

A novel microcontroller-based system for the wheel-running activity in mice

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1 **Abstract**

2 Voluntary wheel-running activity is a way to assess rodents' circadian rhythm and motivation for
3 exercise. Deficits in these behaviors are implicated in the pathophysiology of sleep and psychiatric
4 disorders. Limited space in animal facilities can hamper long-term monitoring of running wheel
5 activity outside of the home cage. To address this issue, we provide a stand-alone solution to monitor
6 the wheel-running activity of mice in their home cage. This system, named the Wheel-Running
7 Activity acQuisition system (WRAQ), is based on a microcontroller driven by a lithium polymer
8 battery. With the WRAQ, we can record the wheel-running activity and illumination data for at least
9 30 days. Applying the WRAQ to an endotoxemia mouse model robustly detected the altered
10 wheel-running activity and its recovery. With wireless data transfer capability extension, the system
11 also allows for online monitoring and reporting of the circadian time (CT). We used the online
12 monitoring of wheel-running activity with this extended WRAQ system and observed a significant
13 shift of the active period in the circadian rhythm following a temporal chemogenetic activation of
14 the suprachiasmatic nucleus (SCN)-subparaventricular zone (SPZ). Together, these findings indicate
15 that the WRAQ system is a novel and cost effective solution for the analysis of wheel-running
16 activity in mice.

17

18 **Significance Statement**

19 Wheel-running activity is commonly used to assess voluntary activity along with the circadian
20 rhythm in rodents. Long-term recording of the activity within additional animal facility space and
21 associated costs could hamper its use depending on the scale of the study. Here we provide a cost
22 effective and stand-alone solution to measure wheel-running activity in the home cage following
23 manipulation of the central nervous system. We used a microcontroller for an internet of things
24 solution to monitor behavioral and environmental data online. This novel approach may ultimately
25 contribute to the real-time analysis of rodent behaviors during temporal genetic and pharmacological
26 interventions.

27

28 **Keywords: wheel running, circadian rhythm, open-source, mouse, microcontroller**

29

30 **1. Introduction**

31 Behavioral activity in the home cage is a basic phenotype analyzed in neuroscience animal studies.
32 In particular, voluntary wheel-running activity changes are often associated with diseases in animal
33 models (Siepkka and Takahashi, 2005). For example, previous studies identified genes modulating the
34 circadian rhythm of wheel-running activity by analyzing the activity of mutants (Takahashi, 2017).
35 Despite requiring additional energy, access to a running wheel increases voluntary activity in most
36 rodents, which might benefit phenotypic analyses by amplifying the differences in activity between
37 control and mutant groups. This is especially the case when examining the circadian rhythm of
38 wheel-running activity since voluntary activity is generally restricted to the active period of the
39 circadian rhythm in rodents (Novak et al., 2012).

40 Equipment to measure wheel-running activity in mice is available commercially and
41 mainly consists of a running wheel and a data acquisition system, which are placed inside and
42 outside of the cage, respectively. Considering the high-density rack systems with smaller cages that
43 house mice under specific pathogen-free conditions, equipment providing stand-alone operation and
44 remote reporting of the acquired data online would be desirable for wheel-running activity analysis
45 in mice. Streaming behavioral and environmental signals online would allow researchers to analyze
46 the data in real-time and manipulate the ongoing neural activity at specific circadian times (CT)
47 using genetic and pharmacological interventions.

48 We developed an open-source hardware system named Wheel-Running Activity
49 acQuisition (WRAQ) based on a microcontroller recording mice's voluntary wheel-running activity
50 in their home cage. This system combines a low-profile running wheel with a reed switch and
51 photoresistor for data acquisition, operating with a lithium polymer battery for at least 30 days and
52 storing data on a microSD card for offline analysis. We validated the WRAQ system with a
53 behavioral study by performing quantitative analysis of mice under different schedules of light
54 entrainment and with systemic inflammation as a disease model. We further extended WRAQ to
55 enable online monitoring of wheel-running activity using wireless recording capability. This
56 capability allowed chemogenetic activation of specific neuronal pathways in a temporally-specific
57 manner.

