

Biochemical analysis of Temporomandibular Joint (TMJ) Synovial Fluid



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INTRODUCTION

Recent improvements in techniques for detecting trace amounts of biologic molecules in small volume of synovial fluid (SF) have lead to analysis on various inflammatory and cartilage degradation markers in the diseased temporomandibular joint(TMJ).

After the last of 1990's, in Japan, a lot of research groups have grown up in this field. They have been focusing and analyzing on various molecules in TMJ synovial fluid, e.g. interleukin 1- β (IL-1 β), tumor necrosis factor- α (TNF- α), Interferon- γ , matrix metalloproteinase 1 and 3, tissue inhibitor matrix metalloproteinase 1 and 3 as inflammatory markers, and Chondroitin 4 and 6 sulfates(C4S, C6S), Hyaluronic acid(HA), Keratan sulfate (KS), procollagen II C-peptide (pCol II-C), pyridinoline and deoxypyridinoline as cartilage degradation markers.

The purpose of this article is to report on our cross sectional study of the concentrations of the cartilage degradation molecules (HA, C4S, C6S, KS and pCol II-C) and the inflammatory molecules(IL-1 β , TNF- α) in the direct aspirated SF in patients with TMJ disc disorders, and to discuss their role in the joint pathology.

PATIENTS and METHODS

Patients

All of female patients were diagnosed as a normal disc position (NOR), an anterior displaced disc with (WR) or without reduction (WOR) by MR imagery. All of the joints showed evidence of joint effusion and joint pain.

Joint Fluid

The aspirates of TMJ SF were obtained and treated by the modified direct aspiration method as described previously. The previous study on the exact location of TM joint fluid using MR Imaging in patients with chronic internal derangements revealed that SF in a

mouth closed condition was most frequently concentrated in the antero-lateral area of upper compartment of TMJ. This position is just under the articular tubercle and just inside of lateral wall of capsule. Based on this information, the point of needle entry was changed to be just under the articular tubercle. The samples were diluted with physiologic saline (approximately 1.5 g) in vitro. The diluted samples were collected in plastic tubes and then centrifuged at 8000 g for 20 minutes to remove cells and tissue debris. The supernatants were stored in aliquots at -20°C until used.

Analysis

1) Cartilage degradation molecules

(1)HA, C4S, C6S

CHEMICALS

The standard unsaturated disaccharides, 2-acetamido-2-deoxy-3-0-(β -D-glucopyranosyluronic acid)-D-glucose (Δ di-HA), 2-acetamido-2-deoxy-3-0-(β -D-glucopyranosyluronic acid)-4-O-sulfo-D-galactose (Δ di-4S), 2-acetamido-2-deoxy-3-0-(β -D-glucopyranosyluronic acid)-6-O-sulfo-D-galactose (Δ di-6S), chondroitinase ABC (EC 4.2.2.4) (CHase ABC), and hyaluronidase derived from *Streptococcus dysgalactiae* (EC 4.2.2.1) HAase SD) were obtained from Seikagaku Corporation (Tokyo, Japan): 2-cyanoacetamide was purchased from Aldrich (Milwaukee, WI). All other chemicals were of reagent grade. YMC gel PA-120 (YMC Ltd. Kyoto, Japan), packed in a stainless steel column (4.6-mm inner diameter \times 250 mm) was used to separate unsaturated disaccharides.

ENZYMATIC DIGESTION OF JOINT FLUIDS

Each joint fluid specimen was diluted 10-fold with distilled water and then digested with CHase ABC and HAase SD as follows. To 200 μ L diluted joint fluid, 50 μ L CHase ABC solution in distilled water (5 units/ml), 80 μ L of 10 mmol/L sodium acetate buffer (pH 8.0), and 70 μ L distilled water were added. The

