

1 **Na⁺-Cl⁻ cotransporter-mediated chloride uptake contributes to hypertension and renal**
2 **damage in aldosterone-infused rats**

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11 **Running head:** Chloride and aldosterone nephropathy

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20 **Authors' contributions**

21 Conceived and designed the experiments: SD and TM. Performed the experiments: TY and TD.

22 Analyzed the data: AN. Contributed reagents/materials/analysis tools: SU, ES, and SD. Wrote the
23 paper: TY, SD, and TM.

24 **Abstract**

25 Recently, in addition to epithelial sodium channel alpha-subunit (α ENaC), the thiazide-sensitive
26 sodium-chloride cotransporter (NCC) and pendrin, also known as sodium-independent
27 chloride/iodide transporter, were reported to be activated by aldosterone. Here, we investigated
28 whether chloride (Cl^-) is responsible for hypertension, inflammation, and renal damage in
29 aldosterone-infused rats. Following left nephrectomy, 8-week-old male Sprague-Dawley rats
30 were allocated into four groups: 1) drinking 1.0% sodium chloride solution with aldosterone
31 infusion (Aldo/NaCl rats); 2) drinking 1.44% sodium bicarbonate solution with aldosterone
32 infusion (Aldo/ NaHCO_3 rats); 3) drinking distilled water with aldosterone infusion (Aldo/water
33 rats); and 4) drinking distilled water without aldosterone infusion (sham rats). Additionally,
34 hemi-nephrectomized rats with aldosterone infusion were fed a 0.26% NaCl diet (control); 8.0%
35 NaCl diet (high-Na/high-Cl); or a 4.0% NaCl 6.67% sodium citrate diet (high-Na/half-Cl). Last,
36 Aldo/NaCl rats were treated with or without hydrochlorothiazide. Blood pressure in the
37 Aldo/NaCl rats was significantly higher than in the Aldo/ NaHCO_3 rats, which was associated
38 with the increased expression of NCC. Expression of markers of inflammation (CD3, CD68,
39 interleukin-17A) and fibrosis (α -smooth muscle actin, collagen 1) were also increased in
40 Aldo/NaCl rats. Similarly, aldosterone-infused rats fed a high-Na/half-Cl diet had lower blood
41 pressure than those fed a high-Na/high-Cl diet, with a reduction of phosphorylated-NCC, but not
42 α ENaC and pendrin. NCC inhibition with hydrochlorothiazide attenuated interleukin-17A
43 protein expression along with the phosphorylation of NCC in Aldo/NaCl rats. These findings
44 suggest that NCC-mediated Cl^- uptake plays important roles in the development of aldosterone-
45 induced hypertension and renal injury.

46

47 **Keywords:** chloride; sodium-chloride cotransporter; aldosterone; hypertension; inflammation

48

49 **Introduction**

50 The kidneys retain the balance between salt and water within body fluid, playing an important
51 role in maintaining blood pressure. Excessive dietary salt intake is a well-known major factor for
52 the induction of hypertension. Guyton et al. first proposed that a decrease in renal excretion of
53 salt leads to fluid retention, resulting in hypertension through an increase in cardiac output (15).
54 Several studies have demonstrated that salt susceptibility to hypertension, also called 'salt-
55 sensitivity', is different in each person (8), and that salt-sensitive hypertension is caused by
56 several factors, including activation of the sympathetic nervous system, the renin-angiotensin-
57 aldosterone system, and hyperinsulinemia (3, 17, 28). However, the precise mechanisms behind
58 salt-sensitivity remain unclear.

59 A recent study suggested that dietary salt *per se* accelerates sodium (Na^+) reabsorption
60 through RAS-related C3 botulinum toxin substrate 1 activation in the salt-sensitive phenotype
61 (31). Dietary salt comprises both Na^+ and chloride (Cl^-) ions, and their excretion is regulated at
62 distal nephrons, which consists of a distal tubule and a collecting duct. Although Na^+ is
63 considered to be a major contributor to hypertension, previous studies suggest that Cl^- , rather
64 than Na^+ , is essential for maintaining blood pressure and volume retention (6, 42). Studies also
65 report that selective Cl^- loading causes vasoconstriction and microangiopathy in spontaneously
66 hypertensive rats (30, 35). In contrast, oral intake of sodium bicarbonate (NaHCO_3) did not
67 elevate blood pressure in rats treated with deoxycorticosterone acetate (DOCA) (45). These
68 findings raise the possibility that the dual roles of NaCl in the pathogenesis of salt-sensitive
69 hypertension may be explained by Cl^- reabsorption at the distal nephron.

70 Among the various models of salt-sensitive hypertension, aldosterone/salt-treated animals
71 exhibit infiltration of the kidneys by numerous immune cells, including lymphocytes and

72 macrophages (4). A previous study found that administration of mycophenolate mofetil (MMF),
73 an immunosuppressant, ameliorated aldosterone/salt-induced hypertension (5). We also reported
74 that another immunosuppressive agent, mizoribine, attenuated not only renal inflammation but
75 also hypertension in a rat aldosterone/NaCl model (10). These findings suggest that
76 aldosterone/NaCl-induced inflammation may be implicated in the development of hypertension
77 (13). Notably, recent studies have demonstrated that excess intake of NaCl causes inflammation
78 through upregulation of interleukin-17A (IL-17A) derived from Th17 cells (1, 23). However, the
79 role of Cl^- on renal inflammation and hypertension in aldosterone-infused rats remains unclear.

80 In this study, we investigated whether Cl^- is responsible for the observed hypertension,
81 inflammation, and renal damage in aldosterone-infused rats. We found that administration of
82 NaHCO_3 solution resulted in less renal inflammation, fibrosis, and hypertension in aldosterone-
83 infused rats compared with administration of NaCl. Next, we show that a 4.0% NaCl 6.67%
84 sodium citrate (high-Na/half-Cl) diet had less hypertension compared with an 8.0% NaCl (high-
85 Na/high-Cl) diet in aldosterone-infused rats. Last, Na^+ - Cl^- cotransporter (NCC) inhibition with
86 hydrochlorothiazide (HCTZ) attenuated IL-17A protein expression in aldosterone/NaCl-infused
87 rats. Both Cl^- restriction and HCTZ administration attenuated protein expression of functional
88 phosphorylated NCC in the membrane fraction. These results suggest that NCC-mediated Cl^-
89 uptake plays important roles in the development of aldosterone-induced hypertension and renal
90 injury.

91

92 **Materials and methods**

93 *Ethical considerations*

94 All experiments were carried out in accordance with recommendations for the Care and Use of

95 Laboratory Animals in the National Institutes of Health Guidelines. The Institutional Animal
96 Care and Use Committee of Hiroshima University (Hiroshima, Japan) approved the experimental
97 protocols (Permit Number: A10-52). All efforts were taken to minimize pain and distress to
98 animals.

99

100 ***Surgical procedures***

101 Eight-week-old male Sprague-Dawley rats (290–320 g) were purchased from Charles River
102 Laboratories Japan (Yokohama, Japan). Rats underwent left nephrectomy under anesthesia with
103 an intraperitoneal injection of sodium pentobarbital or a medetomidine-midazolam-butorphanol
104 combination. Aldosterone (Sigma-Aldrich, St. Louis, MO) was dissolved in distilled water
105 containing dimethyl sulfoxide, and the solution was administered to rats using ALZET™
106 osmotic pumps (Durect, Cupertino, CA) (10). Pumps were subcutaneously implanted in rats,
107 ensuring constant aldosterone infusion throughout the six-week study period.

108

109 ***Experimental protocol***

110 *Experiment 1:* Following surgery, rats were allocated into four groups: 1) drinking 1.0% NaCl
111 solution with aldosterone infusion (Aldo/NaCl rats, n = 8); 2) drinking 1.44% NaHCO₃ solution
112 with aldosterone infusion (Aldo/NaHCO₃ rats, n = 8); 3) drinking distilled water with
113 aldosterone infusion (Aldo/water rats, n = 7); and 4) drinking distilled water without aldosterone
114 infusion (sham rats, n = 8). The concentration of Na⁺ in solutions was adjusted to match
115 equimolecular amounts between Aldo/NaCl rats and Aldo/NaHCO₃ rats. The amount of NaCl in
116 the standard rat chow was 0.30% (Oriental Yeast Co., Ltd, Tokyo, Japan). At the end of the fifth
117 week, rats were killed by cardiac puncture under deep anesthesia.

118 *Experiment 2:* Aldosterone-infused, hemi-nephrectomized rats were divided into three groups: 1)
119 0.26% NaCl (0.10% Na/0.16% Cl) diet (control rats, n = 8); 2) 8.0% NaCl (3.14% Na/4.85% Cl)
120 diet (high-Na/high-Cl rats, n = 8); and 3) 4.0% NaCl 6.67% sodium citrate (3.14% Na/2.43% Cl)
121 diet (high-Na/half-Cl rats, n = 8) (**Table 1**). The formula diets were provided by Research Diets,
122 Inc. (New Brunswick, NJ). At the end of the sixth week, rats were killed by cardiac puncture
123 under deep anesthesia.

