

1       **The casein peptide NPWDQ enforces the intestinal tight junction**  
2               **partly by increasing occludin expression in Caco-2 cells**

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12 *shortened title:* casein peptide NPWDQ enforces tight junction

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14 **Keywords:** casein peptide; tight junction; occludin; Caco-2; microarray

15  
16 *Abbreviations:* DMEM, Dulbecco's modified Eagle's medium; ECM, extracellular  
17 matrix; EMC, enzyme-modified cheese; JAM, junctional adhesion molecule; NPWDQ,  
18 Asn-Pro-Trp-Asp-Gln; TER, transepithelial resistance; TJ, tight junction; ZO-1, zonula  
19 occludens-1

1 **Abstract**

2

3 We have previously demonstrated that NPWDQ (Asn-Pro-Trp-Asp-Gln, amino  
4 acids 107–111 of  $\alpha_{s2}$ -casein) inhibited allergen permeation, such as that demonstrated  
5 by ovalbumin, using Caco-2 cells as an *in vitro* human intestinal epithelial model and in  
6 mouse jejunum and ileac loops *ex vivo*. In the present study, the mechanism underlying  
7 this inhibitory activity was examined in Caco-2 cells. Transepithelial resistance value  
8 increased in response to the addition of increasing NPWDQ concentrations ( $10^{-6}$ – $10^{-4}$   
9 M), which suggested that this peptide enhanced epithelial barrier function. Next,  
10 changes in mRNA expression by the addition of NPWDQ ( $10^{-6}$  M) were analysed in  
11 Caco-2 cells using the microarray method. NPWDQ up-regulated the expression of the  
12 occludin gene in cells, but the level of genes of the claudin family and zonula  
13 occludens-1 was unchanged. Increased protein expression of occludin (but not claudin-1  
14 nor zonula occludens-1) was also observed. Therefore, it was suggested that NPWDQ  
15 up-regulated the expression of occludin in particular and enforced the tight junction  
16 barrier. These data imply that a food-derived peptide can fine-tune the epithelial barrier.

## 1 **Introduction**

2

3 Allergic diseases are the most common of all immunologically mediated conditions and  
4 are increasing in prevalence in most developed countries. Food allergy has been thought  
5 to involve an excessive immune reaction against allergens permeating from the  
6 intestinal tract. Theoretically, the intestinal epithelium acts as a barrier restricting the  
7 permeation of macromolecules. However, a small proportion ( $10^{-3}$ – $10^{-4}$ ) of dietary  
8 proteins can cross the epithelium to access and activate effector cells, resulting in food  
9 allergy<sup>(1)</sup>.

10 It is hypothesised that altered intestinal barrier function permits increased  
11 transport of dietary antigens across the intestinal barrier and exposure of dietary  
12 antigens to the mucosal immune system, leading to the development of a dietary  
13 antigen-specific response<sup>(2)</sup>. Consistent with this hypothesis, intestinal permeability in  
14 infants with food allergy, as assessed by the lactulose/mannitol ratio in urine, was  
15 significantly increased compared with that seen in healthy young children<sup>(3)</sup>. It is  
16 therefore conceivable that enhancing the barrier function of the intestinal epithelium  
17 would help prevent food allergy.

18 Our research team has established an *in vitro* system to evaluate allergen  
19 permeation using differentiated Caco-2 cells grown on a permeable filter<sup>(4)</sup>. Caco-2 cells,  
20 human adenocarcinoma cell line derived from a colon carcinoma, have been used as an  
21 *in vitro* model for various purposes. For example, we estimated the transepithelial  
22 transport of dietary components, such as the flavonoid hesperidin, in the Caco-2 cell  
23 monolayer<sup>(5)</sup>. Caco-2 cells differentiate under standard culture conditions to form  
24 confluent monolayers and acquire many features of absorptive intestinal cells during

1 culture. These cells spontaneously exhibit various enterocytic characteristics, including  
2 the formation of intercellular tight junctions (TJs).

3 Using this TJ model, we have reported that enzyme-modified cheese (EMC)  
4 inhibited the permeation of the representative food allergen ovalbumin (OVA). NPWDQ  
5 (Asn-Pro-Trp-Asp-Gln, amino acids 107–111 of  $\alpha$ <sub>2</sub>-casein) was isolated from the  
6 hydrolysate and identified as one of the responsible peptides for this inhibitory activity  
7 <sup>(4)</sup>. Intestinal permeability of both fluorescein isothiocyanate-conjugated dextran and  
8 horseradish peroxidase decreased in Caco-2 cells by the addition of NPWDQ<sup>(6)</sup>. We also  
9 examined if NPWDQ inhibited allergen permeation *ex vivo* using rats with intestinal  
10 inflammation induced by subcutaneous injections of indomethacin. When OVA was  
11 injected into the jejuna and ileac loops of rats orally-administered with NPWDQ, it was  
12 found that NPWDQ administration effectively diminished OVA permeation from both  
13 loops compared with that in rats not administered NPWDQ<sup>(6)</sup>. From these results, it was  
14 assumed that NPWDQ would enhance epithelial barrier function.