mixture was incubated at 37°C for 2 hours and then the mixture was ultrafiltered using an Ultrafree C3GC system (molecular size cut-off 10,000; Japan Millipore Ltd, Tokyo, Japan). Because a large amount of HA exists in the sample, and CHase ABC acts more slowly on HA than on CS, HA was not completely reduced to disaccharide by CHase ABC digestion only. Thus, to reduce HA completely to the disaccharide, 30 μ L HAase SD solution in distilled water (0.5 units/ml) and 30 μ L of 100 mmol/L sodium acetate buffer (pH6.0) were added to 300 μ L of the ultrafiltrate and the mixture was incubated at 37°C for 2 hours. HAase SD derived from *Streptococcus* reacts with the tetrasaccharides of HA and produces the unsaturated disaccharide of HA (Δ di-HA). After digestion with HAase SD, the mixture was ultrafiltered as previously described, and the filtrate obtained was analyzed by HPLC.

HPLC Analysis

HPLC analysis of the unsaturated disaccharides derived from HA and CS in SF was performed according to the method of Toyoda et al. The HPLC system used was constructed from two pumps (model 880-PU: Japan Spectroscopic Co, Ltd, Tokyo, Japan), an autosampling injector (Model 23 1; Gilson, Villiers le Bet, France), a stainless steel column packed with propylamine-bound silica gel (YMC gel PA-120), a dry reaction bath (DB-3: Shimamura Instrument Co. Tokyo, Japan), a spectrofluorometer (model 820-FP: Japan Spectroscopic), and an integrator (model 805-GI: Japan Spectroscopic).

The unsaturated disaccharides in each sample were eluted with a gradient of 0 to 100 mmol/L sodium sulfate for 60 minutes at a flow rate of 0.5 mL/min. To the eluent from the column, 100 mmol/L sodium tetraborate buffer (pH 9.0) containing 10 mg/mL 2-cyanoacetamide was added at a flow rate of 0.5 mL/min, and the mixture was passed through a polyetherketone reaction coil (0.8 mm inner dimension \times 10 m) set in the dry reaction bath thermostated at 137°C. The effluent was monitored by the spectrofluorometer set at an excitation of 331 nm and emission of 383 nm. The area of each peak corresponding to unsaturated disaccharide was calculated by the integrator. After the concentrations of the Δ di-6S, Δ di-4S, and Δ di-HA were measured by HPLC the ratio of Δ di-6S or Δ di-4S to Δ di-HA, and Δ di-6S to Δ di-4S, were calculated.

(2) KS

KS concentrations were quantified by electrochemiluminescence immunoassay (ECLIA) with a monoclonal antibody (1-20 5D4). The range of detection level of this assay is 1–500 ng/ml.

(3) pCol II-C

pCol II-C was quantified by enzyme immunoassay (EIA) kit with a polyclonal antiserum against the bovine propeptide (chondrocalcin test 'TeijinR', Teijin Ltd., Japan). The detection level of this kit is over 0.2 ng/ml.

2) Inflammatory molecules

(1) IL-1 β

IL-1 β was quantified by enzyme immunoassay (EIA) kit with a blend of monoclonal antibodies against distinct epitopes of IL-1 β (MEDGENIX IL- β E ASIATM kit, BioSource Europe S.A. Ltd., Belgium). The detection level of this kit is over 2 pg/ml.

(2) TNF- α

TNF- α was quantified by immunoenzymometric assay kit with a blend of monoclonal antibodies directed against distinct epitopes of TNF- α are used (TNF- EASIATM BioSource Europe S.A., Belgium). The detection level of this kit is over 3pg/ml.

Statistical analysing method

SAS Ver. 6.0 was used for statistical analysis. Statements in this study indicating a significant difference refer to a p value of 0.05 or less.

RESULTS

1) Cartilage degradation molecules

(1) HA, C4S, C6S

There were no significant differences in the concentration of Δ di-6S, Δ di-4S, and Δ di-HA among the groups and in the ratio of Δ di-6S or Δ di-4S to Δ di-HA among the groups.

(2) KS

In 62 joints (100%) of 62 joints of 55 female patients (mean 34.1, mode 29 years old), KS in SF was detectable. The mode and ranges of KS concentrations in the WR (24 joints), WOR reduction (24 joints) and OA (14 joints) groups was 1779.4, 617.22 and 387.75, and 280.32–39495.5, 64–8740 and 126.48–3510.5 ng/ml, respectively. This difference among the groups was statistically significant ($p < 0.05$).