58

59 **2. Materials and Methods**

60 **2.1. Animals**

61 All procedures involving animals were performed per the ARRIVE guidelines
62 (<https://arriveguidelines.org/arrive-guidelines>) and were approved by the institutional experimental
63 animal committee (A18-42-2 and A16-46-2). C57BL/6J mice (7–8-week old, male; CLEA, Tokyo,
64 Japan) were housed individually in plastic cages (CL-0104-2, width 225 × depth 338 × height 140
65 mm, CLEA Japan) with free access to food and water, a 12:12 h light-dark cycle (LD), constant

66 darkness (DD) or constant light illumination (LL, 120 lux), and regulated temperature and humidity
67 in the range of 18°C–25°C and 30%–60%, respectively. For the experiments conducted under DD or
68 LL conditions, mice were housed individually 3 weeks before recording.

69

70 **2.2 Design of WRAQ and its extension with wireless data transfer capability (WRAQ-WiFi)**

71 WRAQ was built based on a low-profile running wheel (flying saucer exercise wheel for small pets
72 5-inch, Ware Manufacturing Inc., Phoenix, AZ, USA, width 5 × depth 5 × height 3.5 inches) (left in
73 Fig. 1A). A microcontroller managed data acquisition with a microSD card writer, Adafruit Feather
74 M0 Adalogger, connected to a binary counter. The revolution of a small round magnet glued to the
75 bottom of the wheel was detected by a reed switch attached to the main body of WRAQ (Fig. 1B).
76 Upon sweeping the reed switch by the magnet, the number of revolutions was counted by the binary
77 counter. Adalogger was in deep sleep mode to save power for long-term recording and woke up
78 every 4 s to check the counter and voltage across the cadmium sulfide photoresistor (MI527, Macron
79 International Group Ltd., Shenzhen) for illumination data. We stored the resultant data on a microSD
80 card with the timestamps of the onboard real-time clock (middle in Fig. 1A). WRAQ was powered
81 by either a lithium polymer battery (2000 mAh, Shenzhen Data Power Technology Ltd., Shenzhen)
82 or a lithium AA battery (3.6V, Guangzhou Markyn Battery Co., Ltd., Guangzhou) (Fig. 1C). The
83 reed switch signal was connected to the binary counter through an RC lowpass filter to suppress
84 chattering (Fig. 2A).

85 We extended WRAQ to WRAQ-WiFi, which enables online monitoring of ongoing
86 wheel-running activity (Fig. 1D). The capability to upload data to the online data storage was
87 implemented by WiFi connectivity using a built-in FireBeetle ESP32 IoT microcontroller (DFR0478,
88 DFRobot, Shanghai, China), which replaced the Adalogger. In addition, we attached a real-time
89 clock breakout board (Cat. No. 3013, Adafruit Industries, New York, NY, USA or zs-042, HiLetgo,
90 Shenzhen, China) based on the real-time clock DS3231 (Maxim Integrated, San Jose, CA, USA),
91 allowing ESP32 to access time stamps via an I²C protocol. We acquired the number of revolutions
92 and the illumination data as in WRAQ. ESP32 was set to wake up from deep sleep mode and upload
93 the data to the Ambient IoT data visualization cloud service (AmbientData Inc., Tokyo,
94 <https://ambidata.io/>), enabling users to monitor the ongoing and collected data online (middle in Fig.
95 1A).

96 We inserted all the parts, except the magnet and reed switch, into the main body of the
97 flying saucer, covered it with a 3D-printed plastic part, and sealed it with a peelable silicon adhesive
98 (1690, Amon Industry Co., Ltd., Fukusaki, Japan).