124 *Experiment 3:* We inhibited NCC by administering HCTZ (Sigma-Aldrich). Aldo/NaCl rats were
125 generated as above. At two weeks into the study, Aldo/NaCl rats were divided into two groups.
126 Distilled water (vehicle-treated rats, n = 4) or 25 mg/kg/day HCTZ in distilled water (HCTZ-
127 treated rats, n = 5) was administered by oral gavage. At the end of the fifth week, rats were
128 killed by cardiac puncture under deep anesthesia.

129

130 ***Measurement of biological parameters***

131 Blood pressure was measured weekly (*Experiment 1* and *3*) or biweekly (*Experiment 2*) using the
132 tail cuff method (Softron, Tokyo, Japan). Twenty-four-hour urine samples were collected using
133 metabolic cages (Natsume, Tokyo, Japan). Rats were kept in the metabolic cages for one day of
134 acclimatization prior to starting urine collection. At the end of the fifth (*Experiment 1* and *3*) or
135 the sixth (*Experiment 2*) week, blood samples were taken by cardiac puncture. Measurement of
136 blood and urine samples was outsourced to SRL Inc. (Tokyo, Japan). Blood pH was analyzed by
137 I-STAT (chem 8+ cartridge; Abbott Point of Care, Princeton, NJ).

138

139 ***Histological examination***

140 Renal tissue samples were processed to formalin-fixed, paraffin-embedded sections. Two- μ m-

141 thick paraffin sections were prepared for light microscopy and stained with hematoxylin and
142 eosin (H-E), Masson's trichrome (M-T), and periodic acid-Schiff (PAS). Twenty glomeruli under
143 a high-power field (original magnification $\times 200$) were selected from sections of rat kidneys. All
144 microscopic images were captured using Lumina Vision 2.20 (Mitani, Fukui, Japan). Glomerular
145 injury was evaluated using a glomerulosclerosis scoring system reported previously (24). Briefly,
146 glomeruli stained with PAS were graded on a scale of 0 to 4: 0, normal; 1, involvement of 1%-
147 25% of glomerular tufts; 2, involvement of 26%-50% of glomerular tufts; 3, involvement of
148 51%-75% of glomerular tufts; 4, involvement of 75%-100% of glomerular tufts. The scorer did
149 not know the treatment group when scoring.

150

151 *Immunohistochemistry*

152 Paraffin sections (4 μm thick) were subjected to immunohistochemical staining as previously
153 described (10, 38). Primary antibodies used were: mouse monoclonal anti-human CD3 antibody
154 (1:5000; Dako, Glostrup, Denmark), mouse monoclonal anti-human CD68 antibody (1:2000;
155 AbD Serotec, Oxford, UK), mouse monoclonal anti-alpha-smooth muscle actin (αSMA)
156 antibody (1:10000; Sigma-Aldrich), and rabbit polyclonal anti-collagen 1 antibody (1:2000;
157 Abcam, Cambridge, UK). CD3, CD68, and αSMA were detected using the Envision System
158 (Dako). Collagen 1 was stained using the avidin-biotin complex method. To detect death cells in
159 the kidney, terminal deoxynucleotidyl transferase dUTP nick-end labeling (TUNEL) staining was
160 performed using the DeadEnd Colorimetric TUNEL System (Promega, Madison, WI), according
161 to the manufacturer's instructions.

162 The CD3-, CD68-, and TUNEL-positive cells were counted in 10 selected fields of the
163 cortex ($\times 100$) that were captured using a Lumina Vision 2.20 (Mitani). αSMA - and collagen 1-

164 positively stained areas were assessed in five selected fields of the cortex ($\times 40$) and those of the
165 corticomedullary junction ($\times 40$), were also captured as above. Quantitative analysis was
166 performed using Image J software (National Institutes of Health, Bethesda, MD).

167

168 ***Immunoblot assays***

169 To extract protein from whole tissue, frozen renal tissue samples were lysed in cell lysis buffer
170 (Cell Signaling Technology, Danvers, MA) and homogenized for 40 s using an ultrasonic
171 homogenizer (VP-050; Taitec, Saitama, Japan) at 20% power. Soluble protein was additionally
172 sonicated for 20 s. Protein from the membrane fraction was extracted using a Minute™ plasma
173 membrane protein isolation kit (Invent Biotechnologies, Plymouth, MN). The concentration of
174 the protein solution was measured using a Pierce™ BCA protein assay kit (Thermo Fisher
175 Scientific, Rockford, IL), and then the concentration was adjusted uniformly. An equal amount of
176 each sample was analyzed by immunoblot analysis, as previously described (10, 38).

177 The primary antibodies used were: rabbit polyclonal anti-epithelial sodium channel- α
178 antibody (1:2500; StressMarq Biosciences, Victoria, BC, Canada); rabbit polyclonal anti-
179 slc26A4 antibody (1:4000; Bioss, Woburn, MA); rabbit polyclonal anti-thiazide-sensitive Na⁺-
180 Cl⁻ cotransporter antibody (1:2000; EMD Millipore, Darmstadt, Germany); mouse monoclonal
181 anti- α SMA antibody (1:5000; Sigma-Aldrich); and mouse monoclonal anti-IL-17A antibody
182 (1:2000; Novus Biologicals, Littleton, CO). Mouse polyclonal anti-alpha-glyceraldehyde-3-
183 phosphate dehydrogenase (GAPDH) antibody (1:10000; Sigma-Aldrich) was used as a reference
184 standard for protein derived from whole renal lysate. Rabbit polyclonal anti-phosphorylated-
185 NCC antibodies, specifically anti-Thr53-NCC (1:2000), anti-Thr58-NCC (1:1000), and anti-
186 Per71-NCC (1:2000) were as described previously (7). The secondary antibodies were biotin-

187 conjugated goat anti-rabbit immunoglobulin G (H+L) antibody (Thermo Fisher Scientific) and
188 HRP-conjugated goat anti-mouse immunoglobulin G (H+L) antibody (Thermo Fisher Scientific).
189 Signals were detected using the SuperSignal West Dura and Pico system (Thermo Fisher
190 Scientific). The intensity of each protein band was measured using Image J software (National
191 Institutes of Health).

192

193 *Statistical analysis*

194 Results for parametric data are expressed as the means \pm standard deviation (SD) for each group
195 of rats. Statistical analysis was performed using SPSS (version 22.0; IBM, Armonk, NY).

196 Comparisons between two groups were tested using Student's *t*-test, while those among groups
197 were tested by analysis of variance (ANOVA) followed by Tukey's post hoc test. The
198 glomerulosclerosis score was analyzed by Kruskal-Wallis analysis followed by the Steel-Dwass
199 test. The general linear model was applied for comparisons of blood pressure values and urinary
200 samples at each time point and each group. Values of $P < 0.05$ were considered to be statistically
201 significant.

202

203 **Results**

204 *NaCl, but not NaHCO₃, induced hypertension in aldosterone-infused rats*

205 We first evaluated the effect of NaCl and NaHCO₃ on the physical characteristics of aldosterone-
206 infused rats. At the fifth week, Aldo/NaCl rats demonstrated lower body weights compared with
207 Aldo/NaHCO₃ rats. Moreover, severe renal hypertrophy was observed in Aldo/NaCl rats.

208 Although the serum Na⁺ concentration did not show any significant differences among the
209 groups, serum levels of potassium (K⁺) and Cl⁻ were lower in Aldo/NaCl and Aldo/NaHCO₃ rats

210 than in sham and Aldo/water rats (**Table 2**).

211 Systolic blood pressure values in Aldo/NaCl rats gradually rose during the observation
212 period. From week 2, blood pressure values showed a significant increase in the Aldo/NaCl rats
213 compared with the Aldo/NaHCO₃ rats (**Fig. 1A**). The urinary excretion of Na⁺ and Cl⁻ was
214 increased in Aldo/NaCl rats, however K⁺ did not differ. Urinary protein excretion was also
215 significantly increased in Aldo/NaCl rats (**Fig. 1B**).

216

217 *Expression of NCC and α ENaC, but not pendrin, was increased in Aldo/NaCl rats compared*
218 *with Aldo/NaHCO₃ rats*

219 Although aldosterone is known to upregulate the expression of NCC, α ENaC, and pendrin, the
220 effect of NaHCO₃ on expression of these factors in aldosterone-infused rats remains unclear. We
221 extracted proteins located in the membrane fraction from renal samples and adjusted the protein
222 concentration of each sample. Expression levels of transporter proteins from the membrane
223 lysates were examined using immunoblot analysis. Total-NCC expression in membrane lysates
224 was significantly increased in Aldo/NaCl rats compared with Aldo/NaHCO₃ rats, while α ENaC
225 and pendrin expression did not differ significantly between the two groups (**Fig. 2A and B**). To
226 evaluate the activated form of NCC, we examined expression levels of phosphorylated-NCC
227 proteins, specifically T53-NCC, T58-NCC, and P71-NCC. The expression of phosphorylated-
228 NCC proteins were higher in Aldo/NaCl rats than in Aldo/NaHCO₃ and Aldo/water rats (**Fig. 2C**
229 and **D**).