(3) pCol II-C

In 36 joints (73.5%) of 49 joints of 45 female patients (mean 31.8 years), pCol II-C in SF was detectable. The frequency of TMJ with detectable pCol II-C in the NOR (2 joints), WR (19 joints) and WOR reduction (28 joints) groups was 0%, 57.9% and 89.3%, respectively. This difference among the groups was statistically significant ($p < 0.01$).

2) Inflammatory molecules

(1) IL-1 β

In 44 joints (80%) of 55 joints of 49 female patients (mean 34.9 years, mode 27 years), IL-1 β in SF was detectable. The frequency of TMJ with detectable IL-1 β in the WR (19 joints), WOR (21 joints) and OA (15 joints) groups was 100%, 76.2% and 60%, respectively. This difference among the groups was statistically significant ($p < 0.05$).

(2) TNF- α

In 18 joints (32.7%) of 55 joints of 49 female patients (mean 34.9 years), TNF- α in SF was detectable. The frequency of TMJ with detectable TNF- α in the WR (19 joints), WOR (21 joints) and OA (15 joints) groups was 36.8%, 23.8% and 40%. There was no

statistically difference in the detection of TNF- α among the groups.

DISCUSSION and CONCLUSION

1) Cartilage degradation molecules

Although the concentration of C6S, C4S and HA, and the ratio of C6S or C4S to HA in SF dose not reflect the pathosis of patients with disc disorders, analysis of the GAG content in the joint fluid represents a unique way to study joint diseases. Because C6S is the characteristic CS of cartilaginous tissues, and C4S may be the characteristic CS of synovial tissue, measurement of these molecules, in particular, should provide precise information about alterations in cartilage metabolism and synovial proliferation.

On the other hand, the increased levels of KS in SF may reflect an increased rate of turnover in the extracellular matrix of the TMJ cartilage and degenerative disc in patients with the early stage of the disc disorders, especially with an anterior displaced disc with reduction. The increased levels of pCol II-C in SF may reflect an increased rate of synthesis of collagen

II in the TMJ cartilage of patients with disc disorders, especially with an anterior displaced disc without reduction.

2) Inflammatory molecules

The increased levels of IL-1 β in SF may reflect inflammatory changes of the TMJ synovial tissue in the patients with disc disorders, especially with an anterior displaced disc with reduction. But the detection of TNF- α in SF dose not reflect the pathosis of patients with disc disorders.

ACKNOWLEDGMENT

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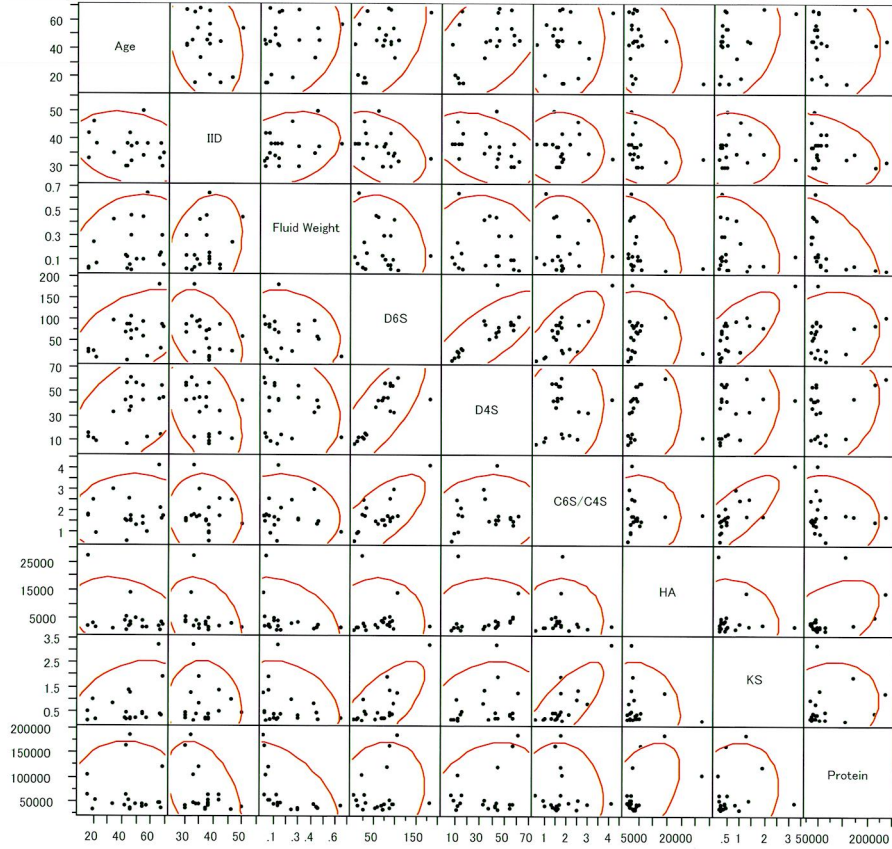
References

