	160		18	152	
Age (years)	No. of naAb positive	No. of naAb negative	p-value	No. of naAb positive	No. of naAb negative	p-value
0-49	0	175	0.0085	0	175	0.0002
50-	16	431		26	421	
Sex	No. of naAb positive	No. of naAb negative	p-value	No. of naAb positive	No. of naAb negative	p-value
Female	1	182	0.0488	2	181	0.0137
Male	15	424		24	415	

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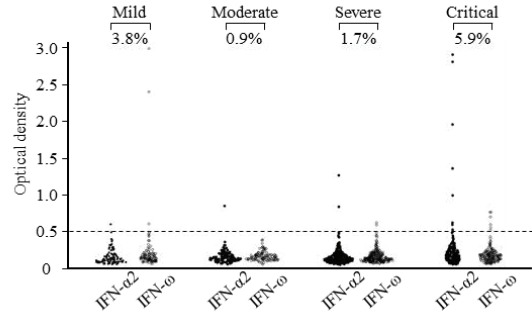
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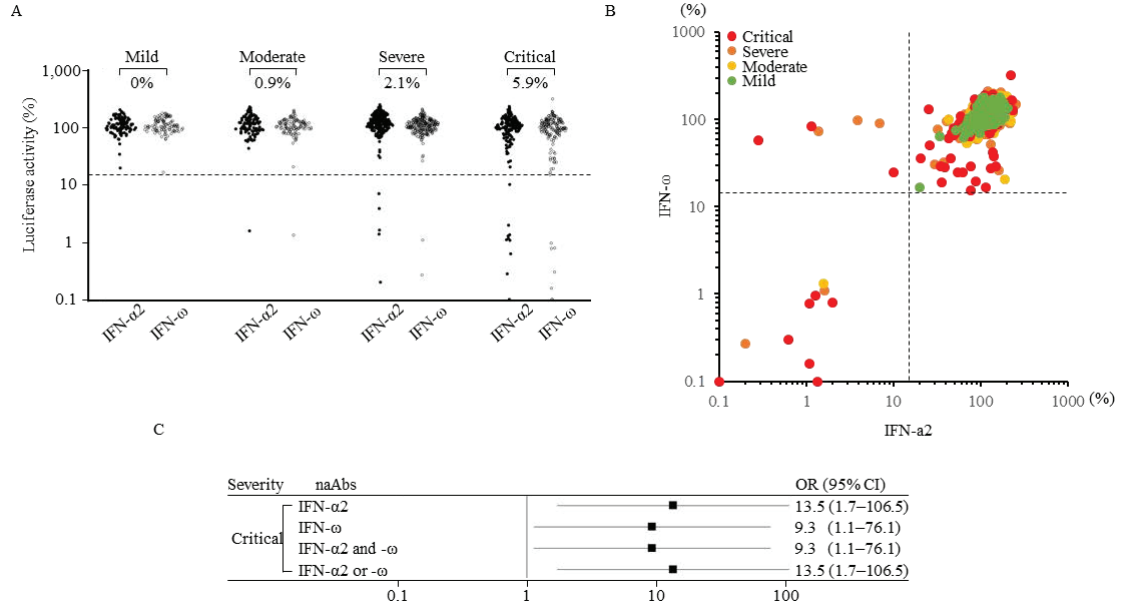
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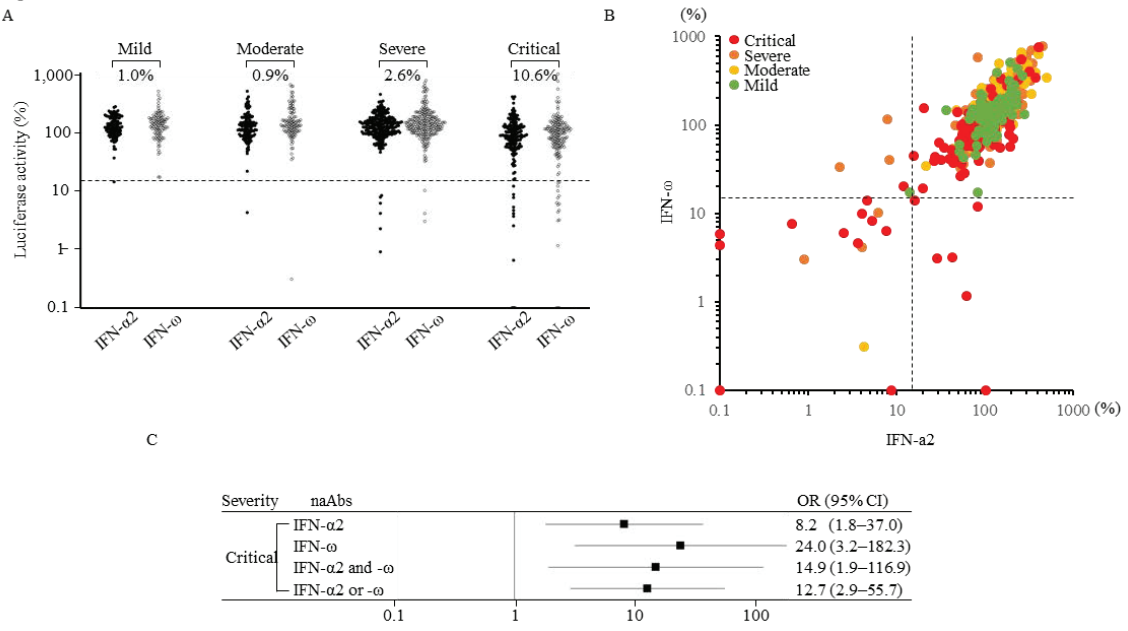
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Fig. 2



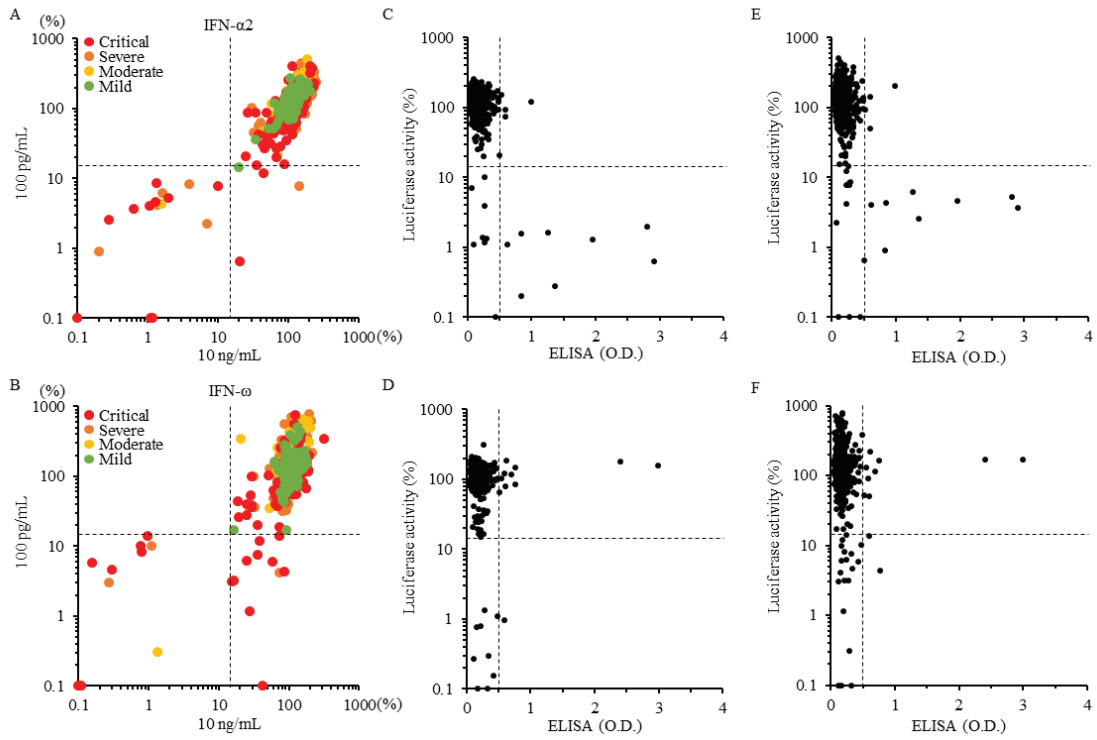
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Fig. 3