15 The epithelium maintains barrier function by the formation of complex  
16 protein–protein networks that mechanically link adjacent cells and seal the intercellular  
17 space. The protein networks that connect epithelial cells form three adhesive complexes:  
18 TJs, adherens and desmosomes. These complexes consist of transmembrane proteins  
19 that interact extracellularly with adjacent cells and intracellularly with adaptor proteins  
20 that link to the cytoskeleton<sup>(2)</sup>. For example, TJs consist of several proteins, and among  
21 them zonula occludens-1 (ZO-1) was the first to be identified. It binds to  
22 transmembrane proteins, such as claudins and occludin, and links them to cytoskeletal  
23 actin. TJ proteins are regulated by phosphorylation by kinases, phosphatases and other  
24 signaling molecules.

1 In the present study, we investigated changes in the mRNA expression of genes  
2 related to TJ in Caco-2 cells by the addition of NPWDQ using the microarray method.  
3 Western blot analyses of three major TJ proteins (occludin, claudin-1 and ZO-1) were  
4 also performed. We demonstrated that NPWDQ enforced TJs, at least partly, by  
5 increasing occludin expression.

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7

## 8 **Materials and methods**

9

### 10 *Caco-2 cells*

11

12 Caco-2 cells were obtained from American Type Culture Collection (Rockville, MD,  
13 USA). In this study, cells were used between 45-50 passages. The culture medium  
14 consisted of Dulbecco's modified Eagle's medium (DMEM) with 10% fetal bovine  
15 serum (FBS), 1% nonessential amino acids, and antibiotics (100 units/ml penicillin, 100  
16 µg/ml streptomycin and 50 µg/ml gentamycin). DMEM, nonessential amino acids,  
17 penicillin, streptomycin, and gentamycin were all obtained from Invitrogen Corp.  
18 (Carlsbad, CA, USA). FBS was obtained from ICN Biomedicals, Inc. (Osaka, Japan).

19 Cells were cultured at 37°C under a humidified atmosphere of 5% CO<sub>2</sub>. They  
20 were normally grown in 75 cm<sup>2</sup> tissue culture flasks to approximately 80% confluence,  
21 and seeded into a 12-well Transwell cell culture chamber (0.4 µm in pore size and 12  
22 mm in diameter) (Corning Coster, Cambridge, MA, USA) at a density of 5 x 10<sup>5</sup>  
23 cells/cm<sup>2</sup>. Each well was placed in a cluster plate with an outside medium (basolateral  
24 side, 1.5 ml) and an inside medium (apical side, 0.5 ml). The cell monolayers were fed

1 fresh medium every 24 hrs.

2

### 3 *Transepithelial electrical resistance (TER) measurement*

4

5 After 12-14 d of culture, TER was measured using a Millicell-ERS instrument with  
6 Ag/AgCl electrodes (Millipore, Bedford, MA, USA). Caco-2 cell monolayers were used  
7 whose TER values were 550-700 ohm cm<sup>2</sup>. NPWDQ was synthesized according to the  
8 solid phase method using a peptide synthesizer and purified by reversed-phased HPLC  
9 by Takara Bio (Osaka, Japan). To examine the effect of NPWDQ on TER, 0.5 mL of the  
10 culture medium containing NPWDQ (0, 10<sup>-6</sup>, 10<sup>-5</sup> and 10<sup>-4</sup>M) was added to the apical  
11 side and 1.5 mL of fresh culture medium without NPWDQ was added to the basolateral  
12 side. Cells were, then, incubated for 24 hrs, after which TER was measured.

13

### 14 *Microarray analysis*

15

16 After the above mentioned experiments, RNA was extracted from Caco-2 cells, with or  
17 without incubation with NPWDQ (10<sup>-6</sup> M), using a TRIzol reagent (Invitrogen)  
18 according to the manufacturer's instructions. RNA was extracted from six wells of the  
19 12-well Transwell cell culture chamber and pooled.

20 cRNA was synthesised using an Illumina<sup>®</sup> RNA Amplification kit (Illumina, San  
21 Diego, CA, USA) according to the manufacturer's instructions. In brief, total RNA (150  
22 ng) from Caco-2 cells was reverse transcribed with T7-oligo (dT) primer to synthesise  
23 first and second strand cDNA, followed by clean-up. *In vitro* transcription was  
24 performed to synthesise biotin-labelled cRNA.