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OA
Multivariate
Correlations

| | Age | IID | Fluid Weight | D6S | D4S | C6S/C4S | HA | KS | Protein |
|--------------|---------|---------|--------------|---------|---------|---------|---------|---------|---------|
| Age | 1.0000 | -0.2336 | 0.2283 | 0.4758 | 0.5054 | 0.0952 | -0.3596 | 0.3216 | -0.0526 |
| IID | -0.2336 | 1.0000 | 0.2807 | -0.3952 | -0.4170 | -0.0618 | -0.3318 | -0.0662 | -0.4145 |
| Fluid Weight | 0.2283 | 0.2807 | 1.0000 | -0.1408 | -0.1239 | -0.0873 | -0.3505 | -0.2244 | -0.5283 |
| D6S | 0.4758 | -0.3952 | -0.1408 | 1.0000 | 0.7617 | 0.6906 | -0.0433 | 0.7138 | 0.1686 |
| D4S | 0.5054 | -0.4170 | -0.1239 | 0.7617 | 1.0000 | 0.1361 | 0.0263 | 0.2228 | 0.3007 |
| C6S/C4S | 0.0952 | -0.0618 | -0.0873 | 0.6906 | 0.1361 | 1.0000 | -0.0187 | 0.7822 | -0.0847 |
| HA | -0.3596 | -0.3318 | -0.3505 | -0.0433 | 0.0263 | -0.0187 | 1.0000 | -0.1076 | 0.5110 |
| KS | 0.3216 | -0.0662 | -0.2244 | 0.7138 | 0.2228 | 0.7822 | -0.1076 | 1.0000 | 0.1850 |
| Protein | -0.0526 | -0.4145 | -0.5283 | 0.1686 | 0.3007 | -0.0847 | 0.5110 | 0.1850 | 1.0000 |