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Fig. 4

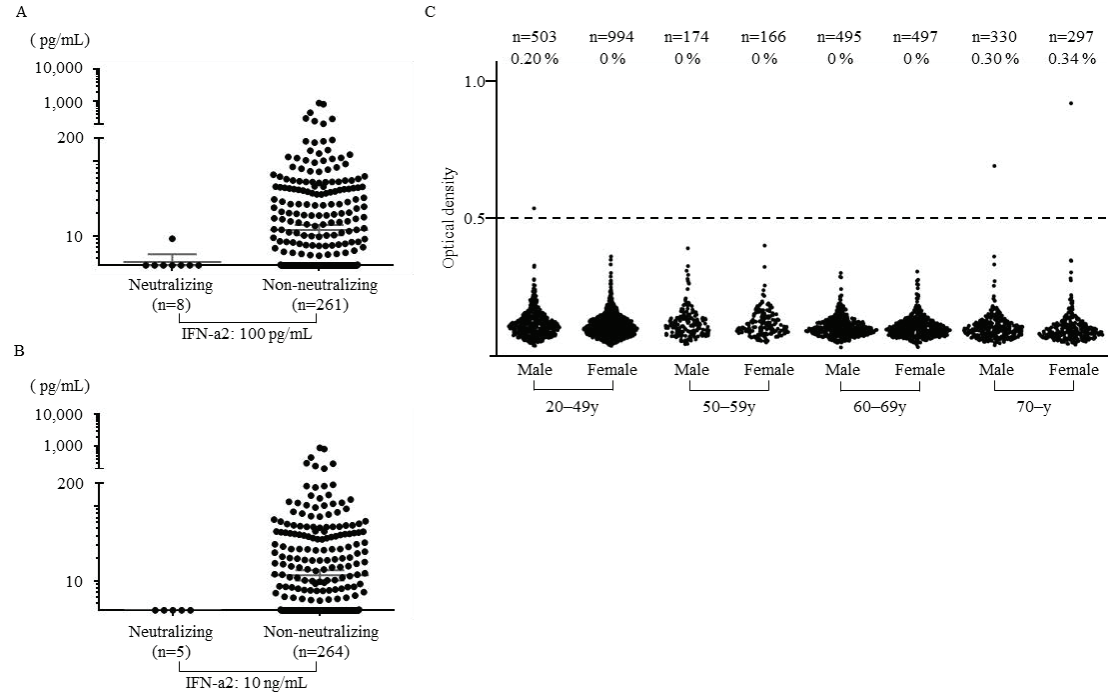


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630 **Figure legends**

631 **Figure 1**

632 Characteristics of 622 patients with COVID-19 and 3,456 individuals from the general population. **A** Age  
633 and sex distribution of patients with COVID-19 (n=622). The median age of the COVID-19 patients was  
634 61 years (IQR: 46-73 years); 70.2% were males, and 29.8% were females. **B** Age and sex distribution of  
635 individuals from the general population (n=3,456). The median age of subjects from the general population  
636 was 56 years (IQR: 37-67 years); 43.5% were males, and 56.5% were females. **C** The prevalence of aAbs  
637 to type I IFNs of patients with COVID-19 according to its severity. aAbs to IFNs were detected by ELISA  
638 in 622 patients with COVID-19 including 170 critical, 235 severe, 112 moderate, and 105 mild infections.  
639 The cutoff value of ELISA was 0.5 (O.D.).

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642 **Figure 2**

643 naAbs to type I IFNs were detected by the neutralization assay in 622 patients with COVID-19 at a cytokine  
644 concentration of 10 ng/mL. **A** Dot plot of the neutralization assay stimulated by 10 ng/mL of type I IFNs.  
645 The samples showing less than 15% of luciferase activity were defined as having neutralization activity.  
646 The prevalence of naAbs was high in patients with critical COVID-19. **B** Neutralizing activity against type  
647 I IFNs was compared between IFN- $\alpha$ 2 and IFN- $\omega$  stimulated by 10 ng/mL. All patients having neutralizing  
648 activity against IFN- $\omega$  had neutralizing activity against IFN- $\alpha$ 2. **C** The odds ratio (OR) associated with  
649 COVID-19 aggravation among patients in critical disease compared to mild/moderate disease.

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652 **Figure 3**

653 naAbs to type I IFNs detected by the neutralization assay in 622 patients with COVID-19 at a cytokine  
654 concentration of 100 pg/mL. **A** Dot plot of the neutralization assay stimulated by 100 pg/mL of type I IFNs.  
655 The samples showing less than 15% of luciferase activity were defined as having neutralization activity.  
656 The prevalence of naAbs was high in patients with critical COVID-19. **B** Neutralizing activity against type  
657 I IFNs was compared between IFN- $\alpha$ 2 and IFN- $\omega$  stimulated by 100 pg/mL. **C** The odds ratio (OR)  
658 associated with COVID-19 aggravation among patients in critical disease compared to mild/moderate  
659 disease.

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662 **Figure 4**

663 Comparison of the results of the neutralization assay and ELISA. **A, B** Neutralizing activity against type I  
664 IFNs was compared between type I IFN concentrations of 100 pg/mL and 10 ng/mL stimulated by IFN- $\alpha$ 2  
665 (A) or IFN- $\omega$  (B). **C-F** aAbs to type I IFNs by ELISA were compared with naAbs by the neutralization

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2 666 assay at concentrations of 10 ng/mL IFN- $\alpha$ 2 (C), 10 ng/mL IFN- $\omega$  (D), 100 pg/mL IFN- $\alpha$ 2 (E), and 100  
3 667 pg/mL IFN- $\omega$  (F). The cutoff value of ELISA was 0.5 (O.D.). In neutralization assay, samples showing less  
4 668 than 15% of luciferase activity were defined as having neutralization activity.  
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9 **Figure 5**

10 671 IFN- $\alpha$ 2 concentration of patients with COVID-19 and prevalence of aAbs to IFN- $\alpha$ 2 in 3,456 individuals  
11 672 in the general population. The IFN- $\alpha$ 2 concentration in most of the patients with naAbs to IFN- $\alpha$ 2 and/or  
12 673 IFN- $\omega$  was below the limit of quantification (<4 pg/mL). **A** Patients with naAbs to 100 pg/mL of IFN- $\alpha$ 2  
13 674 and/or IFN- $\omega$  (n=8) and patients without naAbs (n=261) were compared. **B** Patients with naAbs to 10 ng/mL  
14 675 of IFN- $\alpha$ 2 and/or IFN- $\omega$  (n=5) and patients without naAbs (n=264) were compared. **C** aAbs to IFN- $\alpha$ 2 in  
15 676 the general population were detected using ELISA. The prevalence of aAbs were calculated according to  
16 677 age and sex.  
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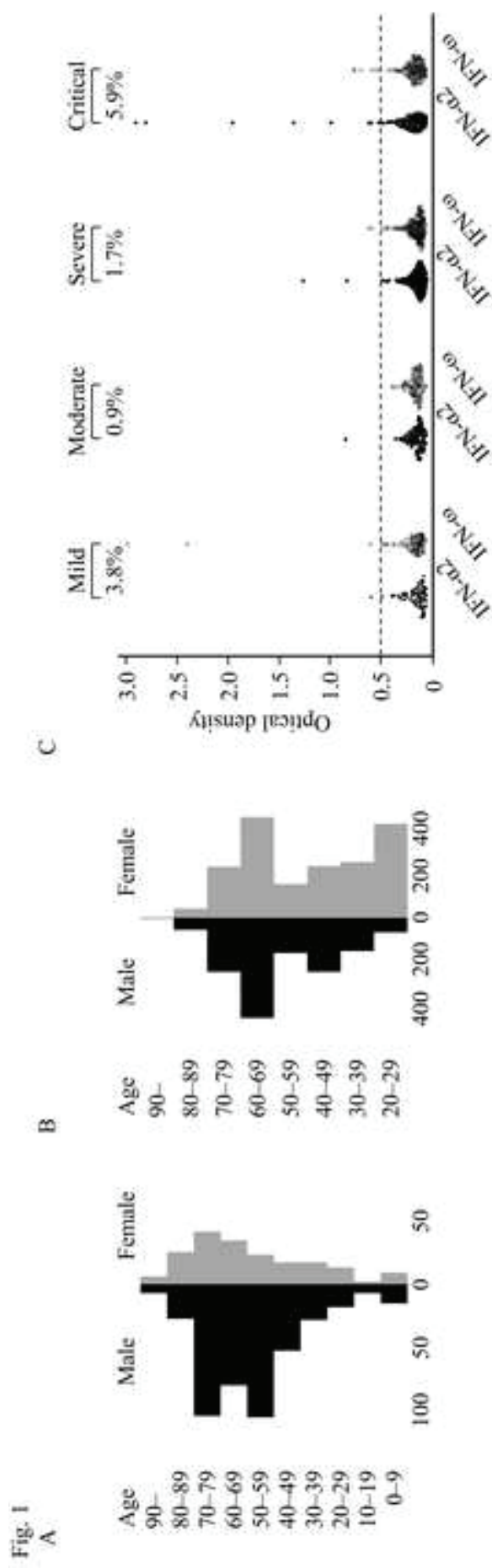