230

231 *Number of Cell Death and expression of fibrotic markers were increased in the kidneys of*
232 *Aldo/NaCl rats compared with Aldo/NaHCO₃ rats*

233 To evaluate renal injury, formalin-fixed, paraffin-embedded tissues were processed for
234 histological analysis. By H-E staining, Aldo/NaCl rats displayed an increase in renal tubular
235 dilation and immune cell infiltration into the tubulointerstitium compared with Aldo/NaHCO₃
236 and Aldo/water rats (**Fig. 3A**). Kidneys from Aldo/NaCl rats showed large areas stained with
237 aniline blue after M-T staining, which indicated fibrotic tissue (**Fig. 3A**). Some glomeruli from
238 Aldo/NaCl rats demonstrated marked glomerulosclerosis and adhesions to the Bowman's capsule
239 along with focal tubulointerstitial injury, such as tubular dilation and protein casts (**Fig. 3A**).
240 Conversely, Aldo/NaHCO₃ and Aldo/water rats showed few sclerotic changes (**Fig. 3B**).

241 Immunohistochemical staining was performed to investigate renal injury more closely.
242 TUNEL staining was performed to determine cell death. TUNEL-positive cells were observed
243 mainly in the tubulointerstitium (**Fig. 3C**). Kidneys from Aldo/NaCl rats had more TUNEL-
244 positive cells than Aldo/NaHCO₃ rats (**Fig. 3D**). To assess the effects of NaCl and NaHCO₃ on
245 fibrosis in aldosterone-infused rats, the expression of α SMA and collagen 1 were used as markers
246 of myofibroblasts and extracellular matrix protein, respectively. While increased areas of fibrosis
247 were observed in the renal tubulointerstitium of Aldo/NaCl rats, there were few fibrotic changes
248 in Aldo/NaHCO₃ rats (**Fig. 3C and D**). Protein expression of α SMA was also examined by
249 immunoblot assay and the findings were compatible with the results from immunohistochemical
250 staining (**Fig. 3E and F**).

251

252 ***Renal inflammation was increased in Aldo/NaCl rats compared with Aldo/NaHCO₃ rats***

253 T cell-mediated inflammation and macrophage migration into the kidneys are dominant
254 pathophysiological features in the development of salt-sensitive hypertension. It has recently
255 been reported that differentiation of naïve T cells into T helper 17 (Th17) cells is central to

256 inflammation in the salt-sensitive state (18). Therefore, we performed immunohistochemical
257 staining for CD3, a maker of T lymphocytes, and CD68, a marker of macrophages and
258 monocytes. Aldo/NaCl rats demonstrated numerous CD3- and CD68-positive cells infiltrating
259 the tubulointerstitium of the kidneys (**Fig. 4A and B**). Expression of IL-17A was also upregulated
260 in Aldo/NaCl rats, however IL-17A expression in the Aldo/NaHCO₃ rats did not differ from the
261 Aldo/water rats (**Fig. 4C and D**).

262

263 ***Dietary Cl⁻ restriction suppressed hypertension and inhibited NCC phosphorylation in***
264 ***aldosterone-infused rats with Na⁺ overload.***

265 To confirm the effect of Cl⁻ on salt-sensitive hypertension under conditions of equalized Na⁺
266 overload, we measured blood pressure and examined the expression of NCC, α ENaC, and
267 pendrin in rats on control, high-Na/high-Cl, and high-Na/half-Cl diets. During the observation
268 period, dietary consumption and body weight were not significantly different between the high-
269 Na/high-Cl and high-Na/half-Cl groups (**Fig. 5A and Table 3**). At the third week, urinary
270 excretion of Na⁺ did not differ between the high-Na/high-Cl and high-Na/half-Cl rats, whereas
271 urinary Cl⁻ was increased in high-Na/high-Cl rats compared with high-Na/half-Cl rats (**Table 3**).
272 Similar to Aldo/NaCl rats, blood pressure of high-Na/high-Cl rats was higher than that of high-
273 Na/half-Cl rats (**Fig. 5B**). By immunoblot analysis, phosphorylated-NCC expression in
274 membrane lysates were significantly upregulated in high-Na/high-Cl rats compared with high-
275 Na/half-Cl rats (**Fig. 5C and D**).

276

277

278 ***HCTZ alleviated hypertension and attenuated α SMA and IL-17A expression***

279 To determine the role of NCC in Aldo/NaCl rats, we investigated the effect of HCTZ on blood
280 pressure and renal inflammation and damage. Oral administration of HCTZ, a pharmacological
281 inhibitor of NCC, at a dose of 25 mg/kg/day for four weeks suppressed the rise in blood pressure
282 in Aldo/NaCl rats, along with reduced urinary protein excretion (**Fig. 6A and B**). Immunoblot
283 assays also revealed that, in addition to α SMA, IL-17A decreased in HCTZ-treated rats
284 compared with vehicle-treated rats (**Fig. 6C**).

285

286 *HCTZ suppressed phosphorylated-NCC expression in the membrane fraction*

287 To identify the inhibitory effect of NCC on transporters at the distal nephron in Aldo/NaCl rats,
288 we investigated the protein expression of NCC, α ENaC, and pendrin between vehicle-treated and
289 HCTZ-treated rats. Although expression levels of total- and phosphorylated-NCC in membrane
290 lysates were significantly decreased in HCTZ-treated rats, those of α ENaC and pendrin did not
291 change, irrespective of HCTZ treatment (**Fig. 7A and B**).

292

293 **Discussion**

294 In this study, we found that aldosterone-induced salt-sensitive hypertension increased in rats
295 administered NaCl, but not NaHCO₃, in their drinking water which was accompanied by
296 significantly increased expression of NCC. Administration of NaCl, but not NaHCO₃, increased
297 not only renal fibrosis but also infiltration of inflammatory cells along with upregulated
298 expression of IL-17A in aldosterone-infused rats. Similarly, even with the equimolar Na⁺
299 overloading, a high-Na/high-Cl diet showed higher blood pressure than the high-Na/half-Cl diet
300 in aldosterone-infused rats. High-Na/high-Cl diet upregulated expression of phosphorylated
301 NCC, whereas the high-Na/half-Cl diet did not. Last, NCC inhibition with HCTZ improved

302 hypertension, renal fibrosis, and inflammation in Aldo/NaCl rats. These findings suggest that
303 NCC-mediated Cl^- reabsorption plays a pivotal role in the development of hypertension and
304 renal damage in this rat model of aldosterone-induced salt-sensitive hypertension.

305 We found that Aldo/NaCl treatment induced elevated blood pressure and increased the
306 expression of NCC and pendrin compared with Aldo/water treatment. Among several inducers of
307 salt-sensitive hypertension, aldosterone is well-known to increase renal NaCl reabsorption
308 through activating αENaC and NCC (7, 9, 20). Thus, exogenous aldosterone infusion is regularly
309 used for animal models of salt-sensitive hypertension. Recently, DOCA was reported to increase
310 expression levels of pendrin in mice (27, 41). Previous studies have demonstrated that pendrin
311 enhances γENaC function, possibly through its ability to keep channels open and alter
312 subcellular protein distribution (25), and that elevated blood pressure is not observed in pendrin-
313 null mice with DOCA/NaCl treatment (41). In contrast, other studies have reported that specific
314 deletion of the pendrin gene did not attenuate salt-sensitive hypertension (32, 44). Therefore, the
315 role of pendrin on the progression of hypertension remains controversial. In the current study, we
316 found that in rats that drank NaHCO_3 , or had the high-Na/half-Cl diet or received HCTZ
317 treatment, salt-sensitive hypertension improved without changes in pendrin expression. Taken
318 together, the results suggest that pendrin is not likely to be responsible for Aldo/NaCl-induced
319 hypertension.

320 Aldo/ NaHCO_3 and high-Na/half-Cl rats did not show significant elevations in blood
321 pressure nor did they show upregulation of NCC, indicating that, in addition to aldosterone, Cl^- is
322 essential for increased salt-sensitivity through activation of NCC. We also observed that
323 inhibition of NCC with oral administration of HCTZ attenuated not only hypertension and renal
324 damage, including proteinuria, interstitial fibrosis and inflammation, in Aldo/NaCl rats but also

325 reduced total- and phosphorylated-NCC expression. NCC phosphorylation is induced by various
326 stimuli, including hypokalemia, aldosterone, angiotensin, hyperinsulinemia, and sympathetic
327 stimulation, which are all known to contribute to salt sensitivity (22, 34, 36, 37, 39). Our data
328 indicate that NCC-mediated Cl⁻ reabsorption plays an important role in the development of salt-
329 sensitive hypertension.

330 Previous research has shown that NCC knockout mice upregulate not only γ ENaC
331 expression but also pendrin expression (14). Additionally, aldosterone-induced alkalosis leads to
332 enhanced expression of pendrin (29, 41). These findings suggest that either γ ENaC or pendrin
333 are complementarily overexpressed to retain NaCl as well as to maintain acid-base homeostasis
334 during blocking of the NCC function (32). However, in the current study, NCC inhibition with
335 HCTZ was not compensated for by increased expression of γ ENaC (data not shown) and
336 pendrin. One possible explanation for this finding is that the biological half-life of oral HCTZ is
337 only 1.7 and 13.1 hours for the α - and β -phases, respectively, indicating that HCTZ
338 administration only has a temporary inhibitory effect on NCC, unlike that observed in knockout
339 animals (2). Another possible mechanism is that γ ENaC and pendrin might have already been
340 upregulated in Aldo/NaCl rats. In either case, our data suggest that γ ENaC and pendrin do not
341 confer the ability to compensate for NCC.