Scatterplot Matrix



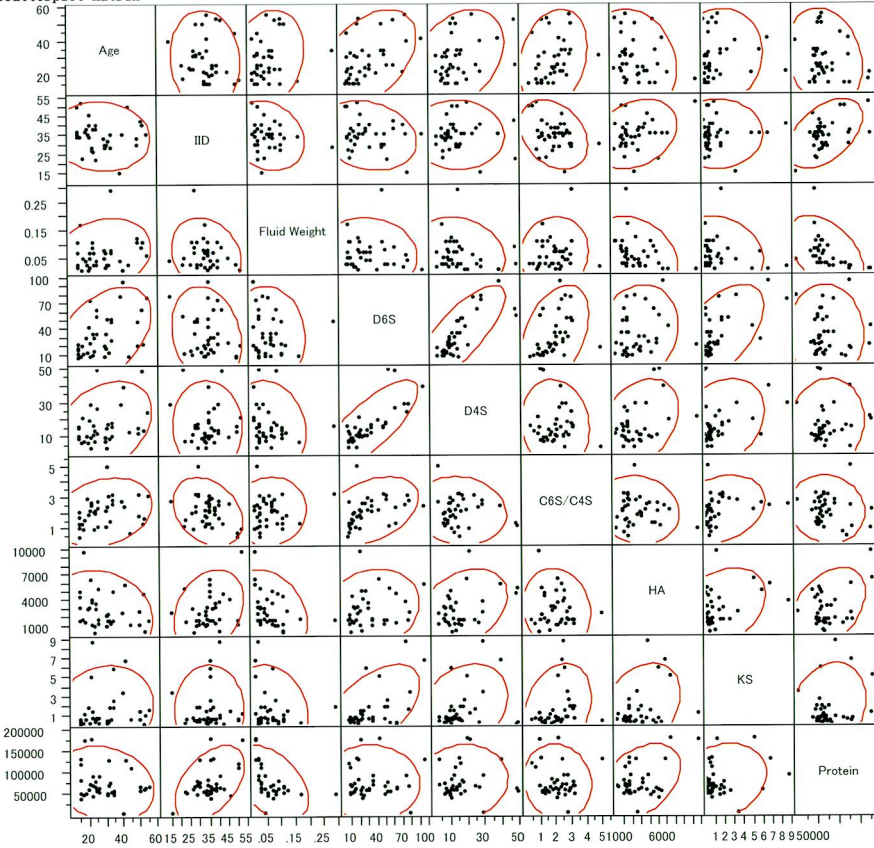
Nonparametric: Spearman's Rho

| Variable | by Variable | Spearman Rho | Prob> Rho | |
|--------------|--------------|--------------|-----------|-------|
| IID | Age | -0.1516 | 0.5234 | ----- |
| Fluid Weight | Age | 0.3273 | 0.1590 | +++++ |
| Fluid Weight | IID | 0.2082 | 0.3785 | +++++ |
| D6S | Age | 0.3762 | 0.1021 | +++++ |
| D6S | IID | -0.4970 | 0.0258 | ----- |
| D6S | Fluid Weight | -0.1544 | 0.5158 | ----- |
| D4S | Age | 0.4516 | 0.0456 | +++++ |
| D4S | IID | -0.5509 | 0.0118 | ----- |
| D4S | Fluid Weight | -0.2425 | 0.3030 | ----- |
| D4S | D6S | 0.7759 | <0.0001 | +++++ |
| C6S/C4S | Age | -0.0498 | 0.8349 | ----- |
| C6S/C4S | IID | -0.0992 | 0.6773 | ----- |
| C6S/C4S | Fluid Weight | -0.1710 | 0.4710 | ----- |
| C6S/C4S | D6S | 0.4987 | 0.0252 | +++++ |
| C6S/C4S | D4S | 0.0391 | 0.8700 | ----- |
| HA | Age | -0.1236 | 0.6035 | ----- |
| HA | IID | -0.5601 | 0.0102 | ----- |
| HA | Fluid Weight | -0.4834 | 0.0308 | ----- |
| HA | D6S | 0.3308 | 0.1542 | +++++ |
| HA | D4S | 0.6451 | 0.0021 | +++++ |
| HA | C6S/C4S | 0.0466 | 0.8452 | ----- |
| KS | Age | 0.2314 | 0.3262 | +++++ |
| KS | IID | 0.0357 | 0.8812 | ----- |
| KS | Fluid Weight | -0.2123 | 0.3687 | ----- |
| KS | D6S | 0.6195 | 0.0036 | +++++ |
| KS | D4S | 0.2797 | 0.2323 | +++++ |
| KS | C6S/C4S | 0.6709 | 0.0012 | +++++ |
| KS | HA | -0.0827 | 0.7289 | ----- |
| Protein | Age | -0.1900 | 0.4224 | ----- |
| Protein | IID | -0.2341 | 0.3206 | ----- |
| Protein | Fluid Weight | -0.8358 | 0.0001 | ----- |
| Protein | D6S | 0.1023 | 0.6679 | ++++ |
| Protein | D4S | 0.0827 | 0.7289 | ++++ |
| Protein | C6S/C4S | 0.1181 | 0.6200 | ++++ |
| Protein | HA | 0.1353 | 0.5694 | ++++ |
| Protein | KS | 0.2150 | 0.3626 | +++++ |