99

100 **2.3 Analysis of the wheel-running activity data**

101 ActogramJ software (<https://bene51.github.io/ActogramJ/>)(Schmid et al., 2011), which is based on

102 ImageJ (<http://imagej.nih.gov/ij/>) (Schneider et al., 2012), was used for offline analysis of the
103 wheel-running activity data retrieved from the microSD card (WRAQ) or downloaded from the
104 cloud service (WRAQ-WiFi) (right in Fig. 1A). The raw data was converted into the file readable by
105 ActogramJ, in which the data was supposed to start at zeitgeber time (ZT) 12, by custom-made
106 python program (main_wraq2actj.py provided as Extended Data). The actogram and periodogram
107 using Lomb-Scargle methods were calculated as described previously (Schmid et al., 2011).

108

109 **2.4 Treatment with lipopolysaccharide (LPS)**

110 Three weeks after habituation under DD, mice were administered a single intraperitoneal injection of
111 saline or LPS derived from *Escherichia coli* (O55:B5, L2880, Sigma- Aldrich, USA) at a dose of 2.5
112 mg/kg. Their wheel-running activity was continuously recorded with the WRAQ system placed in
113 their home cage across the LPS injection.

114

115 **2.5 Chemogenetic activation of the suprachiasmatic nucleus (SCN)-subparaventricular zone (SPZ)**

117 We anesthetized mice with a mixture of ketamine (90 mg/kg) and xylazine (10 mg/kg) and
118 immobilized it in a stereotaxic frame (SR6N, Narishige, Tokyo). Following a midline incision of the
119 skin covering the skull, we made a burrhole to open a cranial window at 0.48 mm posterior and 0.15
120 mm lateral to the bregma over the SCN-SPZ (Franklin and Paxinos, 2008). A fine glass capillary was
121 used to inject 0.05 μ l of AAV8-hSyn-hM3D(Gq)-mCherry (2.5x10¹² gc/ml, Cat. No. 50474,
122 Addgene, Watertown, MA, USA; RRID:Addgene_50474) or AAV8-CAG-GFP (2x10¹² vm/ml,
123 UNC GTC Vector Core, University of North Carolina, Chapel Hill, NC, USA) with a speed of 0.1 μ l
124 per minute targeting the bilateral SCN-SPZ (5.8 mm and 5.7 mm deep from the pia mater). After
125 closing the skin covering the cranial window by suture, the mouse was allowed to recover in its
126 home cage for at least 7 days. Then, we administered a solution of clozapine N-oxide (CNO, 1
127 mg/kg, BML-NS105-0005, Enzo Life Sciences, Inc., New York, NY, USA) by intraperitoneal
128 injection to activate cells expressing hM3D.

129

130 **2.6 Data analysis**

131 We converted illumination data recorded from the WRAQ and WRAQ-WiFi systems into a z-score
132 using each mean and standard deviation. The wheel revolutions were represented using 4 s (WRAQ)
133 or 64 s bins (WRAQ-WiFi). We discarded part of the raw data so it would start at ZT12 and then
134 imported into ActogramJ to calculate a periodogram using the Lomb-Scargle method. Presumptive
135 distance traveled was calculated by multiplying the number of wheel revolutions recorded by
136 WRAQ or WRAQ-WiFi with the perimeter of the presumptive trace on the running wheel (25.12
137 cm). For analysis using periodogram, we excluded data with wheel-running activity under 20,000

138 revolutions per day.