Fig. 2

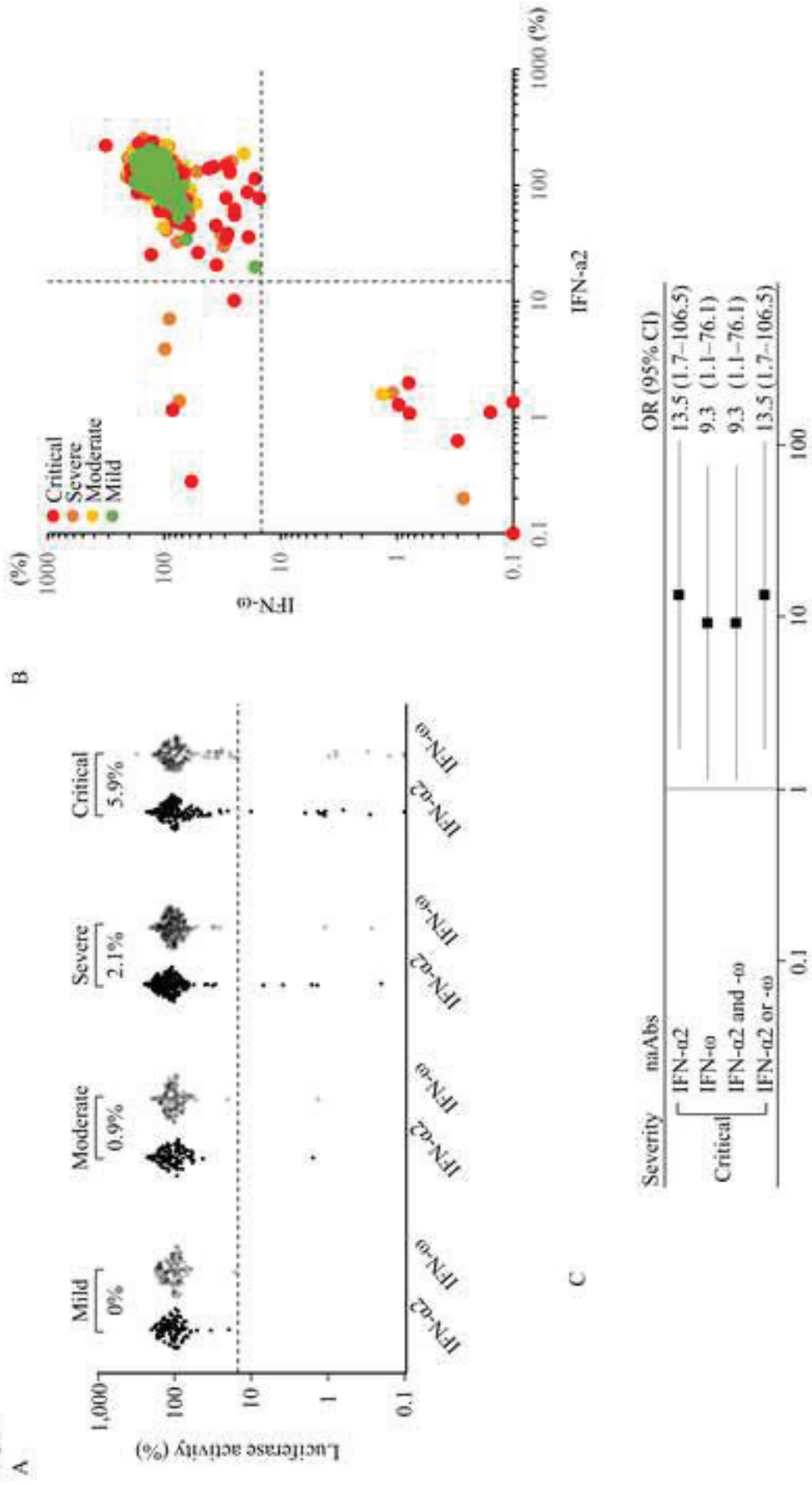


Fig. 3

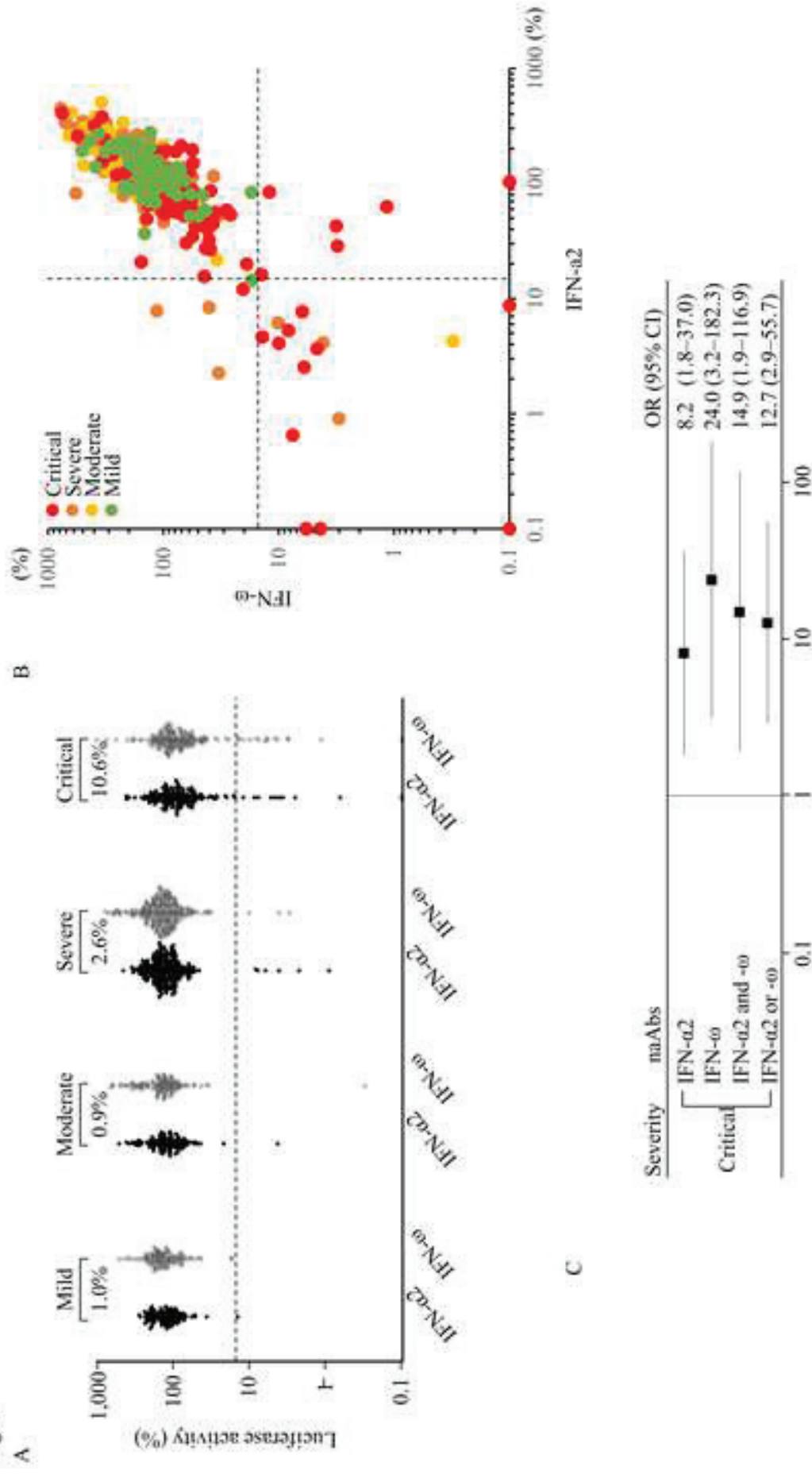


Fig. 4

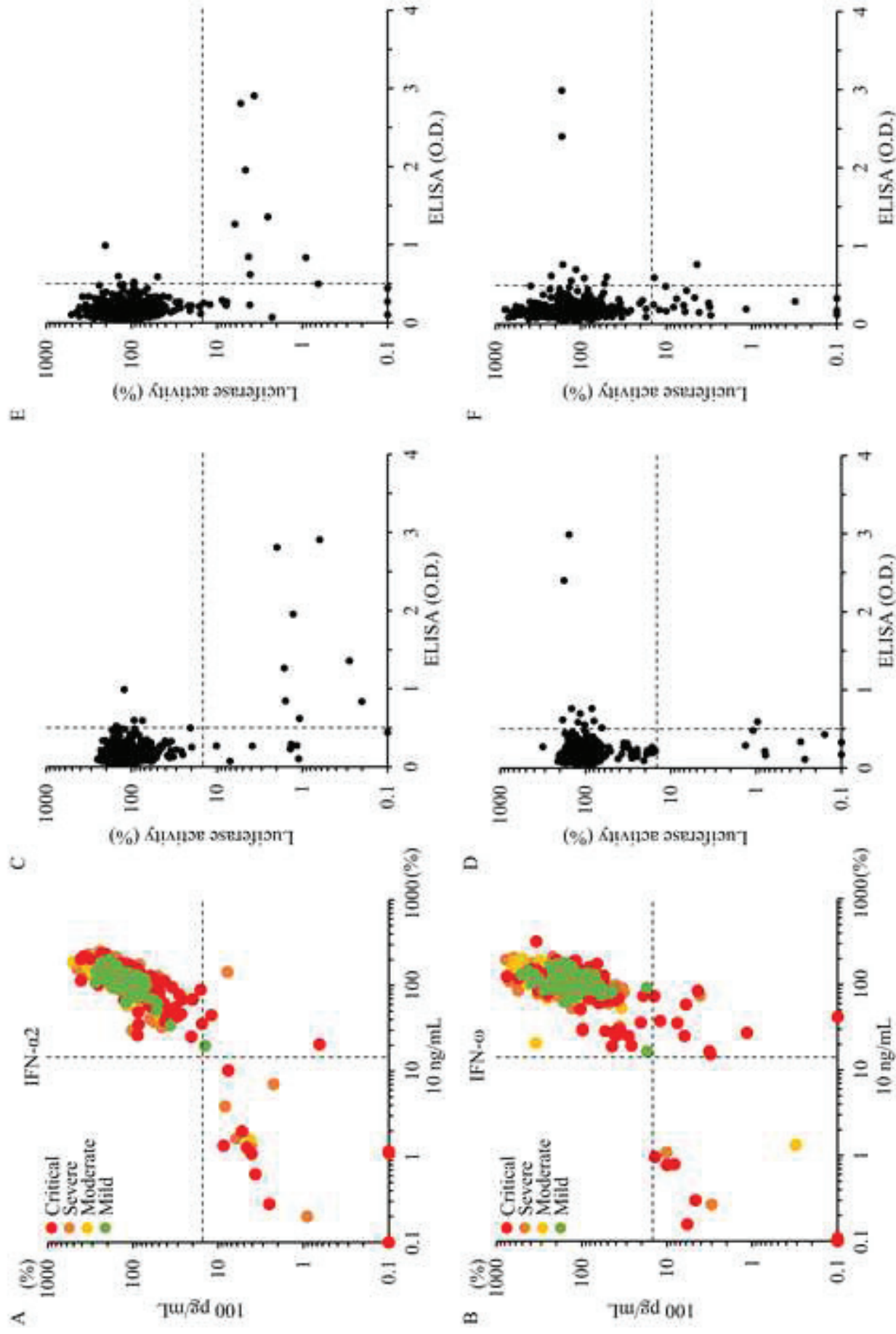
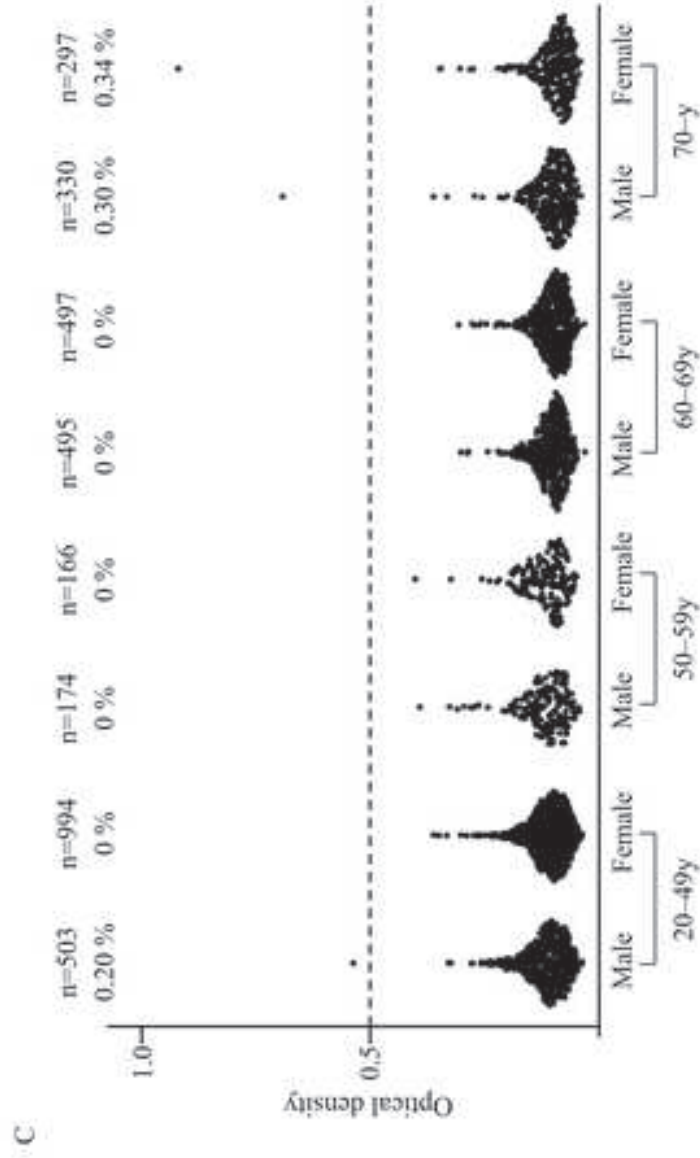
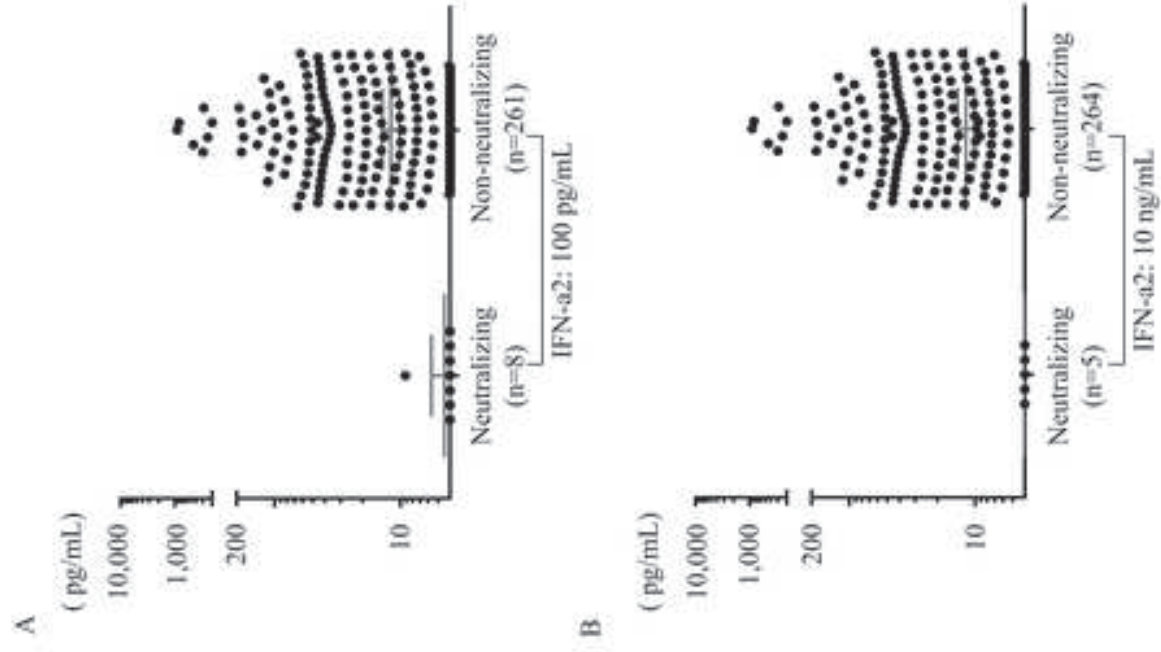




Fig. 5





**Electronic Supplementary Materials**

**Neutralizing type I interferon autoantibodies in Japanese patients with severe COVID-19**

**Authors**

Shohei Eto<sup>1, @</sup>, Yoko Nukui<sup>2,3 @</sup>, Miyuki Tsumura<sup>1</sup>, Yu Nakagama<sup>4</sup>, Kenichi Kashimada<sup>5</sup>, Yoko Mizoguchi<sup>1</sup>, Takanori Utsumi<sup>1</sup>,  
Maki Taniguchi<sup>1</sup>, Fumiaki Sakura<sup>1</sup>, Kosuke Noma<sup>1</sup>, Yusuke Yoshida<sup>6</sup>, Shinichiro Ohshimo<sup>7</sup>, Shintaro Nagashima<sup>8</sup>, Keisuke  
Okamoto<sup>5</sup>, Akifumi Endo<sup>9</sup>, Kohsuke Imai<sup>10</sup>, Hirokazu Kanegane<sup>11</sup>, Hidenori Ohnishi<sup>12</sup>, Shintaro Hirata<sup>6</sup>, Eiji Sugiyama<sup>13</sup>, Nobuaki  
Shime<sup>7</sup>, Masanori Ito<sup>14</sup>, Hiroki Ohge<sup>15</sup>, Yasutoshi Kido<sup>4</sup>, Paul Bastard<sup>16-18</sup>, Jean-Laurent Casanova<sup>16-19</sup>, Osamu Ohara<sup>20</sup>, Junko  
Tanaka<sup>8</sup>, Tomohiro Morio<sup>5</sup>, Satoshi Okada<sup>1</sup>

**Institutions**

<sup>1</sup>Department of Pediatrics, Hiroshima University Graduate School of Biomedical and Health Science, Hiroshima, Japan.