WOR
Multivariate
Correlations

| | Age | IID | Fluid Weight | D6S | D4S | C6S/C4S | HA | KS | Protein |
|--------------|---------|---------|--------------|---------|---------|---------|---------|---------|---------|
| Age | 1.0000 | -0.0761 | 0.2134 | 0.4584 | 0.3425 | 0.2473 | -0.2229 | 0.1200 | -0.1907 |
| IID | -0.0761 | 1.0000 | -0.2064 | -0.2092 | -0.0355 | -0.3058 | 0.2800 | 0.0156 | 0.4899 |
| Fluid Weight | 0.2134 | -0.2064 | 1.0000 | -0.0645 | -0.1569 | 0.0733 | -0.3111 | -0.1742 | -0.4456 |
| D6S | 0.4584 | -0.2092 | -0.0645 | 1.0000 | 0.7808 | 0.4097 | 0.1865 | 0.5710 | -0.0308 |
| D4S | 0.3425 | -0.0355 | -0.1569 | 0.7808 | 1.0000 | -0.1001 | 0.3763 | 0.3242 | -0.0926 |
| C6S/C4S | 0.2473 | -0.3058 | 0.0733 | 0.4097 | -0.1001 | 1.0000 | -0.1157 | 0.2742 | -0.0894 |
| HA | -0.2229 | 0.2800 | -0.3111 | 0.1865 | 0.3763 | -0.1157 | 1.0000 | 0.3589 | 0.4032 |
| KS | 0.1200 | 0.0156 | -0.1742 | 0.5710 | 0.3242 | 0.2742 | 0.3589 | 1.0000 | 0.2184 |
| Protein | -0.1907 | 0.4899 | -0.4456 | -0.0308 | 0.0926 | -0.0894 | 0.4032 | 0.2184 | 1.0000 |