139

140 **2.7 Immunohistochemistry**

141 Two hrs after intraperitoneal injection of CNO, mice with AAV8-hSyn-hM3D(Gq)-mCherry or
142 AAV8-CAG-GFP were perfused transcardially using 4% paraformaldehyde (PFA) in 0.1M phosphate
143 buffer saline (PBS). After that, we dissected the brain and post-fixed it in the same fixative overnight
144 at 4°C. Then, 75 µm thick coronal sections were cut using a vibratome (DTK-1500, Dosaka EM Co.,
145 Ltd., Kyoto, Japan) from 0.1 to 0.9 mm posterior to the bregma (Franklin and Paxinos, 2008). Sections
146 were washed with 0.5% PBS Triton X-100 and incubated in primary antibody against c-Fos (1:500,
147 sc-271243, Santa Cruz Biotechnology, Inc., Dallas, TX, USA) dissolved in 1% blocking reagent in
148 0.5% PBS Triton X-100 overnight at 4°C. Signal was visualized by a secondary antibody
149 Alexa-Fluor-488-conjugated donkey anti-mouse IgG (1:500, ab150105, Abcam plc., Cambridge, UK)
150 or Alexa-Fluor-594 AffiniPure donkey anti-mouse IgG (1:500, 715-585-150, Jackson
151 ImmunoResearch Inc., West Grove, PA, USA) diluted in 0.5% PBS Triton X-100 overnight at 4°C.
152 All sections were counterstained with 4',6-diamidino-2-phenylindole (DAPI, 1 µg/ml, 422801,
153 BioLegend, Inc., San Diego, CA, USA), mounted with CC/Mount (Diagnostic BioSystems Inc.,
154 Pleasanton, CA, USA) and examined under a fluorescent microscope (MVX10, Olympus Corporation,
155 Tokyo, Japan) or a laser scanning confocal microscope (FV1000, Olympus Corporation).

156

157 **2.8 Statistical analysis**

158 Statistical analyses were performed using jamovi (version 1.1.9, <https://www.jamovi.org>).
159 Comparisons between more than two groups were analyzed by one-way or repeated measure
160 two-way analysis of variance (ANOVA) followed by Tukey's honestly significant difference (HSD)
161 test for multiple comparisons. Pearson's correlation analysis determined the correlation between the
162 body weight and presumptive travel distance on the running wheel. Statistical significance was
163 defined as a value of $p < 0.05$. Data are presented as mean \pm standard error of the mean (SEM).

164

165 **2.9 Software accessibility**

166 All the files for python program, bill of materials, microcontroller firmware, 3D-printed part, and
167 printed circuit boards used in this study are available as Extended Data.

168

169 **3. Results**

170 **3.1 Simultaneous recording of the wheel-running activity and illumination using WRAQ.**

171 Mice in their home cage rotated the low-profile wheel of WRAQ already on the day of installation.
172 The wheel revolutions gradually increased and plateaued around 7 days (Fig. 2B, $n = 9$ mice). We
173 determined whether WRAQ could simultaneously detect wheel-running activity and illumination

174 intensity changes in the home cage per the scheduled illumination for LD cycles. Resistance changes
175 in photoresistors resulted in a persistent decrease and increased voltage detected by WRAQ during
176 the light and dark periods, respectively (top in Fig. 2C). Consistent with the nocturnal behavior of
177 mice, wheel-running activity exhibited an abrupt increase and decreased following the onset and end
178 of the dark period, respectively (bottom in Fig. 2C). Considering that WRAQ sampled data every 4 s,
179 these results indicate that WRAQ detected wheel-running activity of mice and the illumination
180 intensity in their home cage with temporal precision.

181

182 **3.2 Long-term recording of the circadian rhythm in wheel-running activity under LD** 183 **entrainment.**

184 Next, we applied WRAQ to analyze the circadian rhythm of wheel-running activity in mice. Under a
185 12:12 hrs LD cycle, the number of wheel revolutions followed a diurnal rhythm with exclusive
186 activity during the dark period (Fig. 3A). The active period started following the onset of the dark
187 period. After a significant reduction of activity in the second half of the dark period, mice exhibited a
188 shorter bout of wheel-running activity, which resulted in bimodal peaks of wheel-running activity,
189 with distinct early and late-night activity bouts as reported previously (Pittendrigh and Daan, 1976).