1           Labelled cRNA (1.5 µg) was hybridised to a BeadChip (Sentrix Human WG-6,  
2   Illumina) at 58°C for 18 h. Forty-eight thousand transcripts representing six  
3   whole-genome samples can be analysed on a single BeadChip. The hybridised  
4   BeadChip was washed and labelled with streptavidin-Cy3 (GE Healthcare Biosciences,  
5   Buckinghamshire, England) and scanned with a Illumina BeadStation 500GX-WG  
6   system (Illumina). Background-corrected values for each probe on the BeadChip array  
7   were extracted using BeadStudio (Illumina). These results were expressed as an  
8   arbitrary unit and analysed by GeneViewer (ver 1.0, Moritex, Tokyo, Japan).

9

#### 10 *Real-time RT-PCR*

11

12   The level of occludin mRNA (n = 6) was measured with the real-time RT-PCR method  
13   using SYBR<sup>®</sup> green. The experiment was performed twice independently. Total RNA  
14   was treated with DNase (TURBO DNA-free<sup>™</sup> kit, Applied Biosystems, Foster City, CA,  
15   USA). The RT reaction was conducted with Multiscribe<sup>™</sup> reverse transcriptase using a  
16   high-capacity cDNA reverse transcription kit (Applied Biosystems) at 25°C for 10 min  
17   and at 37°C for 120 min. The reaction was terminated by heating at 85°C for 5 s  
18   followed by cooling at 4°C.

19   Real-time RT-PCR was performed with a 7300 Real-Time PCR system (Applied  
20   Biosystems) using Power SYBR<sup>®</sup> Green PCR Master Mix (Applied Biosystems).  
21   Primers were designed using the Primer Express<sup>®</sup> programme (Applied Biosystems).  
22   Their sequences are shown in Table 1. The reaction was performed at 95°C for 10 min,  
23   followed by 40 cycles of 95°C for 15 s and 62°C for 1 min. The dissociation stage was  
24   analysed at 95°C for 15 s, followed by one cycle of 60°C for 15 s and 95°C for 15 s.

1 The fluorescence of the SYBR green dye was determined as a function of the PCR cycle  
2 number, giving the threshold cycle number at which amplification reached a significant  
3 threshold. Data were analysed by generating a standard curve from a dilution series and  
4 presented as fold change in gene expression, after normalisation of the  $\beta$ -actin gene.

5

#### 6 *SDS-PAGE and western blotting*

7

8 The expressions of occludin, claudin-1, and zonula occludens-1 (ZO-1), were examined  
9 by the ordinary method (n=7). The experiment was performed twice independently.  
10 Briefly, Caco-2 cell monolayers were washed with ice-cold PBS thrice and lysed in the  
11 lysis buffer (25 mM Tris-HCl, 150 mM NaCl, 1% Nonidet P-40, 1% sodium  
12 deoxycholate, and 1% SDS, at pH 7.4). The cell suspensions were sonicated for 30 min  
13 using a sonicator (USK-3, As One Corp., Osaka, Japan) and centrifuged at 14,000 g for  
14 30 min at 4°C to yield a clear lysate. The proteins were separated using 12.5% gel for  
15 occludin and claudin-1 detection or 7.5% gel for ZO-1 detection, and then transferred  
16 onto blotting membranes (Immunobilon-P PVDF, Millipore). After overnight blocking  
17 with PBS/Tween 20 supplemented with 1% bovine serum albumin (BSA), the blots  
18 were incubated with primary (mouse anti-occludin, rabbit anti-claudin-1, or rabbit  
19 anti-ZO-1) and secondary antibodies (HRP-conjugated anti-mouse IgG or anti-rabbit  
20 IgG as appropriate) for 1 h each at room temperature. Anti-claudin-1, anti-occludin, and  
21 anti-ZO-1 antibodies were all obtained from ZYMED Lab (South San Francisco, CA,  
22 USA). HRP-conjugated anti-mouse IgG were obtained from Sigma-Aldrich (St. Louis,  
23 MO,USA). Anti-rabbit IgG was obtained from Kirkegaard & Perry Lab (Baltimore, MD,



1 USA). To confirm equal loading, the blots were reprobbed with rat anti- $\alpha$ -tubulin  
2 antibody (Millipore). The proteins were visualized using chemiluminescence (ECL, GE  
3 Healthcare) and exposed to X-ray film (Fujifilm, Kanagawa, Japan). Band densities  
4 were read using Scion Image Software (Scion, Frederick, MD, USA), and normalized  
5 with  $\alpha$ -tubulin. SDS-PAGE and western blotting were performed in duplicate.