Scatterplot Matrix



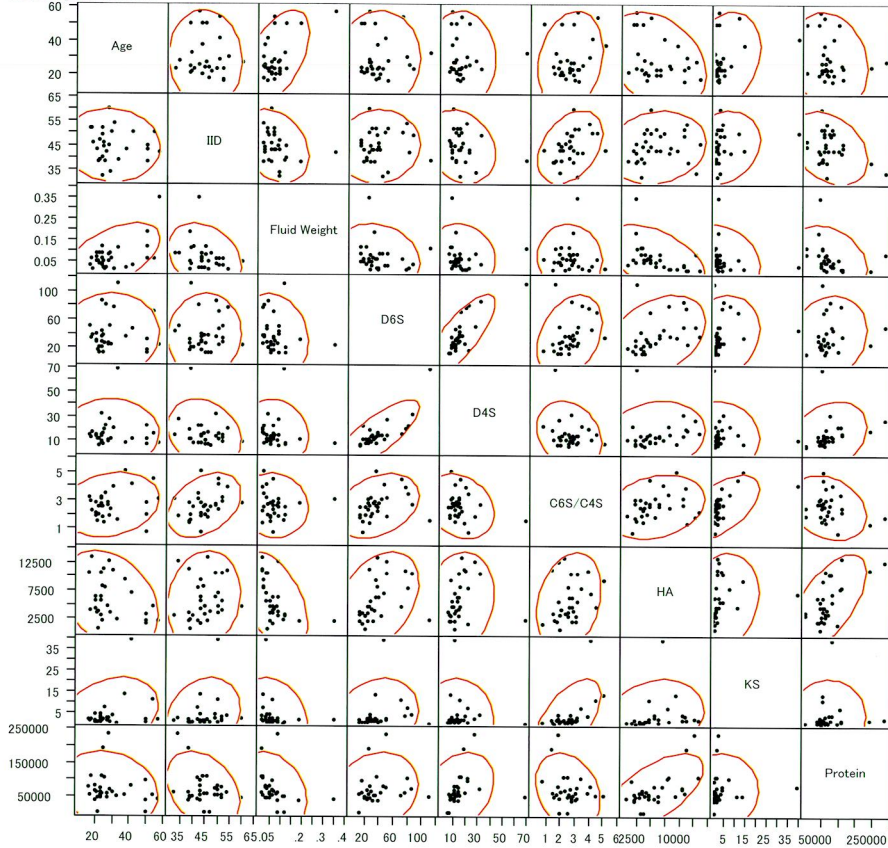
Nonparametric: Spearman's Rho

| Variable | by Variable | Spearman Rho | Prob> Rho | |
|--------------|--------------|--------------|-----------|-------|
| IID | Age | -0.1495 | 0.3705 | ---- |
| Fluid Weight | Age | 0.2674 | 0.1046 | +++++ |
| Fluid Weight | IID | -0.2302 | 0.1644 | ----- |
| D6S | Age | 0.4845 | 0.0021 | +++++ |
| D6S | IID | -0.0509 | 0.7616 | -- |
| D6S | Fluid Weight | -0.0677 | 0.6863 | -- |
| D4S | Age | 0.3370 | 0.0386 | +++++ |
| D4S | IID | 0.1514 | 0.3643 | ++++ |
| D4S | Fluid Weight | -0.1929 | 0.2459 | ----- |
| D4S | D6S | 0.7738 | < 0.0001 | +++++ |
| C6S/C4S | Age | 0.3699 | 0.0223 | +++++ |
| C6S/C4S | IID | -0.1824 | 0.2731 | ----- |
| C6S/C4S | Fluid Weight | 0.0695 | 0.6783 | ++ |
| C6S/C4S | D6S | 0.6084 | < 0.0001 | +++++ |
| C6S/C4S | D4S | 0.0998 | 0.5510 | ++ |
| HA | Age | -0.2567 | 0.1198 | ----- |
| HA | IID | 0.2487 | 0.1321 | +++++ |
| HA | Fluid Weight | -0.3883 | 0.0160 | +++++ |
| HA | D6S | 0.2369 | 0.1521 | +++++ |
| HA | D4S | 0.1662 | 0.3186 | ++++ |
| HA | C6S/C4S | -0.0194 | 0.9081 | ----- |
| KS | Age | 0.2685 | 0.1031 | +++++ |
| KS | IID | 0.1060 | 0.5266 | +++ |
| KS | Fluid Weight | -0.1394 | 0.4038 | ----- |
| KS | D6S | 0.4337 | 0.0065 | +++++ |
| KS | D4S | 0.3008 | 0.0664 | +++++ |
| KS | C6S/C4S | 0.5049 | 0.0012 | +++++ |
| KS | HA | 0.1722 | 0.3011 | ++++ |
| Protein | Age | -0.1094 | 0.5131 | ----- |
| Protein | IID | 0.3326 | 0.0413 | +++++ |
| Protein | Fluid Weight | -0.6063 | < 0.0001 | +++++ |
| Protein | D6S | 0.0159 | 0.9247 | ----- |
| Protein | D4S | 0.2626 | 0.1112 | +++++ |
| Protein | C6S/C4S | -0.0498 | 0.7665 | ----- |
| Protein | HA | 0.0297 | 0.8597 | ----- |
| Protein | KS | 0.0791 | 0.6368 | ++ |