190 Under altered schedules in light entrainment, particularly constant darkness (DD), WRAQ
191 recorded the free-running in circadian rhythm with a shortening of the period. The resultant
192 actogram exhibited a gradual advance of the onset of an active period on ZT (Fig. 3B). By contrast,
193 constant light (LL) led to variable changes in circadian rhythm, ranging from free-running with an
194 elongated period (Fig. 3C) to an arrhythmic pattern (Fig. 3D). The LL condition also resulted in a
195 significant reduction of the presumptive distance traveled compared to mice under LD or DD
196 conditions (one-way ANOVA, $F_{(2,15.5)} = 15.9$, Tukey's HSD test, $p < 0.001$, $n = 9$ mice for each
197 group) (Fig. 3E).

198 To measure the circadian rhythm in wheel-running activity, we subsequently calculated a
199 periodogram using the ImageJ-based analysis software ActogramJ (Schmid et al., 2011). As an
200 output of WRAQ, a comma-separated value file was imported into ActogramJ and analyzed using
201 Lomb-Scargle methods. The results showed that the peak of the periodogram under LD was
202 approximately 24 hrs (mean peak value \pm SEM, 24.0 ± 0.0844 hrs). DD tended to shorten the period
203 (23.8 ± 0.0533 hrs), while LL elongated the period significantly (25.9 ± 0.2614 hrs, one-way
204 ANOVA, $F_{(2,7.52)} = 28.3$, $p < 0.001$, Tukey HSD *post-hoc* test, $p < 0.001$ for both LL vs DD and LL vs
205 LD) with free-running along the circadian rhythm (Fig. 3F).

206 These results indicate that WRAQ is a useful tool for quantifying wheel-running activity
207 behavioral determinants and can be integrated into an open-source analysis.

208

209 **3.3 Alteration and recovery of the wheel-running activity in a murine endotoxemia model.**

210 Systemic administration of LPS has been used as a model of endotoxemia, which induces systemic
211 inflammation (Beutler, 2000). As a previous study showed a significant reduction of mice locomotor
212 activity in an open field arena 24 hrs after systemic LPS injection (Giga et al., 2021), we applied
213 WRAQ to determine mouse behavior before and after LPS to evaluate its applicability to murine
214 disease models. As compared to the behavior before LPS injection, intraperitoneal administration of
215 2.5 mg/kg LPS significantly reduced voluntary wheel-running activity (Fig. 4A, repeated-measures
216 ANOVA, group \times time interaction, $p < 0.001$, $F(17,153) = 8.95$; Tukey's *post-hoc* test, $p < 0.001$ for
217 Vehicle vs. LPS at days 4 and 5, $n = 5$ and 7 for vehicle and LPS groups, respectively). This change
218 was accompanied by a transient reduction of body weight (Fig. 4B, repeated-measures ANOVA,
219 group \times time interaction, $p < 0.001$, $F(17,119) = 9.04$; Tukey's *post-hoc* test, $p < 0.001$ for Vehicle vs
220 LPS at days 5 and 6). Indeed, analysis revealed that the body weight change was positively
221 correlated with wheel-running activity (Fig. 4C, Pearson's correlation coefficient = 0.745 , $p < 0.001$),
222 indicating that WRAQ detected a behavioral measure during endotoxemia inducing body weight loss.
223 Intriguingly, long-term recording by WRAQ also unraveled a gradual recovery of wheel-running
224 activity (black in Fig. 4A), further supporting the applicability of WRAQ to mouse models of
225 diseases requiring longitudinal observation of long-lasting behaviors in the home cage.

226

227 **3.4 Chemogenetic activation of the suprachiasmatic nucleus-subparaventricular zone shifts the** 228 **onset of the active period under constant darkness.**

229 Based on our success in acquiring longitudinal data of wheel-running activity, we extended our
230 system capability to enable online monitoring via data uploading to a cloud server. Implementation
231 of this version of WRAQ as IoT (WRAQ-WiFi) integrates ESP32 microcontroller with WiFi
232 capability (Fig. 5). The uploaded data remained available while WRAQ-WiFi was under-recording
233 (Fig. 5).