6

### 7 *Statistical analyses*

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9 All data are expressed as the mean  $\pm$  S.D. Statistical analysis was performed using  
10 Tukey-Kramer method.

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12

## 13 **Results**

14

### 15 *Effect of NPWDQ on transepithelial electrical resistance (TER) of Caco-2 monolayers*

16

17 The effect of the addition of NPWDQ on the integrity of Caco-2 monolayers was  
18 evaluated by the measurement of TER. TER value increased in response to the addition  
19 of increasing NPWDQ concentrations ( $10^{-6}$ – $10^{-4}$  M), which suggested that this peptide  
20 enhanced epithelial barrier function (Fig. 1).

21

### 22 *Microarray analysis of TJ-related molecules*

23

24 DNA microarray analysis was performed to investigate the effect of the addition of

1 NPWDQ in detail. NPWDQ ( $10^{-6}$  M) was added to the apical side of Caco-2 cells, and  
2 cells were incubated for 24 h, after which RNA was extracted. NPWDQ and the longer  
3 peptide GPIVLNPWDQ (amino acids 102–111 of  $\alpha_2$ -casein) significantly inhibited  
4 OVA permeation in Caco-2 cells at a concentration of  $10^{-6}$  M as shown previously<sup>(4)</sup>, so  
5 this concentration of NPWDQ was used in this study.

6 Changes in 48,000 types of gene expression by NPWDQ were evaluated. To  
7 select genes with an abundant level of expression, those showing an expression more  
8 than 1000 (arbitrary fluorescence units), a total of 7,108 genes were chosen and further  
9 analysed. Among these genes, only two [*fos* (GenBank accession number NM\_005252)  
10 and *egr1* (NM\_001964)] were up-regulated by more than 2-fold, and three genes,  
11 *mgc14376* (NM\_032895), *grb2* (NM\_002086) and *dusp1* (NM\_004417) were  
12 up-regulated by 1.5–2-fold; the fold changes for *fos*, *egr1*, *mgc14376*, *grb2* and *dusp1*  
13 were 2.93, 2.92, 1.54, 1.53 and 1.51, respectively. In addition, none of the genes was  
14 down-regulated by more than 1.5-fold (Table 2). Therefore, it was found that generally  
15 NPWDQ did not drastically affect mRNA expression in Caco-2 cells.

16 Differences in gene expression of major TJ-related molecules, occludin, claudins,  
17 ZO and junctional adhesion molecule (JAM) families, were analysed. As shown in  
18 Table 3, it was observed that occludin was up-regulated by 1.49-fold. On the other hand,  
19 gene expressions of claudin-1, -2, -3, -4, -7, -12, -14, -15, -19, -23, ZO family (ZO-1, -2  
20 and -3) and JAM-1 were not remarkably changed (fold changes, 0.88–1.13). The genes  
21 of claudin-5, -6, -8, -9, -10, -11, -16, -17, -18, -20, -22, JAM-2 and -3 showed  
22 expressions at less than 100 arbitrary fluorescence units. From these data, it was clearly  
23 suggested that NPWDQ up-regulated mRNA expression of occludin.

24

## 1 *Effect of NPWDQ on occludin expression*

2

3 The effect of NPWDQ on the expression of the occludin gene was evaluated by  
4 real-time RT-PCR. As shown in Fig. 2, the addition of  $10^{-6}$  M NPWDQ increased  
5 occludin mRNA expression by 1.3-fold. To examine this phenomenon more clearly,  
6 increasing concentrations of NPWDQ ( $10^{-5}$  and  $10^{-4}$  M) were added to the apical side of  
7 Caco-2 cells, and mRNA expression of occludin was examined. As a result, NPWDQ  
8 ( $10^{-5}$  M) significantly ( $p < 0.01$ , 1.7-fold) increased occludin mRNA expression. The  
9 addition of  $10^{-4}$  M NPWDQ also increased occludin mRNA expression, but the effect  
10 (1.4-fold) was less than that with  $10^{-5}$  M NPWDQ.

11 The effect of NPWDQ ( $10^{-6}$  M) on the expression of major TJ-related proteins,  
12 occludin, claudin-1 and ZO-1, was evaluated by western blotting. NPWDQ significantly  
13 ( $p < 0.05$ ) increased the level of occludin by 1.5-fold (Fig. 3). Protein expressions of  
14 claudin-1 and ZO-1 were not changed by NPWDQ, which was consistent with the  
15 microarray data (Table 3). These data suggested that NPWDQ especially increased the  
16 protein level of occludin and enforced the TJ barrier.