<sup>2</sup>Department of Infection Control and Prevention, Tokyo Medical and Dental University Hospital, Tokyo, Japan.

<sup>3</sup>Department of Infection Control and Laboratory Medicine, Kyoto Prefectural University of Medicine, Kyoto, Japan.

<sup>4</sup>Department of Parasitology, Graduate School of Medicine, Osaka City University, Osaka, Japan.

<sup>5</sup>Department of Pediatrics and Developmental Biology, Graduate School of Medical and Dental Sciences, Tokyo Medical and Dental University, Tokyo, Japan.

<sup>6</sup>Department of Clinical Immunology and Rheumatology, Hiroshima University Hospital, Hiroshima, Japan.

<sup>7</sup>Department of Emergency and Critical Care Medicine, Hiroshima University Graduate School of Biomedical and Health Science, Hiroshima, Japan.

<sup>8</sup>Department of Epidemiology, Infectious Disease Control and Prevention, Hiroshima University Graduate School of Biomedical and Health Sciences, Hiroshima, Japan.

<sup>9</sup>Clinical Research Center, Tokyo Medical and Dental University Hospital, Tokyo, Japan.

<sup>10</sup>Department of Community Pediatrics, Perinatal and Maternal Medicine, Graduate School of Medical and Dental Sciences, Tokyo Medical and Dental University, Tokyo, Japan.

<sup>11</sup>Department of Child Health and Development, Tokyo Medical and Dental University, Tokyo, Japan.

<sup>12</sup>Department of Pediatrics, Gifu University Graduate School of Medicine, Gifu, Japan.

<sup>13</sup>Emeritus Professor of Hiroshima University, Hiroshima, Japan.

<sup>14</sup>Department of General Internal Medicine, Hiroshima University Hospital, Hiroshima, Japan.

<sup>15</sup>Department of Infectious Diseases, Hiroshima University Hospital, Hiroshima, Japan.

<sup>16</sup>Laboratory of Human Genetics of Infectious Diseases, Necker Branch, INSERM U1163, Necker Hospital for Sick Children, Paris, France.

<sup>17</sup>University of Paris, Imagine Institute, Paris, France.

<sup>18</sup>St. Giles Laboratory of Human Genetics of Infectious Diseases, Rockefeller Branch, The Rockefeller University, New York, NY, USA.

<sup>19</sup>Howard Hughes Medical Institute, New York, NY, USA.

<sup>20</sup>Department of Applied Genomics, Kazusa DNA Research Institute, Chiba, Japan.

@ These authors contributed equally to this work

**Corresponding Author**

Satoshi Okada, MD, PhD

43 E-mail: sokada@hiroshima-u.ac.jp

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45 **This file includes**

46 **Supplemental Tables 1, 2, 3, 4, 5**

47 **Supplemental Figures 1, 2, 3, 4, 5**

48 **Supplemental materials and methods**

49

**Table S1 Characteristics of general population before the appearance of COVID-19 and after the appearance of COVID-19**

Age (years)	Before the appearance of COVID-19			After the appearance of COVID-19		
	Total cases [n = 2,069]	Male [n = 1,127]	Female [n = 942]	Total cases [n = 1,387]	Male [n = 375]	Female [n = 1,012]
20–29	1	0	1	535	72	463
30–39	47	20	27	392	144	248
40–49	239	166	73	283	101	182
50–59	183	127	56	157	47	110
60–69	972	484	488	20	11	9
70–79	519	267	252	0	0	0
80–89	105	60	45	0	0	0
90–	3	3	0	0	0	0

**Table S2 aAbs to type I IFNs in 622 patients with COVID-19**

aAbs detected by ELSIA		
Severity	IFN- $\alpha$ 2 only	IFN- $\omega$ only
Mild	1	3
Moderate	1	0
Severe	2	2
Critical	4	2
Total	8	7
Age (years)	IFN- $\alpha$ 2 only	IFN- $\omega$ only
0–49	1	2
<b>50–</b>	<b>7</b>	<b>5</b>
50–59	3	2
60–69	1	1
70–	3	2

**Table S3 naAbs to type I IFNs in 622 patients with COVID-19**

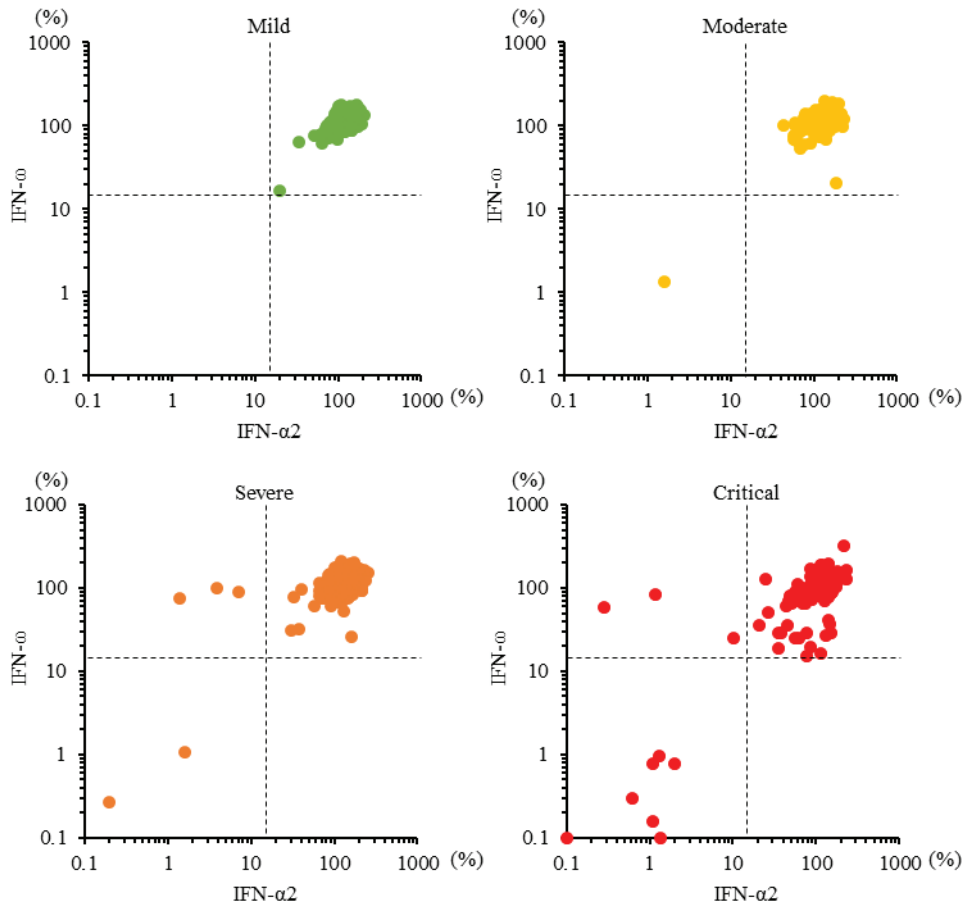
naAbs detected by Neutralization assay				
Severity	10 ng/mL		100 pg/mL	
	IFN- $\alpha$ 2 only	IFN- $\omega$ only	IFN- $\alpha$ 2 only	IFN- $\omega$ only
Mild	0	0	1	0
Moderate	0	0	0	0
Severe	3	0	3	0
Critical	3	0	1	6
Total	6	0	5	6
Age (years)	IFN- $\alpha$ 2 only	IFN- $\omega$ only	IFN- $\alpha$ 2 only	IFN- $\omega$ only
0–49	0	0	0	0
<b>50–</b>	<b>6</b>	<b>0</b>	<b>5</b>	<b>6</b>
50–59	2	0	1	3
60–69	1	0	2	2
70–	3	0	2	1