342 Previous studies found that administration of DOCA or angiotensin II could not induce
343 hypertension in rodents lacking T and B lymphocytes (16, 33). It is also reported that
344 immunosuppressants, such as TNF- α inhibitors, MMF or mizoribine, prevent hypertension in
345 salt-sensitive animal models (5, 10, 11). Importantly, recent studies have clarified that NaCl
346 promotes autoimmune disease through Th17 (18), and that deletion of IL-17A ameliorates
347 hypertension and renal injury in DOCA/NaCl rats (1). These findings suggest that T cell-driven

348 inflammation is involved in aldosterone-induced hypertension. In the current study, the protein
349 expression level of IL-17A was suppressed in Aldo/NaHCO₃ rats and Aldo/NaCl rats with HCTZ
350 treatment. Taken together, it appears that Cl⁻ plays an essential role in the development of salt-
351 induced inflammation.

352 Dysregulated Th17 cells are regarded as a therapeutic target not only for salt-sensitive
353 hypertension but also inflammatory renal diseases, including lupus nephritis, IgA nephropathy,
354 crescentic glomerulonephritis, and post-transplant rejection (12, 19, 26, 40). Chronic
355 inflammation is recognized to cause subsequent fibrosis through production of transforming
356 growth factor-β1 (21). A recent study reported that T cells are required for both collagen
357 deposition and hypertension (43). Anti-inflammatory therapies suppress renal fibrosis,
358 suggesting that inhibition of T cells, at least in part, has anti-fibrotic effects. These findings raise
359 the possibility that Cl⁻-mediated inflammation contributes to renal fibrosis as well as salt-
360 sensitive hypertension.

361 In conclusion, aldosterone-infused rats with NaCl in their drinking water had increased
362 hypertension and renal inflammation compared with NaHCO₃-treated controls. Reduction of
363 dietary Cl⁻ also decreased the development of hypertension as well as NCC activation, even with
364 equimolar Na⁺ overloading. As activation of T lymphocytes is known to participate in the
365 development of both hypertension and renal damage, Cl⁻ overload may also be involved in this
366 critical process. HCTZ treatment was found to ameliorate blood pressure elevation and renal
367 damage through the reduction of NCC expression. These results suggest that NCC-mediated Cl⁻
368 reabsorption plays an important role in the pathogenesis of salt-sensitive hypertension.

369

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372

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375

376 **Disclosures**

377 The authors declare no actual or potential conflicts of interest.

378

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525

526 **Figure captions**

527

528 **Fig. 1. Sodium chloride increased aldosterone-induced salt-sensitive hypertension and renal**
529 **dysfunction.**

530 (A) Line graph showing sequential blood pressure values measured once a week during the

531 observation period. (B) Graphs indicate urinary excretion of Na⁺, Cl⁻, K⁺, and protein at week 0,

532 2, and 4 respectively. Na⁺: sodium. Cl⁻: chloride. K⁺: potassium. Sham rats (sham): rats given
533 water after left nephrectomy. Aldo/water rats (Aldo/water): hemi-nephrectomized rats drinking
534 distilled water with aldosterone infusion. Aldo/NaHCO₃ rats (Aldo/NaHCO₃): hemi-
535 nephrectomized rats drinking 1.44% NaHCO₃ with aldosterone infusion. Aldo/NaCl rats
536 (Aldo/NaCl): hemi-nephrectomized rats drinking 1.0% NaCl with aldosterone infusion. Values
537 are the mean ± SD. Blood pressure data and urinary data at each time point were analyzed using
538 the general linear model, and statistical differences compared with Aldo/NaHCO₃ rats are
539 indicated as § $P < 0.05$.

540

541 **Fig. 2. Membranous expression of the Na⁺-Cl⁻ transporter was enhanced in aldosterone and**
542 **sodium chloride-treated rats.**

543 (A) Representative immunoblot assay showing protein expression of transporters located at the
544 aldosterone-sensitive distal nephron. (B) Quantification of protein expression of αENaC,
545 pendrin, and total-NCC. (C) Representative immunoblot assay shows membrane expression of
546 phosphorylated NCC, specifically T53, T58, and P71-NCC. (D) Quantification of protein
547 expressions of phosphorylated NCC. αENaC: epithelial sodium channel alpha-subunit. NCC:
548 thiazide-sensitive Na⁺-Cl⁻ cotransporter. Sham rats (sham): rats given water after left
549 nephrectomy. Aldo/water rats (Aldo/water): hemi-nephrectomized rats drinking distilled water
550 with aldosterone infusion. Aldo/NaHCO₃ rats (Aldo/NaHCO₃): hemi-nephrectomized rats
551 drinking 1.44% NaHCO₃ with aldosterone infusion. Aldo/NaCl rats (Aldo/NaCl): hemi-
552 nephrectomized rats drinking 1.0% NaCl with aldosterone infusion. Values are the mean ± SD.
553 Data were analyzed with ANOVA followed by Tukey's test. Statistical differences are indicated
554 as * $P < 0.05$, ** $P < 0.01$.

555

556 **Fig. 3. Sodium chloride-treated rats showed increased aldosterone-induced renal injury.**

557 (A) Representative images of hematoxylin and eosin (H-E), Masson's trichrome (M-T), and
558 periodic acid-Schiff (PAS) staining showing typical morphological changes in renal tissue. (B)
559 Glomerulosclerosis scores. (C) Representative images of immunohistochemical staining showing
560 terminal deoxynucleotidyl transferase dUTP nick-end labeling (TUNEL)-positive cells, collagen
561 1, and alpha-smooth muscle actin (α SMA). (D) Quantification of TUNEL-positive cells, and
562 positive areas of collagen 1 and α SMA. (E) Representative immunoblot assay showing protein
563 expression levels of α SMA in sham rats, Aldo/water rats, Aldo/NaCl rats, and Aldo/NaHCO₃
564 rats. Glyceraldehyde-3-phosphate dehydrogenase (GAPDH) was used as an internal control.
565 Graph shows relative protein expression of α SMA. Sham rats (sham): rats given water after left
566 nephrectomy. Aldo/water rats (Aldo/water): hemi-nephrectomized rats drinking distilled water
567 with aldosterone infusion. Aldo/NaHCO₃ rats (Aldo/NaHCO₃): hemi-nephrectomized rats
568 drinking 1.44% NaHCO₃ with aldosterone infusion. Aldo/NaCl rats (Aldo/NaCl): hemi-
569 nephrectomized rats drinking 1.0% NaCl with aldosterone infusion. Values are the mean \pm SD.
570 Parametric data were analyzed with ANOVA followed by Tukey's test. Glomerulosclerosis score
571 was analyzed with Kruskal-Wallis analysis followed by the Steel-Dwass test. Statistical
572 differences are indicated as * $P < 0.05$, ** $P < 0.01$.

573

574 **Fig. 4. Macrophages and T lymphocytes are associated with inflammation in aldosterone-**
575 **induced hypertensive rats.**

576 (A) Typical images of immunohistochemical staining for T lymphocytes (CD3-positive cells)
577 and macrophages (CD68-positive cells) showing inflammatory cell infiltration of kidneys of

578 sham rats, Aldo/water rats, Aldo/NaCl rats, and Aldo/NaHCO₃ rats. (B) Quantification of CD3-
579 and CD68-positive cells. (C) Immunoblot assays showing protein expression of interleukin 17A
580 (IL-17A). (D) Quantification of protein expression of IL-17A. Sham rats (sham): rats given
581 water after left nephrectomy. Aldo/water rats (Aldo/water): hemi-nephrectomized rats drinking
582 distilled water with aldosterone infusion. Aldo/NaHCO₃ rats (Aldo/NaHCO₃): hemi-
583 nephrectomized rats drinking 1.44% NaHCO₃ with aldosterone infusion. Aldo/NaCl rats
584 (Aldo/NaCl): hemi-nephrectomized rats drinking 1.0% NaCl with aldosterone infusion. Values
585 are the mean ± SD. Data were analyzed with ANOVA followed with Tukey's test. Statistical
586 differences are indicated as * $P < 0.05$, ** $P < 0.01$.

587

588 **Fig. 5. Reduction of Cl⁻ intake prevented hypertension and inhibited protein expression of**
589 **the Na⁺-Cl⁻ transporter.**

590 (A) Line graph indicates weekly dietary intake of control, high-Na/high-Cl, and high-Na/half-Cl
591 groups during the observation period (n=8 for each group). (B) Line graph showing sequential
592 blood pressure values measured biweekly. (C) Immunoblot assay showing membrane expression
593 of αENaC, pendrin, total-NCC, T53, T58, and P71-NCC among control rats, high-Na/high-Cl
594 rats, and high-Na/half-Cl rats. (D) Quantification of protein expression of αENaC, pendrin, total-
595 NCC, T53, T58, and P71-NCC in the membrane fraction isolated from the kidney lysate.
596 αENaC: epithelial sodium channel alpha-subunit. NCC: thiazide-sensitive Na⁺-Cl⁻ cotransporter.
597 Control rats (control): rats given a 0.26% NaCl (0.10% Na/0.16% Cl) diet. High-Na/high-Cl rats
598 (high-Na/high-Cl): rats given an 8.0% NaCl (3.14% Na/4.85% Cl) diet. High-Na/half-Cl rats
599 (high-Na/half-Cl): rats given a 4.0% NaCl 6.67% sodium citrate (3.14% Na/2.43% Cl) diet. All
600 rats were subjected to hemi-nephrectomy and aldosterone infusion. Values are mean ± SD.