WR
Multivariate
Correlations

| | Age | IID | Fluid Weight | D6S | D4S | C6S/C4S | HA | KS | Protein |
|--------------|---------|---------|--------------|---------|---------|---------|---------|---------|---------|
| Age | 1.0000 | -0.0605 | 0.5482 | 0.0278 | 0.0056 | 0.1998 | -0.3100 | 0.2812 | -0.1721 |
| IID | -0.0605 | 1.0000 | -0.2951 | 0.0520 | -0.2180 | 0.3801 | 0.1474 | 0.2097 | -0.3310 |
| Fluid Weight | 0.5482 | -0.2951 | 1.0000 | -0.1648 | -0.0530 | -0.0557 | -0.4867 | -0.2046 | -0.2944 |
| D6S | 0.0278 | 0.0520 | -0.1648 | 1.0000 | 0.7848 | 0.3253 | 0.3729 | 0.2009 | 0.1629 |
| D4S | 0.0056 | -0.2180 | -0.0530 | 0.7848 | 1.0000 | -0.2468 | 0.1420 | -0.0826 | 0.2745 |
| C6S/C4S | 0.1998 | 0.3801 | -0.0557 | 0.3253 | -0.2468 | 1.0000 | 0.2574 | 0.5694 | -0.2598 |
| HA | -0.3100 | 0.1474 | -0.4867 | 0.3729 | 0.1420 | 0.2574 | 1.0000 | 0.1972 | 0.6295 |
| KS | 0.2812 | 0.2097 | -0.2046 | 0.2009 | -0.0826 | 0.5694 | 0.1972 | 1.0000 | 0.0505 |
| Protein | -0.1721 | -0.3310 | -0.2944 | 0.1629 | 0.2745 | -0.2598 | 0.6295 | 0.0505 | 1.0000 |

Scatterplot Matrix



Nonparametric: Spearman's Rho

| Variable | by Variable | Spearman Rho | Prob> Rho | |
|--------------|--------------|--------------|-----------|-------|
| IID | Age | -0.0789 | 0.6732 | ----- |
| Fluid Weight | Age | 0.2271 | 0.2191 | +++++ |
| Fluid Weight | IID | -0.3453 | 0.0571 | ----- |
| D6S | Age | 0.0245 | 0.8960 | ----- |
| D6S | IID | 0.0909 | 0.6269 | ++ |
| D6S | Fluid Weight | -0.2556 | 0.1651 | ----- |
| D4S | Age | -0.0378 | 0.8399 | ----- |
| D4S | IID | -0.1455 | 0.4348 | ---- |
| D4S | Fluid Weight | -0.2674 | 0.1459 | ----- |
| D4S | D6S | 0.7214 | < 0.0001 | +++++ |
| C6S/C4S | Age | 0.1524 | 0.4132 | ++++ |
| C6S/C4S | IID | 0.4379 | 0.0137 | +++++ |
| C6S/C4S | Fluid Weight | -0.1641 | 0.3778 | ----- |
| C6S/C4S | D6S | 0.4881 | 0.0053 | +++++ |
| C6S/C4S | D4S | -0.1117 | 0.5495 | ----- |
| HA | Age | -0.2178 | 0.2391 | ----- |
| HA | IID | 0.2849 | 0.1203 | +++++ |
| HA | Fluid Weight | -0.6386 | < 0.0001 | +++++ |
| HA | D6S | 0.5851 | 0.0005 | +++++ |
| HA | D4S | 0.4379 | 0.0137 | +++++ |
| HA | C6S/C4S | 0.2828 | 0.1232 | ++++ |
| KS | Age | 0.1873 | 0.3131 | ++++ |
| KS | IID | 0.3497 | 0.0538 | +++++ |
| KS | Fluid Weight | -0.4985 | 0.0043 | +++++ |
| KS | D6S | 0.4935 | 0.0048 | +++++ |
| KS | D4S | 0.1480 | 0.4269 | +++ |
| KS | C6S/C4S | 0.5954 | 0.0004 | +++++ |
| KS | HA | 0.5782 | 0.0007 | +++++ |
| Protein | Age | -0.1384 | 0.4579 | ----- |
| Protein | IID | -0.0907 | 0.6276 | ----- |
| Protein | Fluid Weight | -0.5595 | 0.0011 | +++++ |
| Protein | D6S | 0.3583 | 0.0478 | ++++ |
| Protein | D4S | 0.6411 | < 0.0001 | +++++ |
| Protein | C6S/C4S | -0.2066 | 0.2649 | ----- |
| Protein | HA | 0.5568 | 0.0011 | +++++ |
| Protein | KS | 0.3099 | 0.0897 | ++++ |