**Table S4 The prevalence of naAbs to type I IFNs detected by the neutralization assay in 440 male and 187 female patients with COVID-19**

		naAbs detected by Neutralization assay							
		10 ng/mL				100 pg/mL			
Male	Severity	IFN- $\alpha$ 2 only	IFN- $\omega$ only	IFN- $\alpha$ 2 and - $\omega$	% of positive cases	IFN- $\alpha$ 2 only	IFN- $\omega$ only	IFN- $\alpha$ 2 and - $\omega$	% of positive cases
	Mild	0	0	0	0.0%	1	0	0	1.5%
	Moderate	0	0	1	1.5%	0	0	1	1.5%
	Severe	3	0	2	3.0%	3	0	3	3.6%
	Critical	2	0	7	6.5%	1	5	10	11.6%
	Total	5	0	10	3.4%	5	5	14	5.5%
Female	Severity	IFN- $\alpha$ 2 only	IFN- $\omega$ only	IFN- $\alpha$ 2 and - $\omega$	% of positive cases	IFN- $\alpha$ 2 only	IFN- $\omega$ only	IFN- $\alpha$ 2 and - $\omega$	% of positive cases
	Mild	0	0	0	0.0%	0	0	0	0.0%
	Moderate	0	0	0	0.0%	0	0	0	0.0%
	Severe	0	0	0	0.0%	0	0	0	0.0%
	Critical	1	0	0	3.1%	0	1	1	6.3%
	Total	1	0	0	0.5%	0	1	1	1.1%

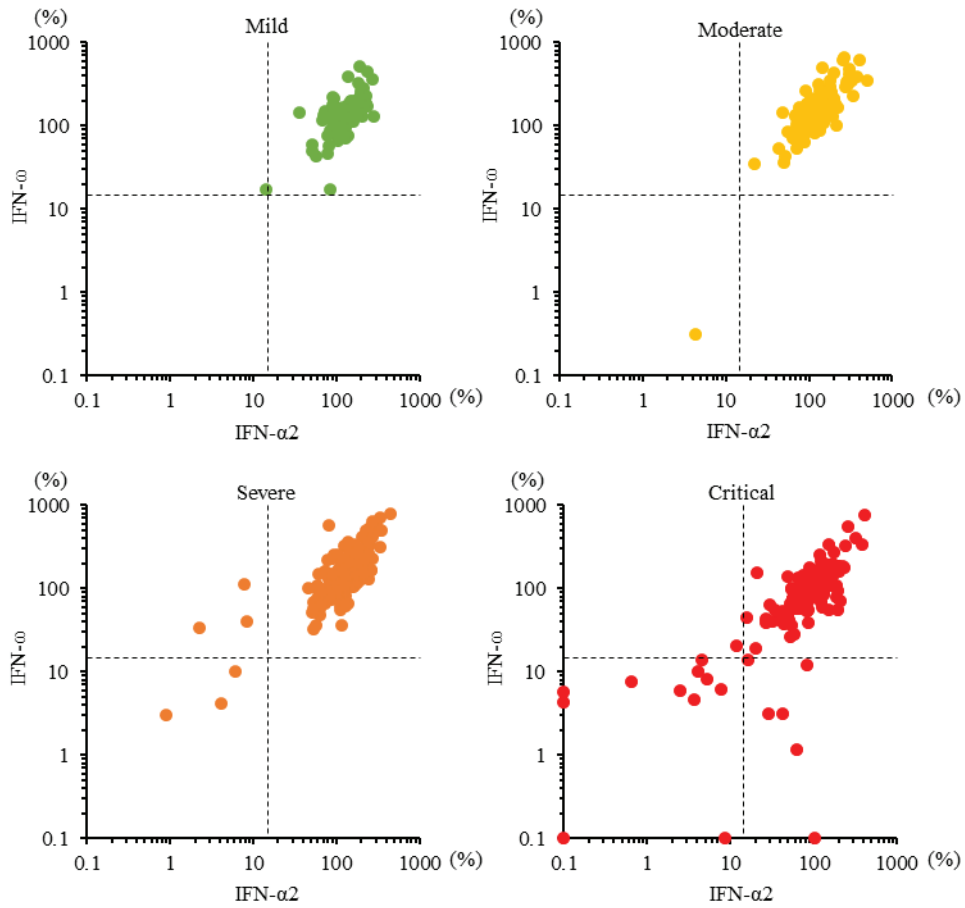
**Table S5 Summary of reported articles of antibodies to type I IFNs**

Authors	Detection of autoantibody		Neutralizing assay of Autoantibody			Stage at the time of sample	Region / Country
	aAb	Prevalence of autoantibody	naAb	COVID-19 patients	Healthy individuals		
P. Bastard, et al.	Type I IFNs*	Critical: 13.7 % (135/987)	IFN- $\alpha$ 2, - $\omega$	Critical: 10.2 % (101/987), Asymptomatic/mild: 0 % (0/663)	0.33%(4/1227)	Acute stage	CHGE project (international)
J. Troya, et al.	-	-	IFN- $\alpha$ 2, - $\omega$	Critical and Severe; 10.6 % (5/47), Asymptomatic: 0 % (0/118)	-	Acute stage	Madrid, Spain
SE. Vazquez, et al.	IFN- $\alpha$ 2	3%(4/116)	IFN- $\alpha$ 2, - $\omega$	1.5%(2/116)	-	Convalescent stage	USA
D. Goncalves, et al.	IFN- $\alpha$ 2	Critical: 25%(21/84), Mild: 0%(0/10)	IFN- $\alpha$ 2	Critical: 18%(15/84)	-	Acute stage	Lyon, France
EY. Wang, et al.	Type I IFNs**	5.2% of 197 inpatients	-	-	-	Acute stage	New Haven, USA
R. Koning, et al.	IFN- $\alpha$ 2, - $\omega$	17%(35/210)	IFN- $\alpha$ 2, - $\omega$	2.9%(6/210). ※All of patients with neutralizing auto-Abs required ICU admission.	-	Acute stage	Amsterdam, Netherland
M.G.P. Wijst, et al.	IFN- $\alpha$ 2	Critical: 19%(5/26), Severe: 6%(6/102), Moderate: 0%(0/156)	IFN- $\alpha$ 2	Critical: 19 % (5/26), severe: 5 % (5/102)	-	Acute stage	San Francisco, USA
P. Bastard, et al.	-	-	IFN- $\alpha$ 2, - $\omega$	Critical: 13.6 % (489/3595) (including 21 % of patients >80y), Deceased: 18 % of 1124 deceased patients, Severe: 6.5 % (34/522)	<70 years: 1%, 70~80 years: 2.3%, >80 years: 6.3% of individuals	Acute stage	CHGE project (international)
A.C. Grenier, et al.	IFN- $\alpha$ 2, - $\omega$	Critical: 77%(107/139)	IFN- $\alpha$ 2, - $\omega$	Critical 7.9%(11/139) Deceased: 21%(6/29)	-	Acute stage	France