601 Dietary intake and blood pressure data at each time point were analyzed using the general linear
602 model, and statistical differences compared with high-Na/half-Cl rats are indicated as § $P < 0.05$.
603 Immunoblot data were analyzed with ANOVA followed by Tukey's test. Statistical differences
604 are indicated as * $P < 0.05$, ** $P < 0.01$.

605

606 **Fig. 6. Hydrochlorothiazide attenuated hypertensive nephropathy with inhibition of IL-17**
607 **and α SMA expression.**

608 (A) Line graph showing systolic blood pressure measured every week with or without
609 hydrochlorothiazide (HCTZ) treatment. (B) Changes in urinary protein per day. (C) Immunoblot
610 assay showing protein expression of alpha-smooth muscle actin (α SMA) and interleukin 17A
611 (IL-17A) in rats with and without HCTZ treatment. Glyceraldehyde-3-phosphate dehydrogenase
612 (GAPDH) was used as an internal control. (D) Quantification of protein expression of α SMA and
613 IL-17A. HCTZ-treated rats (HCTZ): Aldo/NaCl rats given 25 mg/kg/day hydrochlorothiazide by
614 oral gavage. Vehicle-treated rats (vehicle): Aldo/NaCl rats given distilled water. Values are the
615 mean \pm SD. Blood pressure data at each time point were analyzed using the general linear model,
616 and statistical differences compared with vehicle-treated rats are indicated as § $P < 0.05$. The
617 other data were analyzed with Student's *t*-test for comparisons between two groups. Statistical
618 differences are indicated as * $P < 0.05$, ** $P < 0.01$.

619

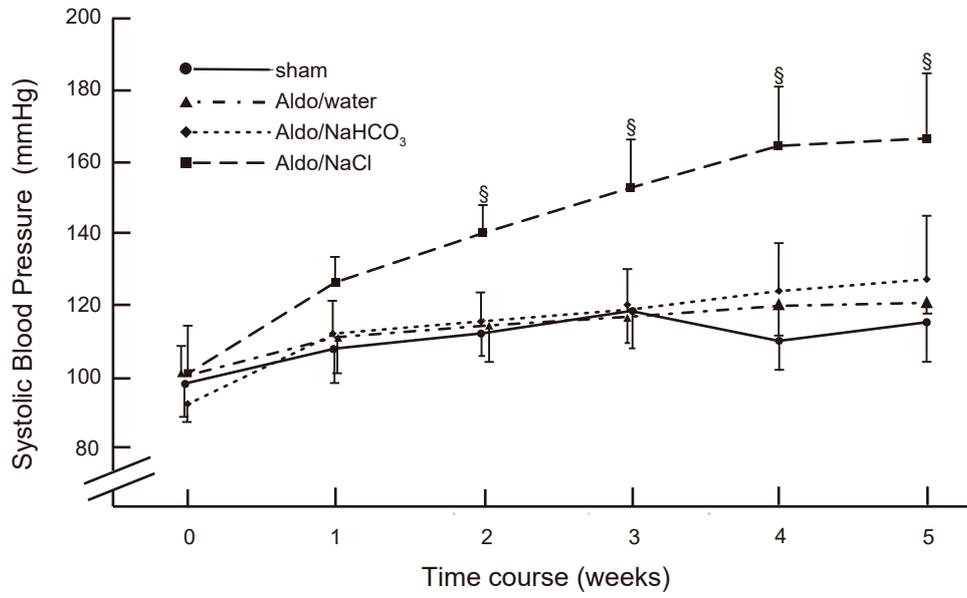
620 **Fig. 7. Hydrochlorothiazide attenuated the protein expression level of $\text{Na}^+\text{-Cl}^-$ transporter**
621 **and its phosphorylated forms in the membrane fraction.**

622 (A) Immunoblot assay showing membrane expression of $\text{Na}^+\text{-Cl}^-$ transporters in Aldo/NaCl rats
623 with or without hydrochlorothiazide (HCTZ) treatment. (B) Quantification of protein expression

624 in the membrane fraction isolated from the kidney of Aldo/NaCl rats with or without HCTZ
625 treatment. HCTZ-treated rats (HCTZ): Aldo/NaCl rats given 25 mg/kg/day hydrochlorothiazide
626 by oral gavage. Vehicle-treated rats (vehicle): Aldo/NaCl rats given distilled water. Values are the
627 mean \pm SD. Data were analyzed using Student's *t*-test for comparisons between two groups.
628 Statistical differences are indicated as * $P < 0.05$, ** $P < 0.01$.

Fig.1

A



B

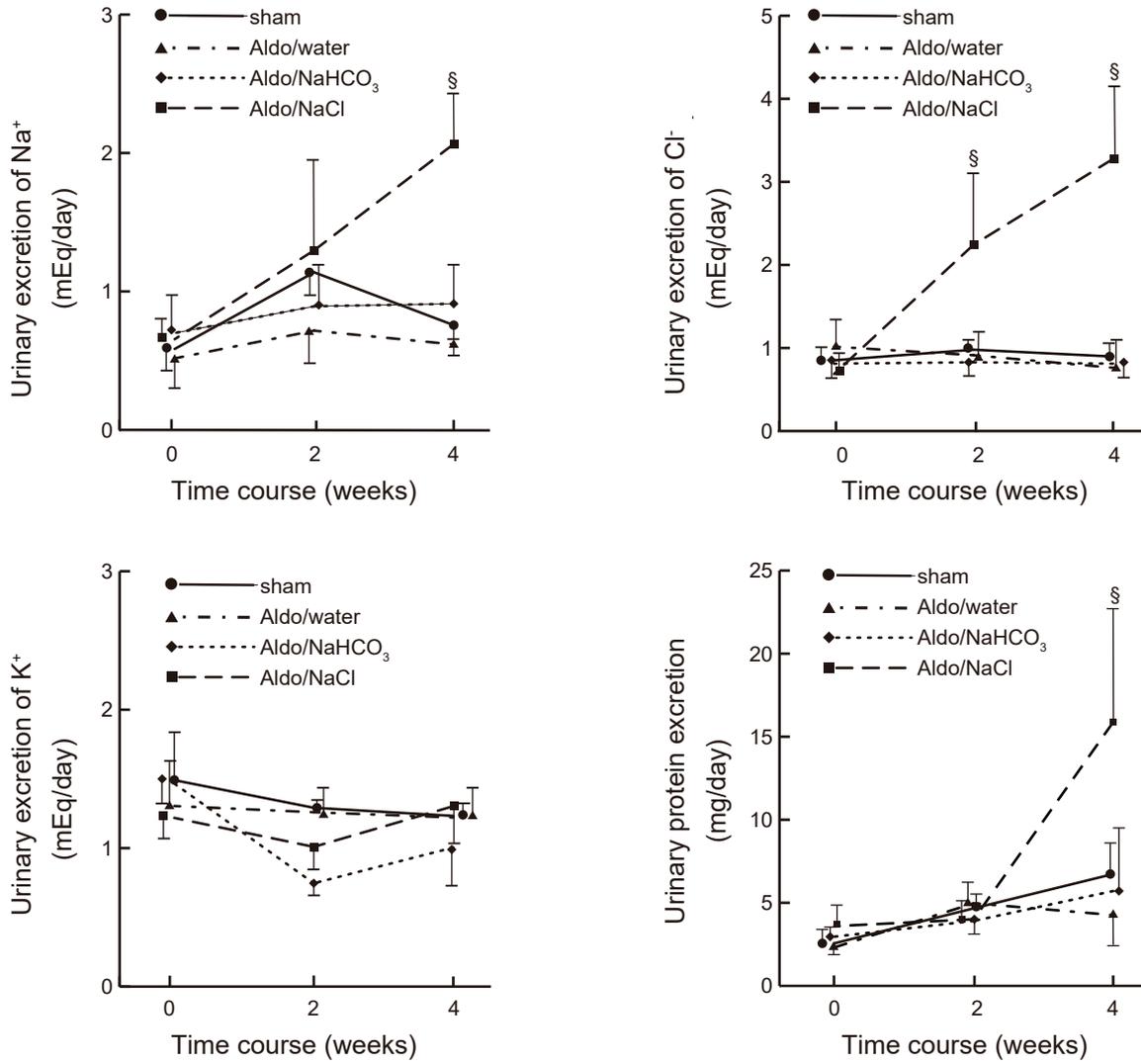
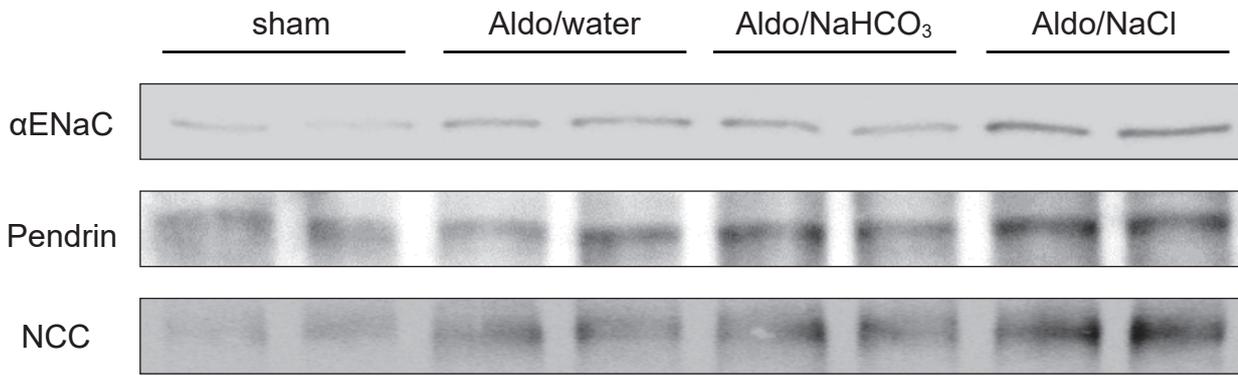
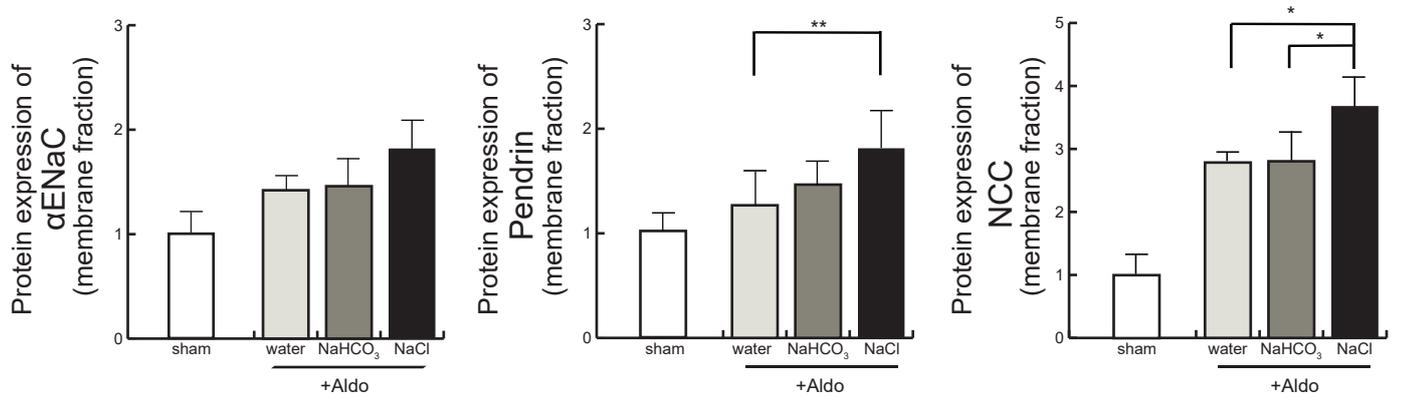