17

18

## 19 **Discussion**

20

21 The intestine is constantly exposed to food components as well as antigens,  
22 commensal microflora and pathogens. The epithelial TJ is therefore very important;  
23 several intestinal diseases have been reported to be associated with TJ dysfunction<sup>(7)</sup>.  
24 The relationship between food components and the intestinal TJ barrier has not been

1 completely elucidated, but information relating to glutamine<sup>(8)</sup>, polyunsaturated fatty  
2 acids<sup>(9)</sup>, zinc<sup>(10)</sup> and polyphenols<sup>(11)</sup> is available. As for the modulation of occludin  
3 expression, Jiang et al.<sup>(9)</sup> reported that occludin was up-regulated by  $\gamma$ -linolenic acid in  
4 the human vascular endothelial cell line ECV304. Following this, TER was increased,  
5 and paracellular permeability to large molecules was thereby reduced. To our  
6 knowledge, the present study is the first to show that occludin expression was  
7 up-regulated by a food-derived peptide.

8         Since we have previously reported that NPWDQ inhibited OVA permeation in  
9 Caco-2 cells 24 h after the addition of the peptide<sup>(4)</sup>, we performed the DNA microarray  
10 analysis using RNA from Caco-2 cells that was incubated with the peptide for 24 h.  
11 Indeed, the level of occludin mRNA expression did not change before 8h-incubation  
12 (data not shown). However, it would be interesting to examine whether the expression  
13 of other TJ molecules would change in much early stage<sup>(11)</sup>.

14         We demonstrated that NPWDQ up-regulated occludin expression in Caco-2 cells  
15 using the DNA microarray method followed by real-time RT-PCR and western blot  
16 analyses. Occludin is a transmembrane protein of TJ and has an important role in the  
17 assembly and maintenance of TJ<sup>(11-14)</sup>. For example, the interaction between the  
18 C-terminal region of occludin and ZO-1 is crucial for TJ assembly<sup>(13)</sup>. Therefore,  
19 up-regulation of occludin by NPWDQ might have great impact on TJ in Caco-2 cells,  
20 although occludin was the only molecule whose expression level was significantly  
21 changed by NPWDQ. Further studies are necessary to examine the effect of NPWDQ  
22 on the localization of other TJ proteins and on TJ structure. The effect of NPWDQ was  
23 the most prominent at a concentration of  $10^{-5}$  M, and it reduced at  $10^{-4}$  M (Fig. 2). One  
24 possible explanation for this phenomenon is that in Caco-2 cells a relatively high dose

1 of the peptide might be recognised as a signal for ingested nutrients and this might  
2 trigger a decrease in TER in order to absorb the peptide. Nevertheless, this data implies  
3 that a food-derived peptide can fine-tune the epithelial barrier by modulating the  
4 expression of TJ proteins such as occludin.

5 Is the effect of NPWDQ on occludin expression dependent on this peptide  
6 sequence? Or, are amino acids in the peptide sequence enough for the effect?

7 With respect to the activity of the constitutive amino acids (N, P, W, D and Q)  
8 towards the intestine, the protective effects of glutamine and tryptophan on the intestine  
9 have been characterised<sup>(15-18)</sup>. Glutamine supplementation was demonstrated to improve  
10 intestinal barrier function in highly stressed patients<sup>(15)</sup> and in piglets with  
11 endotoxin-related changes in ileal permeability<sup>(16)</sup>. As for tryptophan, Kobayashi and  
12 Watanabe<sup>(17)</sup> reported that its ethyl ester inhibited OVA permeation in the Caco-2 cell  
13 monolayer. Also, Kim et al.<sup>(18)</sup> recently reported that tryptophan exhibited a therapeutic  
14 effect in piglets suffering from dextran sodium sulfate-induced colitis. Therefore, it is  
15 possible that NPWDQ would be hydrolysed into amino acids and subsequently P and W  
16 would trigger the up-regulation of occludin. However, investigations are needed to  
17 ascertain if the existence of P and W residues is sufficient or if the specific amino acid  
18 sequence is indispensable for the up-regulation of occludin.

19 Nevertheless, it is highly probable that NPWDQ would act as a peptide form  
20 because proline-containing peptides are, in general, resistant to degradation by digestive  
21 enzymes<sup>(19)</sup>. In this case, the next question is whether NPWDQ would be absorbed into  
22 Caco-2 cells prior to its function inside cells or whether it is transported into the  
23 paracellular space to act from outside the cells. The underlying mechanisms of occludin  
24 up-regulation by NPWDQ are also unclear. It was reported that occludin was regulated

1 by collagen IV, one of the components of the extracellular matrix (ECM), in TJs of  
2 Sertoli cells<sup>(20)</sup>. Savettieri et al.<sup>(21)</sup> also reported that ECM and neurons modulate the  
3 expression of occludin in rat brain endothelial cells. If NPWDQ were to be transported  
4 paracellularly and reacted with ECM, it would regulate occludin expression by reacting  
5 with molecules such as collagens in ECM. From our microarray data, NPWDQ did not  
6 drastically affect mRNA expressions of collagen IV  $\alpha 3$  and  $\alpha 5$  (data not shown). Further  
7 studies are necessary to examine the effect of NPWDQ on ECM in intestinal cells.