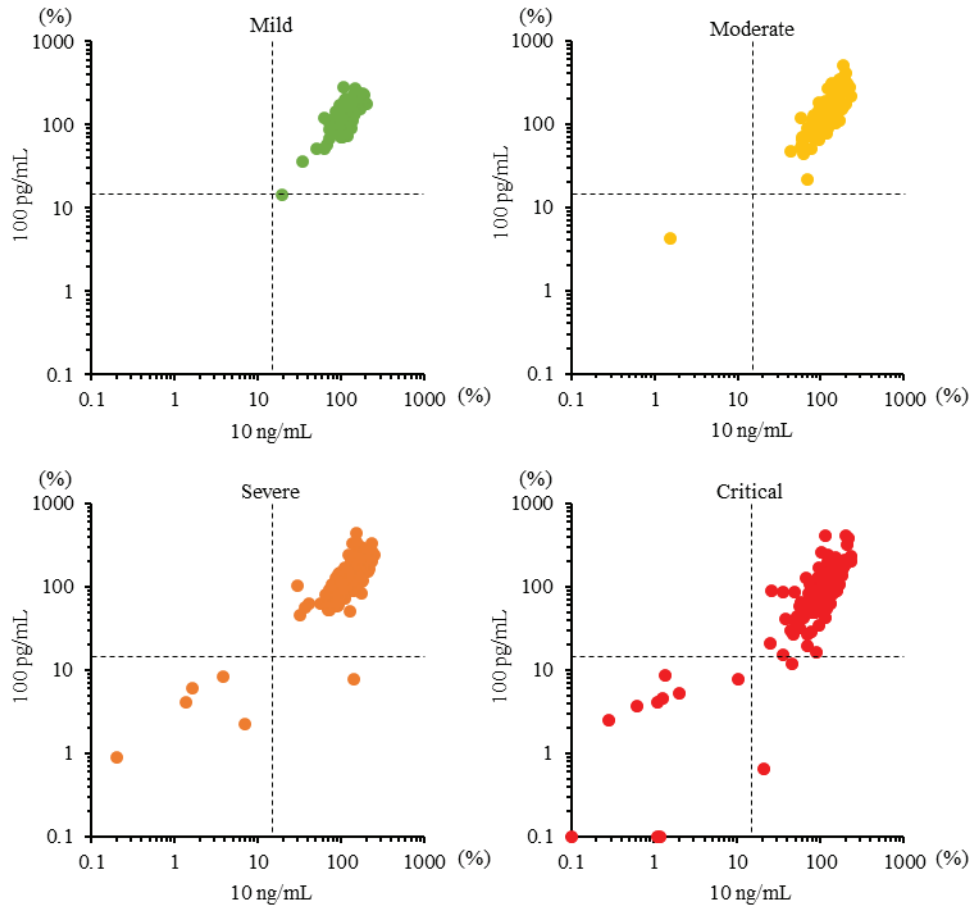
**Figure S1**

naAbs to type I IFNs in 622 patients with COVID-19 at a cytokine concentration of 10 ng/mL. Luciferase activity (%) against 10 ng/mL IFN- $\alpha$ 2 or IFN- $\omega$  in patients with COVID-19 according to its severity (n=622). The cutoff value of Luciferase activity (%) was 15%.



**Figure S2**

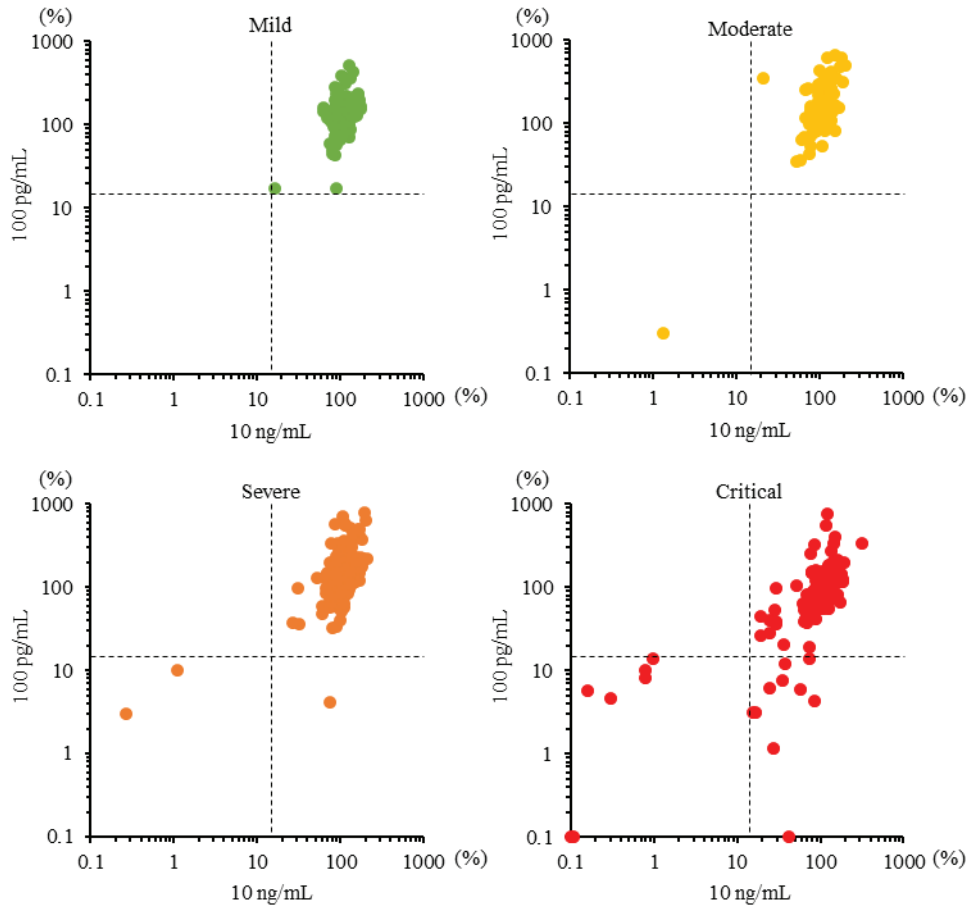
naAbs to type I IFNs in 622 patients with COVID-19 at a cytokine concentration of 100 pg/mL. Luciferase activity (%) against 100 pg/mL IFN- $\alpha$ 2 or IFN- $\omega$  in patients with COVID-19 according to its severity (n=622). The cutoff value of Luciferase activity (%) was 15%.



**Figure S3**

naAbs to IFN- $\alpha$ 2 in 622 patients with COVID-19. Luciferase activity (%) against IFN- $\alpha$ 2 in patients with COVID-19 according to its severity (n=622). The cutoff value of Luciferase activity (%) was 15%. Activity levels of 10 ng/mL and 100 pg/mL were compared.





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104 **Figure S4**

105 naAbs to IFN- $\omega$  in 622 patients with COVID-19. Luciferase activity (%) against IFN- $\omega$  in patients with COVID-19 according to its  
106 severity (n=622). The cutoff value of Luciferase activity (%) was 15%. Activity levels of 10 ng/mL and 100 pg/mL were compared.

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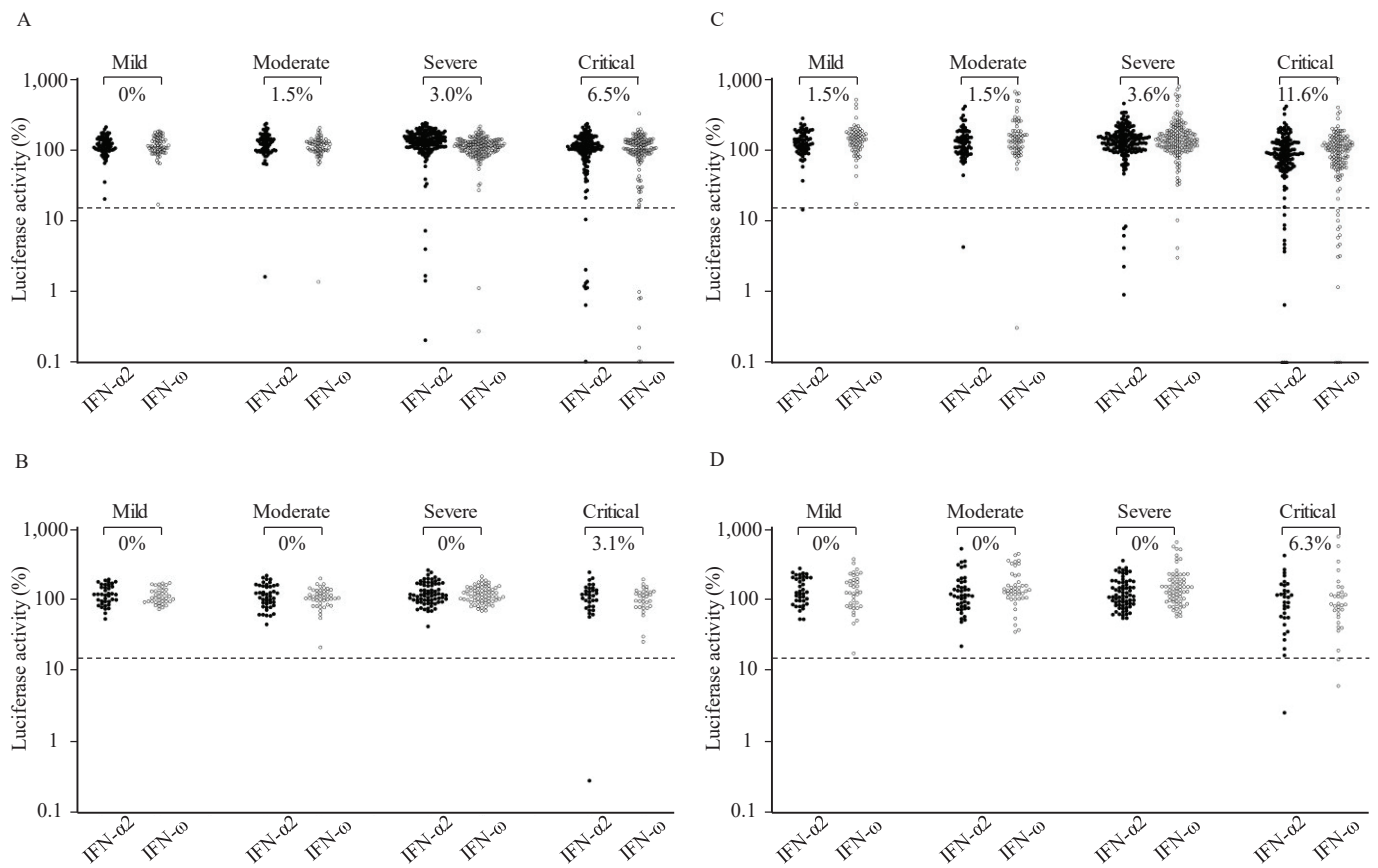
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115  
116 **Figure S5**

117 naAbs to type I IFNs in 622 patients with COVID-19 classified by sex and cytokine concentration. Luciferase activity (%) against  
 118 IFN- $\alpha$ 2 or IFN- $\omega$  in patients with COVID-19 according to its severity (n=622). 138 critical, 166 severe, 68 moderate, and 67 mild  
 119 infections in male patients. 32 critical, 69 severe, 44 moderate, and 38 mild infections in female patients. The cutoff value of  
 120 Luciferase activity (%) was 15%. **A** The neutralization assay to 10 ng/mL of type I IFNs in males. **B** The neutralization assay against  
 121 10 ng/mL of type I IFNs in females. **C** The neutralization assay against 100 pg/mL of type I IFNs in males. **D** The neutralization  
 122 assay to 100 pg/mL of type I IFNs in females.