Fig.2

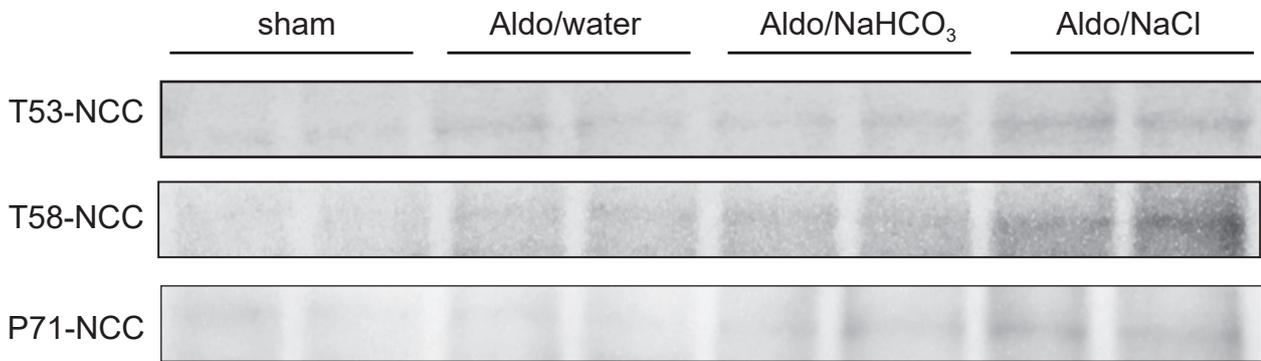
A



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C



D

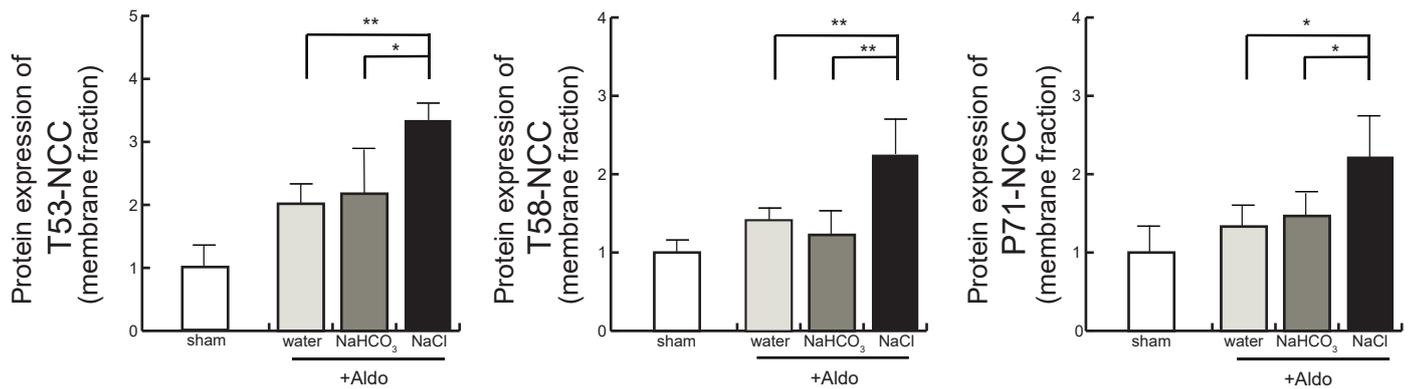
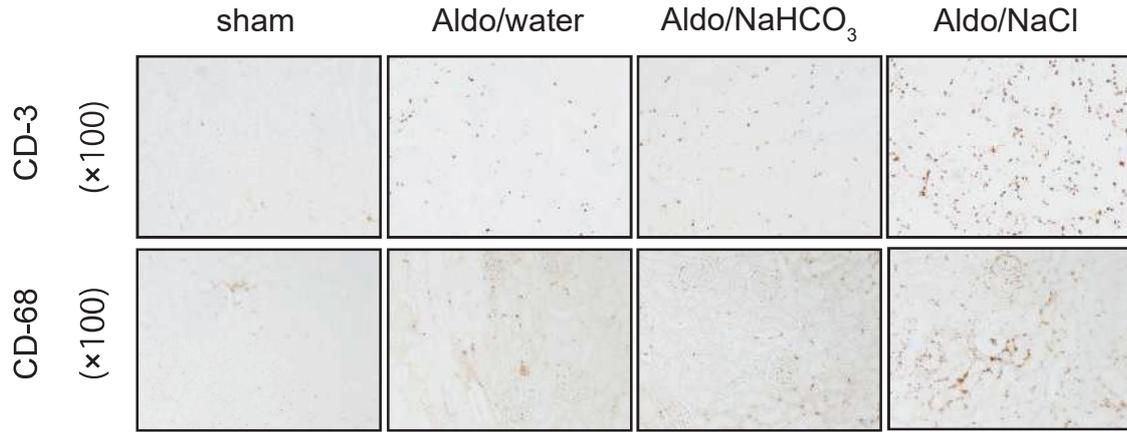
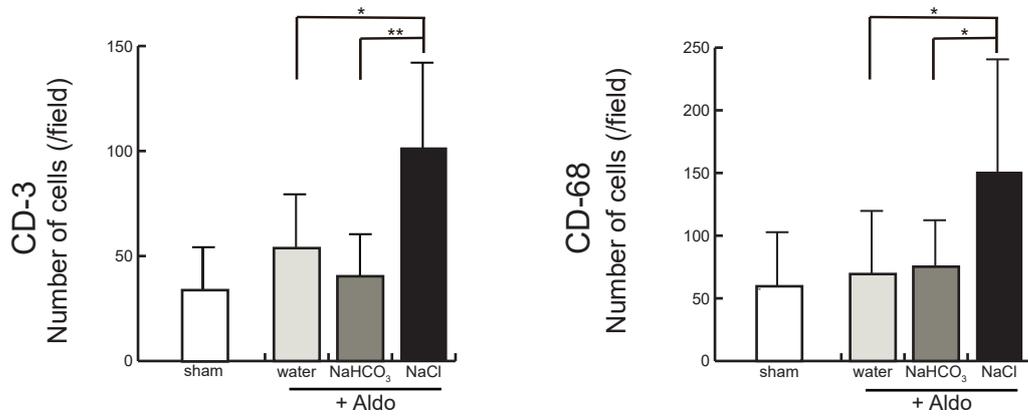