234 During free-running along the circadian rhythm of mice under DD, we applied
235 WRAQ-WiFi to manipulate neuronal activity at a specific CT. Studies showed that SCN-SPZ acted
236 as a master clock and a region relaying the circadian information from the SCN to other brain
237 regions, respectively (Ibuka and Kawamura, 1975; Lu et al., 2001). We measured the wheel-running
238 activity of a mouse targeted by AAV-hSyn-hM3D-mCherry to upregulate neuronal activity in the
239 SCN-SPZ upon systemic administration of CNO (Fig. 6A and 6C) ($n = 5$ mice). We observed a
240 significant increase of c-Fos-positive cells in the SCN-SPZ following intraperitoneal injection of
241 CNO (Fig. 6C). Before CNO injection, the mouse exhibited free-running activity under DD (Fig.
242 6A). Under the guidance of WRAQ-WiFi, injection of CNO at CT14 (red asterisks in Fig. 6A)
243 induced a significant shift in the onset of the active period lasting at least 7 days (Fig. 6A). In
244 contrast, intraperitoneal injection of CNO to the mice expressing GFP in the SCN-SPZ did not
245 induce any of these effects on the onset of active period (Fig. 6B) and c-Fos in SCN-SPZ (Fig. 6D)

246 significantly (n = 5 mice).

247 These data reveals that online monitoring with the WRAQ-WiFi system enables studies
248 requiring a temporally-specific genetic or pharmacological intervention.

249

250 **4. Discussion**

251 The present study demonstrated precise data acquisition of wheel-running activity along the
252 circadian rhythm in mice within their home cage using the WRAQ system enabled by open-source
253 hardware. The recorded data could be visualized offline and online when uploaded to the data
254 visualization server in WRAQ-WiFi. Continuous monitoring of the wheel-running activity and
255 circadian rhythm revealed altered activity and rhythms in mice exposed to systemic inflammation or
256 a chemogenetic manipulation of a specific neuronal circuit. These results indicated that WRAQ is a
257 novel tool that allows to explore the mechanisms underlying behaviors in murine disease models. We
258 discuss below the utility of WRAQ and its limitation.

259

260 **4.1 Comparison with currently available technologies**

261 A general configuration of systems recording wheel-running activity in rodents consists of
262 microswitch and data acquisition board or interface with PC. Although communication between the
263 running wheel with the switch and data acquisition parts can be wired or wireless, the presence of a
264 data acquisition board or interface with PC can hamper their use in vivariums with limited space or
265 high biosafety levels (Balcombe, 2006). WRAQ and WRAQ-WiFi store data on a built-in SD card or
266 cloud server and work as a stand-alone device without requiring additional appendages, which
267 allows their use in a wide variety of conditions generally encountered in mouse housing facilities.
268 Due to its open-source nature, WRAQ-WiFi also has wide applicability for combination with other
269 open-source IoT platforms such as ThingsBoard (ThingsBoard, Inc., New York, NY, USA).

270 The size of the WRAQ system (width 5 × depth 5 × height 3.5 inches) is smaller than
271 representative low-profile running wheels (ENV-047, Med Associate Inc., Fairfax, VT, USA;
272 width 6.1 × depth 6 × height 4 inches) used widely in neuroscience studies with mouse models.
273 Since the latter low-profile mouse running wheel was used successfully in standard “shoebox”
274 style individually ventilated cages (e.g., Model #9, Thoren Caging Systems, Inc., Hazleton, PA
275 with width 7.70 × depth 12.17 × height 5.875 inches) (Beeler and Burghardt, 2021; Goh and
276 Ladiges, 2015), it is reasonable to think that our WRAQ fits a wide variety of cage systems.