8 As mentioned above, TJ dysfunction leads to intestinal disorders such as  
9 inflammatory bowel disease (IBD). For an *in vitro* model of IBD, cytokines (e.g. tumour  
10 necrosis factor (TNF- $\alpha$ )-stimulated Caco-2 cells are frequently used<sup>(22,23)</sup>. Upon  
11 stimulation, inflammatory cytokines, such as interleukin (IL)-8, are induced, and the TJ  
12 structure becomes loose. Several food components are under investigation for the  
13 treatment and/or prevention of IBD using this cell model. For example, histidine was  
14 reported to inhibit TNF- $\alpha$ -induced IL-8 secretion in Caco-2 cells<sup>(22)</sup>. Some types of  
15 lactobacilli also inhibited IL-8 production and restored the protein expression of ZO-1  
16 in TNF- $\alpha$ -treated Caco-2 cells<sup>(23)</sup>. It would be interesting to examine if NPWDQ  
17 up-regulates occludin expression in such inflamed intestinal cells.

18 For practical intake of NPWDQ, food materials comprising this type of peptide  
19 are more acceptable to the industry than synthetic peptides. In this context, EMC seems  
20 to be favourable. We have found NPWDQ peptide from EMC that has an inhibitory  
21 activity towards allergen absorption in the intestine<sup>(4,6)</sup>. EMC is generally produced by  
22 the hydrolysis of cheese with commercial proteases and is currently used in the food  
23 industry. We hope that EMC will be used for the treatment of food allergy and intestinal  
24 disorders or for an intestinal barrier-promoting purpose in healthy people.

1 In conclusion, a casein-derived peptide NPWDQ, which has inhibitory effects  
2 against allergen permeation in the intestine, up-regulates occludin expression and  
3 enforces the TJ barrier. These data imply that a food-derived peptide can fine-tune the  
4 epithelial barrier.

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13 authors approved the final manuscript. The authors declare that there is no conflict of  
14 interest.

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1

**Table 1. Sequences of primers used for real-time PCR.**

	<b>Amplicon length (bp)</b>		<b>Oligonucleotide sequence</b>	<b>GenBank accession no.</b>
occludin	77	forward	CCCATCTGACTATGTGGAAAGA	NM_002538
		reverse	AAAACCGCTTGTCATTCACCTTG	
$\beta$ -actin	63	forward	TCATGAAGTGTGACGTGGACATC	NM_001101
		reverse	TGCATCCTGTCGGCAATG	

2

1

**Table 2. Summary of changes in mRNA expressions in Caco-2 cells by the addition of NPWDQ as evaluated by DNA microarray.**

<b>change fold</b>	<b>gene numbers</b>
> 1.5	5
1.2 - 1.5	122
0.8 - 1.2	6,850
0.67 - 0.8	131
< 0.67	0

2 NPWDQ ( $10^{-6}$  M) was added to the apical side, and cells were incubated for 24 h. RNA  
3 was extracted from Caco-2 cells with or without incubation with NPWDQ (n = 6 each)  
4 and pooled. Changes in 48,000 types of gene expression were evaluated.  
5 This table is the summary of 7,108 genes those showing an expression more than 1,000  
6 (arbitrary fluorescence units).

1

**Table 3. Changes in mRNA expressions of TJ-related molecules by the addition of NPWDQ.**

gene	GenBank accession no.	NPWDQ		change fold
		(-)	(+)	
occludin	NM_002538	164±34 (36)	245±43 (31)	1·49
claudin-1	NM_021101	23,834±640 (34)	27,039±790 (32)	1·13
claudin-2	NM_020384	1,150±76 (35)	1,041±43 (44)	0·91
claudin-3	NM_001306	2,470±115 (31)	2,557±105 (41)	1·04
claudin-4	NM_001305	624±57 (30)	588±35 (45)	0·94
claudin-7	NM_001307	11,205±319 (24)	10,881±329 (42)	0·97
claudin-12	NM_012129	3,117±130 (31)	3,225±121 (48)	1·03
claudin-14	NM_012130	3,770±139 (34)	3,303±141 (37)	0·88
claudin-15	NM_014343	3,306±92 (43)	3,487±133 (37)	1·05
claudin-19	NM_148960	531±35 (51)	587±52 (39)	1·11
claudin-23	NM_194284	4,389±168 (30)	4,492±220 (23)	1·02
ZO-1	NM_003257	5,398±133 (63)	5,536±150 (45)	1·03
ZO-2	NM_201629	2,070±87 (37)	2,223±79 (41)	1·07
ZO-3	NM_014428	9,363±286 (39)	8,851±204 (48)	0·95
JAM-1	NM_016946	8,142±352 (43)	7834±264 (36)	0·96