Fig.4

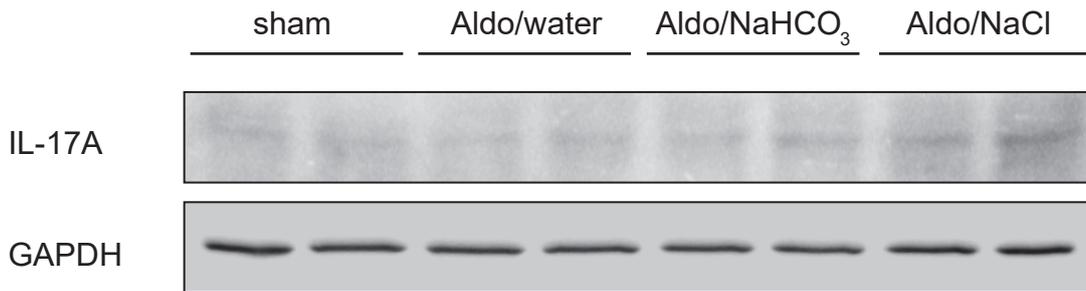
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D

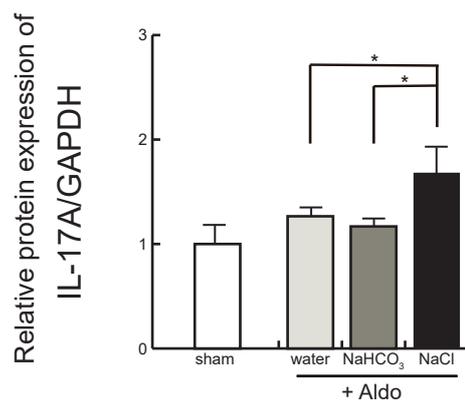


Fig.5

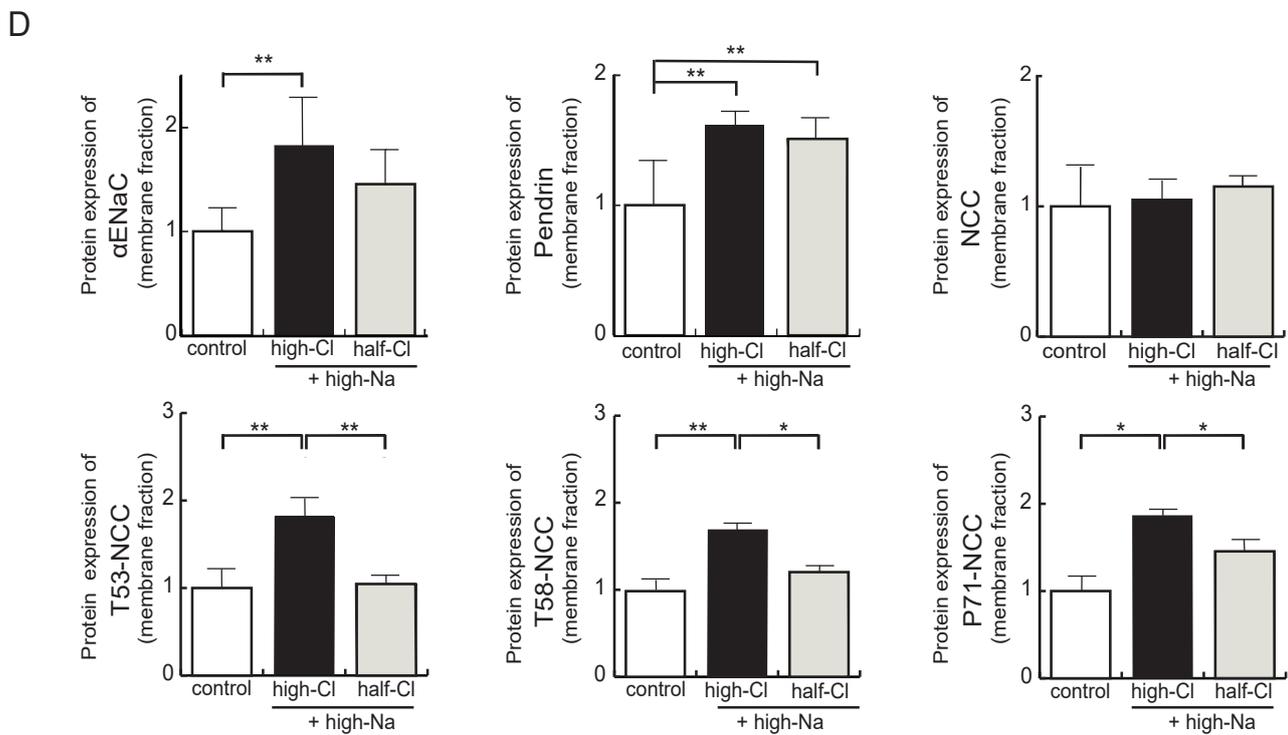
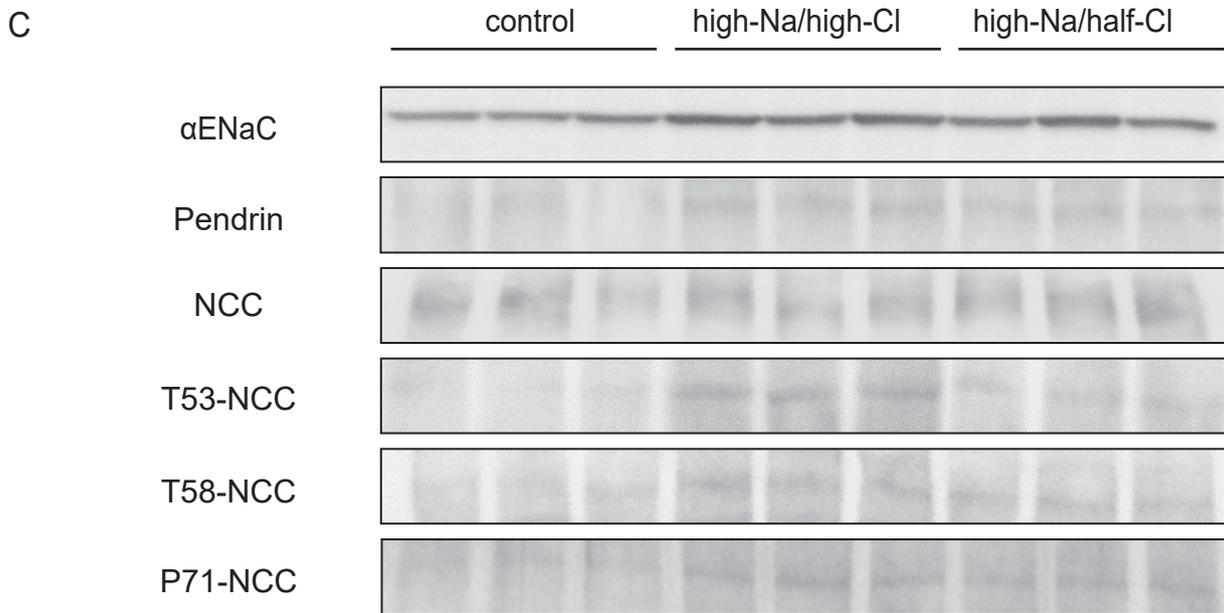
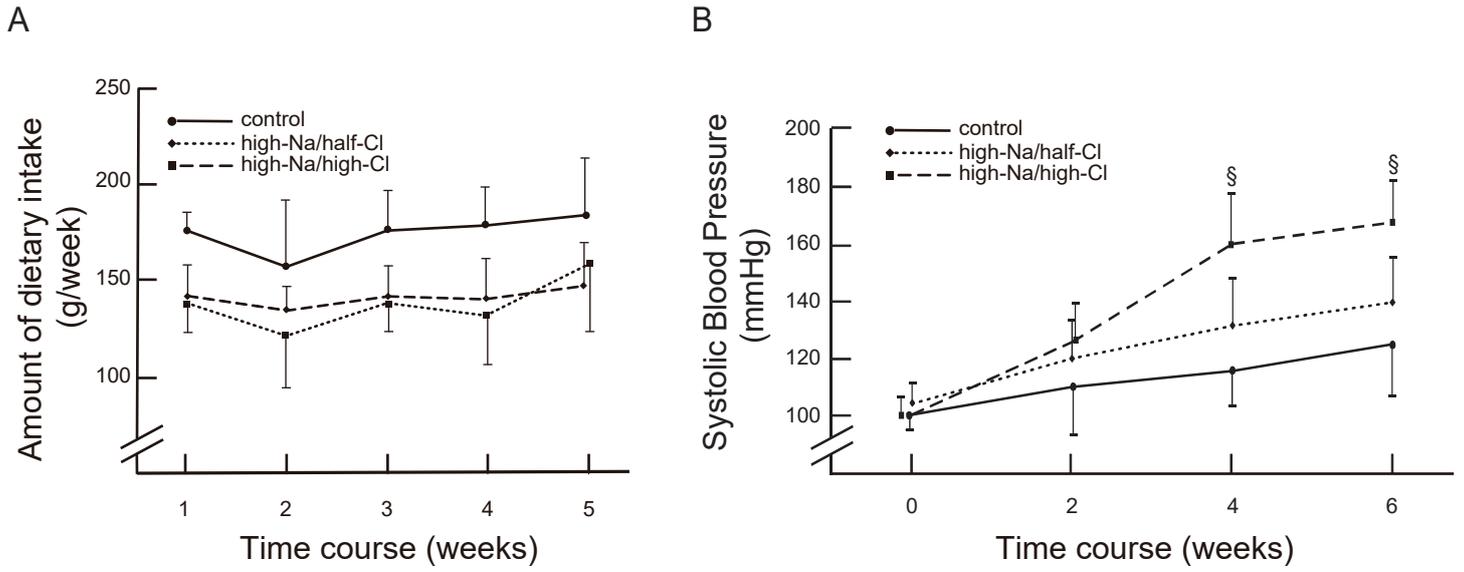