277 Similar to other commercially available systems such as ClockLab (Actometrics, Co. Ltd.,
278 Wilmette, IL, USA), WRAQ/WRAQ-WiFi, built on open-source platform, is compatible with the
279 recording of additional behaviors (e.g., general home cage activity, food and water consumption) and
280 environmental data (e.g., temperature and humidity) for online monitoring using appropriate sensors.

281

282 **4.2 Limitation and future work**

283 Unlike data acquisition with high temporal resolution using commercially available systems, WRAQ
284 and WRAQ-WiFi with 4- and 8-bit counters collect data on a binary counter every 4 s and 60 s,
285 respectively, to save battery for long-term recording. The resulting temporal resolution in WRAQ is
286 much lower than in other commercially available systems (e.g., ClockLab from Actometrics Co.
287 Ltd.). However, those intervals in WRAQ were set not to exceed the limit of binary counter based on
288 a previous study showing that mice primarily run up to 105 cm/s (Lemieux et al., 2016). However, it
289 is unlikely that 4 and 60 s intervals are too short for long-term analysis over 24 hrs.

290 In comparison with the wheel running activity recording system available commercially, in
291 which the data analysis could be done on the same platform using single software (e.g., ClockLab),
292 data analysis in WRAQ system has an additional step to convert the raw data using pipeline python
293 program to match the data format between data acquisition system (Adalogger and Ambient IoT
294 server for WRAQ and WRAQ-WiFi, respectively) and analysis software (ActogramJ). This issue
295 would be resolved by modifying the ActogramJ, which is also open-source software, to enable it to
296 import raw data from WRAQ directly without conversion in the future.

297 Home cage activity can be measured using the general activity detected by motion sensors
298 (Matikainen-Ankney et al., 2019). Since the running wheel significantly increases the home cage
299 activity, WRAQ/WRAQ-WiFi is likely to affect the home cage activity *per se*. It would be
300 interesting in the future to measure the general home cage activity detected by motion or capacitive
301 sensors with or without functional WRAQ to address the influence of running wheel access on the
302 home cage general activity.

303

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342 **Figure legends**

343 **Figure 1. Overview of the WRAQ system.** A: Schematic showing the WRAQ system workflow.
 344 The WRAQ system acquires data using a low-profile running wheel detecting the number of
 345 revolutions and light intensity in the cage using a magnet-reed switch and photodiode sensor,
 346 respectively (left). Data is stored either to a microSD card or an online server via WiFi connection
 347 (middle). Analyses with actogram and periodogram are conducted offline using a software-based on
 348 ImageJ (right). B-D: Side (B) or bottom views (C, D) of the WRAQ (B, C) and WRAQ-WiFi (D)
 349 showing the reed switch (bracket in B) on the main body detecting the sweep by a magnet attached
 350 to the bottom of the rotating wheel (arrow in B) and microcontrollers (brackets). The WRAQ and
 351 WRAQ-WiFi microcontrollers, i.e., Adalogger (bracket in C) and FireBeetle ESP32 (bracket in D),
 352 are connected to a lithium polymer battery (asterisk). Note that the photoresistor is encased in a
 353 silicon tube and placed at the center of the main body (arrow in C). Inset shows a magnified view of
 354 a boxed area in B. White arrowheads, real-time clock module.

355
 356 **Figure 2. Simultaneous acquisition of the wheel revolution number and illumination data**
 357 **under light-dark light entrainment.** A: A schematic showing the hardware part of the WRAQ
 358 system primarily consists of a microcontroller for recording and system management (Adalogger)
 359 and a 4-bit binary counter which counts the number of wheel revolutions when the Adalogger is in
 360 deep sleep mode. B: Line plot of the daily wheel-running activity during habituation to the WRAQ
 361 system. Values are represented as mean \pm SEM. C: Temporal changes of the normalized illumination
 362 (voltage across the photoresistor, upper traces) and the number of wheel revolutions per 4 s (bottom
 363 traces) are shown across the transitions between light and dark period (dashed gray lines). A,
 364 analog input; C, capacitor; CLK, clock input; EN, enabled; GND, ground; R, resistor; RES, reset;
 365 VDD, voltage drain; VSS, voltage source.