2 The number in parentheses indicates the number of beads analysed. The expressions of  
3 claudin-5, -6, -8, -9, -10, -11, -16, -17, -18, -20, and -22 and JAM-2 and -3 were less  
4 than 100 (arbitrary fluorescence units).

1 **Figure Captions**

2

3 **Fig. 1. Changes in TER by the addition of NPWDQ to Caco-2 cells.**

4 NPWDQ ( $10^{-6}$ – $10^{-4}$  M) was added to the apical side, and cells were incubated for 24 h,  
5 after which TER was measured (n = 6 each).

6 \*, \*\*, p<0.05 and p<0.01 vs samples without the addition of NPWDQ (-), respectively.

7

8 **Fig. 2. Changes in mRNA expression of occludin by the addition of NPWDQ to**  
9 **Caco-2 cells.**

10 RNA was extracted from Caco-2 cells after measurement of TER (Figure 1). The  
11 mRNA expression of occludin was evaluated by real-time RT-PCR (n = 6 each).

12 \*, p<0.05 vs samples without the addition of NPWDQ (-).

13

14 **Fig. 3. Changes in expressions of three tight junction proteins by the addition of**  
15 **NPWDQ to Caco-2 cells.**

16 NPWDQ ( $10^{-6}$  M) was added to the apical side, and cells were incubated for 24 h.

17 Protein was extracted from Caco-2 cells with or without incubation with NPWDQ (n =  
18 7 each). Protein expressions were detected by western blotting and normalized with  
19  $\alpha$ -tubulin for the comparison.

20 (A) occludin (with a representative blotting pattern), (B) claudin-1, (C) ZO-1.

21 \*, p<0.05 vs samples without the addition of NPWDQ (-). NS, not significant.