Fig.6

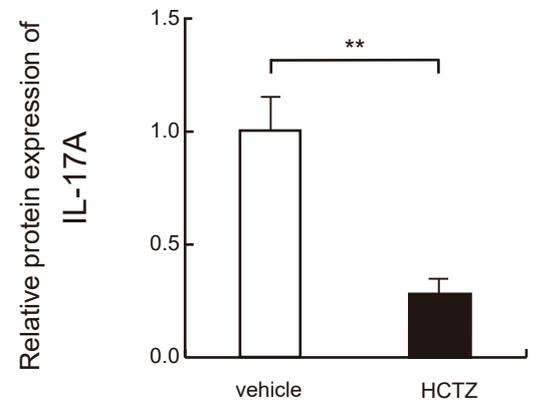
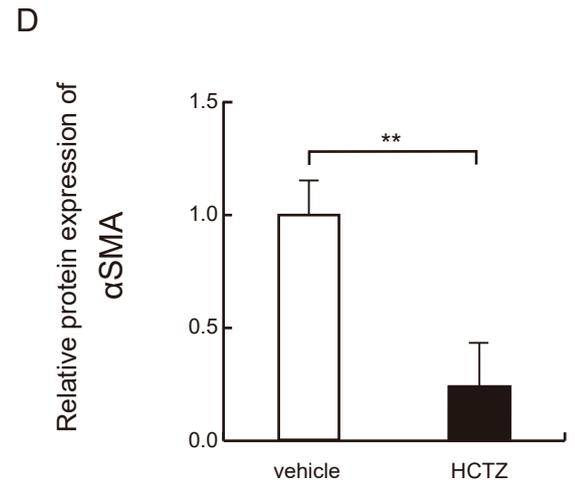
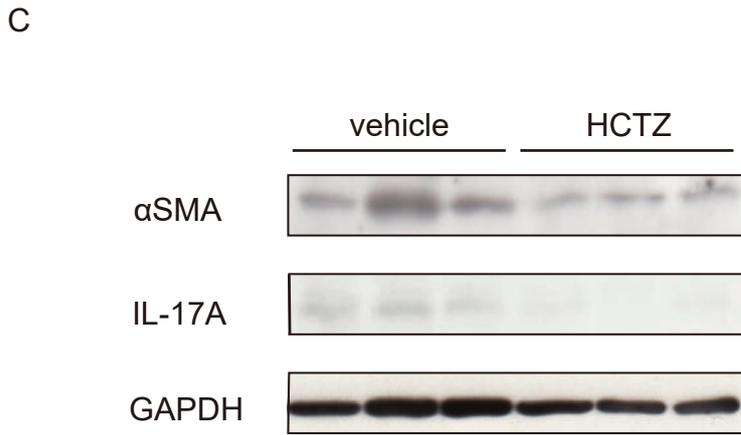
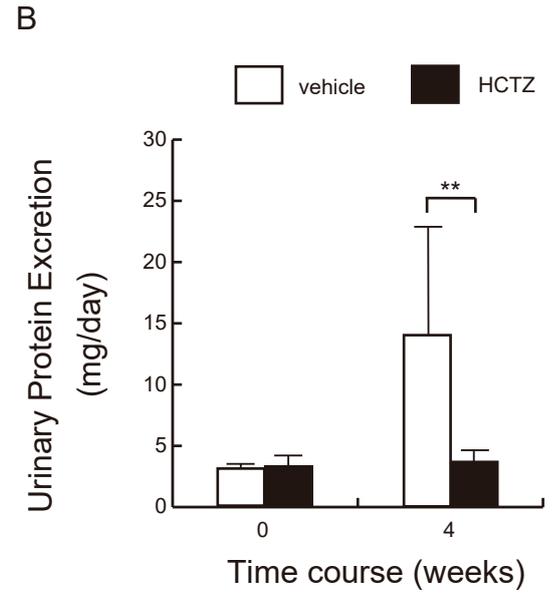
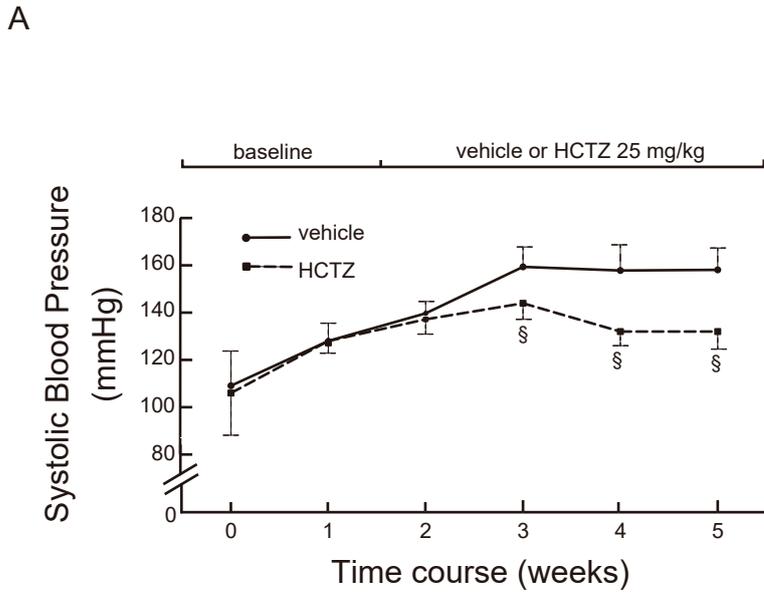
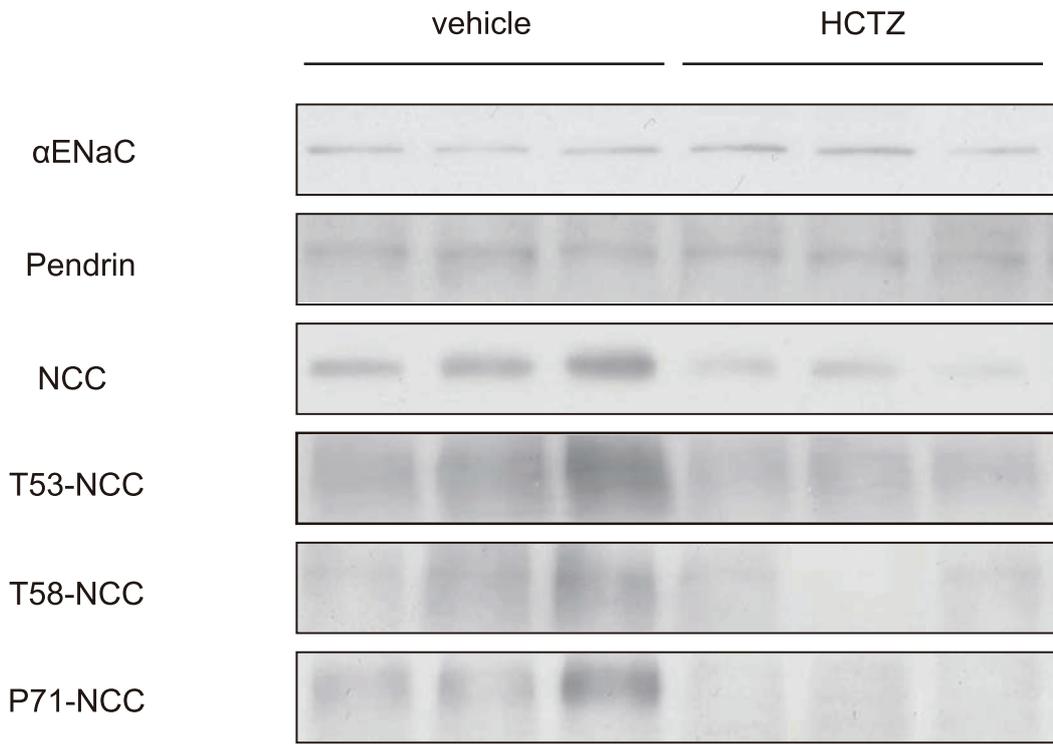


Fig.7

A



B