366
 367 **Figure 3. Wheel-running activity acquired by the WRAQ system under different entrainment**
 368 **schedules.** A-D: Actograms of mouse wheel-running activity under light-dark (LD in A), constant
 369 dark (DD in B), and constant light (LL in C and D) conditions. E: Bar graph of the presumptive
 370 distance traveled on the wheel for mice kept under LD (gray), DD (black), and LL (white)
 371 entrainment. F: Line plots of the periodograms analyzing wheel-running activity recorded for 8 days
 372 under LD (blue, n = 10), DD (gray, n = 10), and LL (red, n = 7) based on the Lomb-Scargle method.
 373 Data are presented as mean (solid lines) \pm SEM (shading). Contrasts are statistically significant
 374 differences of mean values between groups (repeated-measures ANOVA followed by Tukey *post-hoc*
 375 test). *, p < 0.05; †, p < 0.01. ‡, p < 0.001.

376
 377 **Figure 4. Transient suppression and recovery of wheel-running activity in a murine**

378 **endotoxemia model.** A and B: Line plots of daily wheel-running activity presented as the
379 presumptive distance traveled (A) and relative body weight change from baseline (B) in mice with
380 (filled circles with dashed lines) or without (triangles with solid lines) LPS treatment. Values are
381 presented as mean \pm SEM. Arrows indicate the timing of LPS injection. C: Scatter plot of body
382 weight change and presumptive distance traveled showing a positive correlation with statistical
383 significance (Pearson's correlation coefficient = 0.745, $p < 0.001$). Contrasts are statistically
384 significant differences between groups based on a repeated measure two-way ANOVA followed by
385 Tukey's *post-hoc* test. *, $p < 0.05$; †, $p < 0.01$; ‡, $p < 0.001$.

386

387 **Figure 5. Wiring diagram for the WRAQ-WiFi.** WRAQ-WiFi is based on ESP32 microcontroller
388 implemented on a FireBeetle ESP32 board. The number of running wheel revolutions is measured
389 by 8-bit counter 74HC590NA and transmitted to the cloud server and the timestamp (using real-time
390 clock module) and illumination data in the home cage (based on change of photoresistor). Uploaded
391 data is visualized on the online platform for real-time monitoring (panels at the lower-left corner). C,
392 capacitor; CCLR, counter clear; CCKEN, counter clock enabled; CDS, cadmium sulfide
393 photoresistor; CLK, clock input; G, ground; GND, ground; QA-QH, digital outputs from the binary
394 counter; R, resistor; RCK, register clock; RES, reset; SDA, serial data line for I²C; SCL, serial clock
395 line for I²C; VCC, voltage common collector.

396

397 **Figure 6. Temporarily specific neural activation patterns under the guidance of WRAQ-WiFi.**

398 A: An actogram of mice receiving an injection of AAV8-Syn-hM3D-mCherry (A) or
399 AAV8-CAG-GFP (B) to the SCN-SPZ under constant dark condition. On day 7, CNO was injected
400 intraperitoneally at CT14, estimated based on the WRAQ-WiFi data available online (red asterisks in
401 A and B). C and D: Coronal brain sections of the mouse used for behavioral analysis (A and B)
402 showing the localization of mCherry (red in C), GFP (pseudocolored red in D), and c-Fos (green in
403 C and D) in the SCN-SPZ. Independent of the behavioral recording in A and B, the mice brains were
404 fixed 2 hrs after the CNO injection. Sections were counterstained with DAPI (blue in C and D). An
405 inset is a magnified view of the boxed area in C. White arrowheads indicate the cells co-expressing
406 mCherry (red) and c-Fos. Scale bar in C (applies to D), 200 μ m.

407