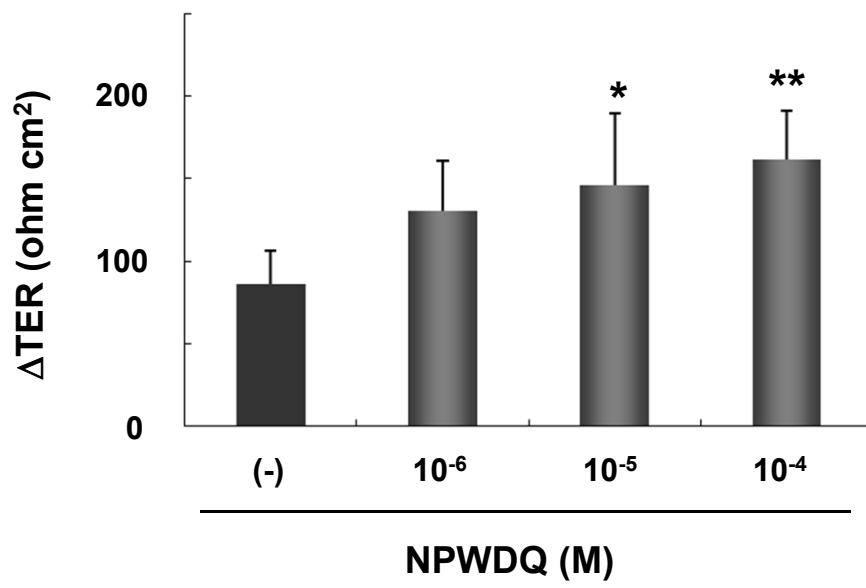


Figure 1

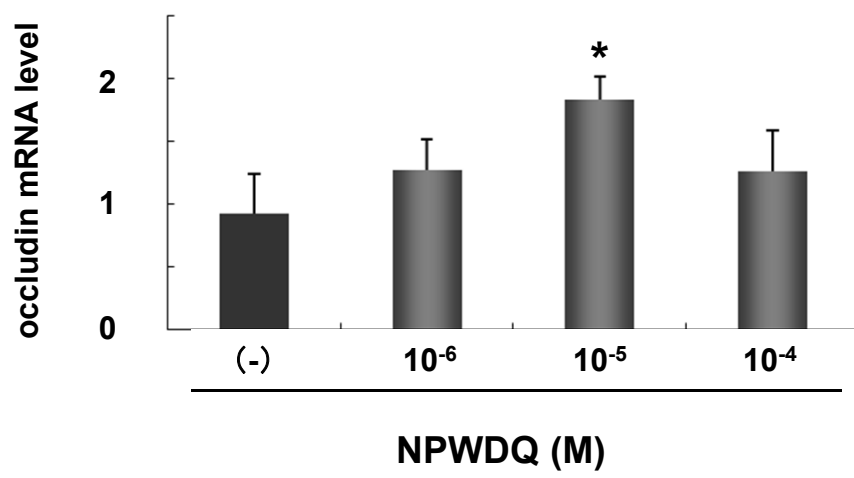


Figure 2



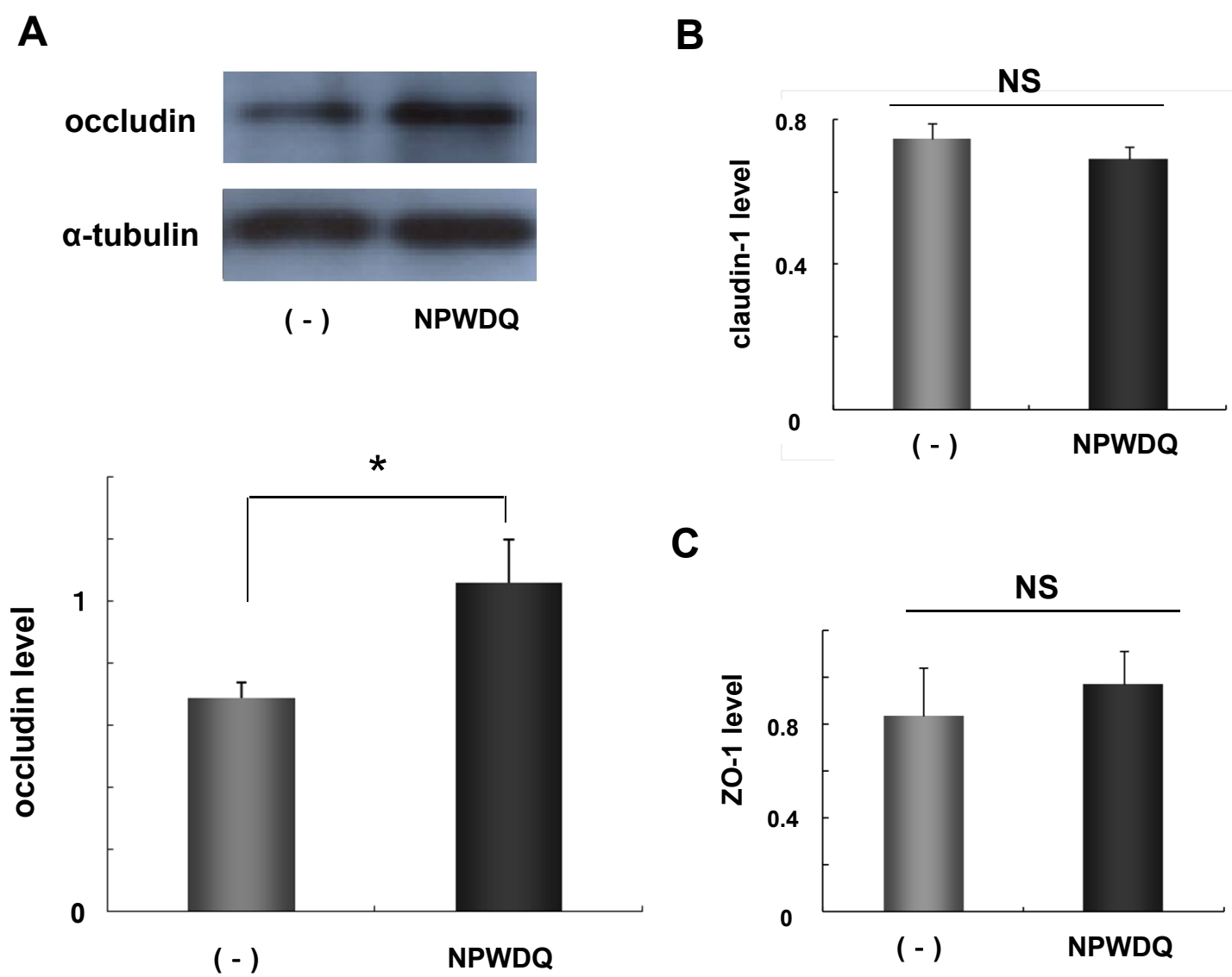


Figure 3