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**Supplemental materials and methods****COVID-19 patients and individuals in the general population subjected to analysis**

We conducted the study at Hiroshima University Hospital, Tokyo Medical and Dental University Medical Hospital, and Osaka City University Hospital. 622 patients with COVID-19 admitted to our institutes and 3,456 individuals from the general population, which included 1,000 previously reported individuals, were enrolled in this study (Table1).<sup>1</sup> The general population consisted of 2,069 people with annual medical check-ups from April 2017 through March 2018 (before the appearance of SARS-CoV-2) and 1,387 medical staff without a history of COVID-19 infection after the appearance of SARS-CoV-2 (Table S1). The median age of the COVID-19 patients was 61 years (IQR: 46-73 years); 70.2% were males, and 29.8% were females (Fig 1A, Table 1). The median age of the general population was 56 years (IQR: 37-67 years); 43.5% were males, and 56.5% were females (Fig 1B, Table 1, E1). All subjects were recruited according to ethics codes approved by the local institutional review boards. The diagnosis of COVID-19 was made by direct detection of SARS-CoV-2 RNA by nucleic acid amplification tests. These COVID-19 samples were collected by August 2021 before the appearance of the Delta variant.

**Neutralization assay of autoantibodies (aAbs) to type I IFNs**

We performed luciferase reporter assays as described previously.<sup>2</sup> HEK293T cells were seeded on 96-well plates at a cell density of  $4.0 \times 10^4$  cells/well in 100  $\mu$ L media and incubated them overnight at 37°C. After 16 hours when cells were 70-80% confluent, we transfected a luciferase reporter plasmid vector containing the firefly luciferase gene driven by the promoter of the interferon-stimulated response element (ISRE) in the pGL4.45 backbone with a control reporter plasmid vector pRL-SV40 for normalization into HEK293T cells using X-tremeGene 9 transfection reagent (Roche Diagnostics, Basel, Switzerland) and incubated them for 24 hours. We added 10% serum/plasma collected from individuals which were diluted with Dulbecco's Modified Eagle medium, (DMEM) (Thermo Fisher Scientific) containing 2% HyClone™ fetal bovine serum (GE Healthcare

Life Sciences, IL, USA). We stimulated cells with rhIFN- $\alpha$ 2 for 8 hours or rhIFN- $\omega$  for 12 hours at cytokine concentrations of 10 ng/mL or 100 pg/mL, respectively, at 37°C. Finally, we lysed the cells and measured the luciferase levels with a Dual-Luciferase Reporter assay system (Promega, WI, USA) using an EnSpire plate reader. We evaluated neutralizing activity of aAbs as follows: Firefly luciferase activity values were normalized against Renilla luciferase activity values. These values were then normalized against the median induction level for non-neutralizing samples of healthy controls tested on the same day. Luciferase activity (%) was calculated by following equation:  $\text{Luciferase activity (\%)} = \text{Pf/Pr} \div \text{Cf/Cr} \times 100$ . (Pf = Firefly luciferase activity of a patient, Pr = Renilla luciferase activity of a patient, Cf = Firefly luciferase activity of the median values for healthy controls, Cr = Renilla luciferase activity of the median values for healthy controls). Based on the result from previous report<sup>1</sup>, samples were considered to have neutralizing activity if the Luciferase activity was below 15%.

#### **Enzyme-linked immunosorbent assay (ELISA): Detection of aAbs to type I IFNs**

We performed ELISA as described previously.<sup>2</sup> We coated 96-well ELISA plates (F96 MaxiSorp Nunc-Immuno Plate; Thermo Fisher Scientific, MA, USA) overnight at 4 °C with 1  $\mu$ g/mL rhIFN- $\alpha$ 2 (Human IFN- $\alpha$ 2a research grade, Miltenyi Biotec, CA, USA) at 100  $\mu$ L/well or 1  $\mu$ g/mL rhIFN- $\omega$  (human IFN- $\omega$ , eBioscience, CA, USA) at 100  $\mu$ L/well. We washed the plates with PBS three times and blocked the plates with blocking medium (PBS with 5% nonfat milk powder) for 1 hour at room temperature on an agitator. Then, we washed plates with PBS containing 0.005% Tween once and added 100  $\mu$ L of 1/50 plasma dilutions (High Performance ELISA buffer, MA, USA) for 2 hours at room temperature on an agitator. Next, we washed the plates with PBS containing 0.005% Tween, then added 2  $\mu$ g/mL secondary antibody (goat anti-human IgG IgA IgM (Fc specific) conjugated with horseradish peroxidase, Nordic MUBio, Susteren, Netherlands) at 100  $\mu$ L/well and incubated the plates for 1 hour at room temperature on an agitator while protected from light. Finally, we washed the plates

with PBS containing 0.005% Tween, added 100  $\mu$ L/well substrate (KPL SureBlue™ TMB Microwell Peroxidase Substrate, MA, USA), kept the plates on an agitator for 5 minutes, then added the same amount of 1.8 M H<sub>2</sub>SO<sub>4</sub>, and measured the optical density (450 nm/630 nm) with an EnSpire<sup>R</sup> plate reader (PerkinElmer, MA, USA).

We used a machine (Wellwash™ Microplate Washer, Thermo Fisher Scientific) when we washed the plates. We set the cutoff value as 0.5 (O.D.) based on the result from previous report<sup>2</sup> and neutralization assay in the current study. We performed neutralization assay in samples with more than 0.3 OD among 2,069 samples (17 samples) from general population with ELISA. All samples with more than 0.5 OD had neutralizing activity while all samples with less than 0.5 OD did not have neutralizing activity. This is why we set the cut-off value as 0.5 in our experiment.

### **Measurement of IFN- $\alpha$ 2 concentration**

We tested the serum IFN- $\alpha$ 2 concentration with the ProQuantum™ Human IFN alfa Immunoassay Kit (Invitrogen, MA, USA) according to its technical guide. Briefly, we diluted samples 10-fold with assay dilution buffer, then mixed 5  $\mu$ L of diluted samples with the same amount of antibody-conjugate mixture and incubated them for 1 hour at room temperature. After incubation, we added 40  $\mu$ L of qPCR mixture to each sample and measured them with a StepOnePlus Real-Time PCR System (Applied Biosystems, MA, USA) and analyzed them with StepOne™ Software. Finally, we multiplied the measured IFN- $\alpha$ 2 value by 10 to return to the in vivo concentration.

### **Statistical analysis**

As statistical analysis, comparisons of categorical variables were performed using Fisher's exact test. Two-sided p values less than 0.05 were considered statistically significant. Odds ratio for the effect of naAbs to type I IFNs on critical or severe COVID-19 were calculated with 95% Confidence Interval from a 2-by-2 table using mild/moderate patients as controls. The

187 nonparametric Kruskal-Wallis test was applied to compare IFN- $\alpha$ 2 concentrations between patients with naAbs and without  
188 nAbs to IFN- $\alpha$ 2 and/or IFN- $\omega$  on. Statistical analyses were performed using JMP software (SAS Institute, NC, USA).

189

190 **References**

- 191 1. Bastard P, Gervais A, Le Voyer T, Rosain J, Philippot Q, Manry J, et al. Autoantibodies neutralizing type I  
192 IFNs are present in ~4% of uninfected individuals over 70 years old and account for ~20% of COVID-19  
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- 194 2. Bastard P, Rosen LB, Zhang Q, Michailidis E, Hoffmann HH, Zhang Y, et al. Autoantibodies against type I  
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